



Preschool Family Activities Calendar: September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Fine Motor	Reading!	Math!	Music!	Self-Care!	Cooking!
Sing Twinkle Twinkle or your favorite song together.	Trace your child's hands. Mark the date and save this paper!	Make up a story about a child who went to his/her first day of school.	Count the trees near your house. Touch each tree as you say the number.	Sing Wheels on the Bus together.	Teach your child how to take out the papers from his backpack and give them to you.	Cut an apple into slices. Let your child dip them into honey or peanut butter.
Writing!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Draw a picture of a school bus.	Visit the library and check out books about going to school.	Begin a bottle cap collection. Collect different colors and sizes. Continue collecting all fall!	Sing Head, Shoulders, Knees and Toes together.	Teach your child how to put on his own pants.	Let your child slice a banana. Sprinkle with coconut or nuts.	Visit an apple orchard and pick apples.
Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!	Fine Motor!
Read a book about apples or apple picking.	Measure the height of your child. Record with tape/date on a closet door.	Make a shaker by taping 2 paper plates together filling them with 10 beans.	Keep practicing dressing skills- socks and shoes	Let your child help make dinner. He can stir and mix!	Dance to your favorite songs together.	Practice using scissors. Snip the edges of old mail, coupons.
Math!	Music!	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!
Count (and practice) holding up 1-5 fingers.	Sing songs about hands (Open Shut Them; Where is Thumbkin, etc.)	Teach your child how to wash his hands. Water-soap- rub- rinse-dry.	Let your child help make a fruit smoothie.	Roll, throw and kick a ball together.	Make a necklace out of penne pasta.	Make up a story about a child who loves to eat apples.
Music!	Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!
Sing I'm a Little Teapot together.	Practice hand washing before each meal.	Bake cookies. Let your child pour, stir and taste!	Ride a tricycle.	Draw with sidewalk chalk.	Read a book by Bill Martin Jr.	Count everyone's fingers and toes.



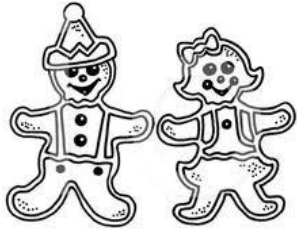
Preschool Family Activities Calendar: October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
Dance as a family together after dinner. Play fast then slow	Wash dolls or plastic animals in a tub of soapy water.	Make a sandwich together.	Do all these 10 times: jump, giant step, baby step and turn around.	Pick up 10 raisins one at a time, and then eat them!	Play "I spy with my little eye, something that is ___ (color)"	Collect leaves. Count how many you have.
Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!	Music!
Let your child pick out his clothes to wear.	Practice pouring milk from a measuring cup onto cereal.	Visit a new playground.	Draw a picture of a pumpkin.	Read a book about Fall such as <u>Mouse's First Fall</u> by Lauren Thompson.	Count the number of bottle caps you have collected.	Listen to music by Mozart while resting or reading quietly.
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!
Make "Ants on a Log": spread peanut butter on celery. Add raisins.	Make a "fort" out of a blanket draped over a table.	Trace your child's hands. Mark the date and save this paper!	Read a book about pumpkins.	Go on a twilight walk. Count the number of pumpkins on your street.	Sing the ABC song together.	Practice putting socks and shoes on.
Movement!	Writing!	Reading!	Math!	Music!	Self-Care!	Cooking!
Rake leaves and jump in!	Make a leaf rubbing. Put a leaf under paper and rub, use side of a crayon.	"Read" the boxes and cans in your pantry.	Measure the height of your child. Record with tape/date on a closet door.	Play drums using wooden spoons and an upside down pot.	Begin to teach your child to put on his own jacket.	Make warm cider. Let your child sprinkle and stir cinnamon sugar.
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Play with pipe cleaners. Bend and twist them. Make shapes.	Read a book by Dr. Seuss.	Look at a clock together. Label the numbers.	Sing the nursery rhyme: Hickory Dickory Dock.	Keep working on independence in putting on his jacket.	Slice a banana. Make a "sandwich" with mini chocolate chips.	Go on a hike in the woods.



Preschool Family Activities Calendar: November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
Look up your favorite song on YouTube.	Make up a game saying "please and thank you."	Make pudding using an egg beater.	Play tag.	Practice using scissors. Snip the edges of old mail, coupons.	Guess what a book is about by looking at the pictures.	Let your child set the table: one plate, fork and napkin for each person.
Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!
Go on a walk and look for all the stop signs. Practice safety.	Spread apple butter on toast.	Count backwards from 10 while you stomp your feet. Add other motions.	Trace your child's hands. Mark the date and save this paper!	Read another book by Bill Martin Jr.	Sort the silverware. Forks together, spoons together, etc.	Sing "If You are Happy and You Know It".
Cooking!	Movement!	Writing!	Reading!	Math!	Music!	Self-Care!
Make an apple pie. Let your child help roll out pie dough.	Make a pattern: clap, jump, clap, jump.	Color a picture of your family members	Write down a prayer or words of thanksgiving. Give everyone a copy.	Measure the height of your child. Record with tape/date on a closet door.	Sing along with a favorite song on YouTube.	Get a toy to play with ONLY when your child has success in the toilet.
Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Play at a new playground.	Make a necklace out of penne pasta.	Play an ABC game on starfall.com	Count the number of bottle caps you have collected.	Dance together to your favorite songs.	Give your child a sticker for keeping his pants dry and clean.	Spread butter on toast. Sprinkle with cinnamon sugar.
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Play with playdoh. Roll, pound, pat, poke, make snakes, cut with scissors.	Look at a photo album together.	Make a pattern with your bottle caps.	Go on a "listening" walk. How many sounds can you hear outside?	Buy "big boy" or "big girl" underpants. Practice wearing them for a short time. Celebrate every success of keeping the m dry and clean.	Let your child put 2 grapes on a toothpick for each family member.	Play bounce and catch with a ball.



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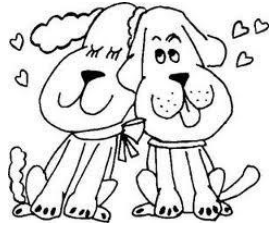
Preschool Family Activities Calendar: December

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
Listen to music from a different culture.	Have a “lather” contest when washing hands. Try to make a lot of lather!	Make a fruit smoothie together.	Go to Brookside Gardens Walk-through Winter Lights show.	Make wrapping paper by printing with a ½ potato dipped in paint.	Read The Gingerbread Boy.	Sort your bottle cap collection by color or size.
Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!	Music!
Update the “special” toy to earn for using the toilet.	Use cookie cutters to make gingerbread cookies.	Hide a several gingerbread cookies. Go on a scavenger hunt-looking for them.	Make holiday cards with markers, glue and glitter.	Read holiday cards you receive out loud. Let your child “read” the cards to you.	Look at the calendar. What special days are coming? Count the days left.	Sing your favorite holiday songs.
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!
Make hot chocolate. Let your child stir and add 2 marshmallows on top.	Make a “fort” out of a blanket draped over a table.	Trace your child’s hands. Mark the date and save this paper!	Read an informational book about bears hibernating.	Count the holiday cards you have received. Touch each card as you count.	Sing Going on a Bear Hunt. Look up on YouTube!	Check to see what clothes your child can put on/off by himself. Celebrate each success!
Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Go on a hike around a pond or lake. Watch the birds fly south for the winter.	Make a shopping list together to buy a pack of stickers. Save them for next week	Read another book about bears. Talk about the different types of bears.	Measure the height of your child. Record with tape/date on a closet door.	Sing Jingle Bells. Tap two spoons together as you sing.	Teach your child how to breathe deeply. Even children need to learn to self-calm and de-stress.	Practice pouring milk from a measuring cup onto cereal.
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Put stickers on the tops of the bottle caps.	Read a book by Laura Numeroff (If You Give a Mouse a Cookie)	Sort the bottle caps. Let your child come up with how to sort them.	Sing along to music by Raffi.	Help your child clean up his toys by having boxes for each type of toy. Label with a picture.	Dip apple slices in honey. Delicious!	Play chase outdoors.



Preschool Family Activities Calendar: January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
Learn a song about the months of the year.	Set a goal with your child for something to learn <u>together</u> . Write it down, learn and practice and celebrate your progress.	Use cookie cutters to make shapes out of tortillas. Crisp in the oven.	Lay bubble-wrap on the floor. Drive cars and trucks over for a pleasing crackle and pop sound!	Put finger paint into a zip-top bag and seal. Enjoy finger painting without the messy cleanup.	Practice naming all the letters in the month "January".	Go on a walk outdoors. Count the number of steps between objects you pass. Vary your step size and recount.
Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!	Music!
If you have cut out the tags from clothes, mark the back with a permanent marker. Teach your child the back of the clothes.	Make trail-mix using cereal, nuts, chocolate chips and dried fruit. Measure, stir and eat!	Visit and indoor gym.	Tape a marker to a small car. "Write" as you drive the car back and forth on paper.	Enjoy <u>reading The Jacket I Wear in the Snow</u> by Shirley Neitzel together.	Make a pile of all the mittens and gloves your family has. Let your child find the matches.	Download <u>Walking in the Air</u> from the album The Snowman by Howard Blake. Dance to the music.
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!
Spread peanut butter or shortening on pinecones, then roll in birdseed for the birds to have a tasty treat.	Make an obstacle course with a table, sofa cushions, an empty box or whatever you have in your house.	Add drinking straws (cut to 1-2 ") to contact paper. Create shapes, letters, and designs.	Read <u>The Mitten</u> by Jan Brett .Also <u>The Hat</u> and <u>Three Snow Bears</u> by the same author.	Measure the height of your child. Record with tape/date on a closet door.	Sing: Thumb in the thumb place; fingers all together. This is the song we sing in mitten weather.	Teach your child how to put on his own mittens or gloves. (Mittens are easier!)
Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Go sledding.	Trace your child's hands. Mark the date and save this paper!	Read <u>The Snowy Day</u> by Ezra Jack Keats.	Sort white pompoms ("snowballs") by size.	Sing If You Are Happy and You Know It, Clap Your Hands.	Keep practicing putting on mittens and gloves. Celebrate success!	Make hot chocolate. Let your child stir and add 2 marshmallows on top.
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Drop vinegar tinted with food coloring onto a pan filled with baking soda. Sheer minutes of colorful fizziness!	Collect items that start with the sound /b/. (ball, balloon, button, Big Bird, boat etc.). Name each one. Listen to the sound.	Label your child's dresser with pictures. Let him sort his clothes by putting like items together in his dresser.	List out your favorite songs. Take turns picking the next song to sing together.	Check to see what clothes your child can put on/off by himself. Celebrate each success!	Make popcorn. Toss some outdoors for the birds.	Swim at an indoor pool.



Preschool Family Activities Calendar: February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!
Sing Barney's I Love You song often this month!	Read I Can Do It, Too by Karen Baicker. Talk about what your child can do by himself.	Decorate cupcakes using sprinkles, coconut or candies.	Do all these 10 times: jump, giant step, baby step and turn around.	Draw hearts; trace, color inside. Add stickers. Give the valentine to someone special.	Play an ABC game on starfall.com	Get out your bottle caps collection. Let your child sort them by size, by color or any other way.
Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!
Let your child set the table: one plate, fork and napkin for each	Make open faced grilled cheese using a heart shaped cookie cutter.	Walk backwards today as often as you can.	Use tweezers or tongs to pick up small candy hearts.	Read Guess How Much I Love You by Sam McBratney.	Sort the valentine cards your child received. Are any the same?	Sing Skinamarink. (Look up on YouTube to learn it, if necessary.)
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!
Set out a variety of food items. Taste- test each one. Talk about it. Do you like sweet, salty or spicy foods?	Bundle up and take a walk in a park or woods.	Trace your child's hands. Mark the date and save this paper!	Write object names on post-it notes. Let your child match them to objects in your house. (Door, window, lamp,	Hide your child's lunch. Let your child search for it; reinforce positional words such as "under", "behind", "next to".	March around the house to music by John Phillip Sousa.	Practice opening containers: twist off lids.
Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Pound golf tees into Styrofoam blocks using wooden crab mallets.	Draw shapes, letters and numbers in shaving cream on a cookie sheet.	Read Hi Pizza Man by Virginia Walter.	Measure the height of your child. Record with tape/date on a closet door.	Sing: There is a food that we all love and PIZZA is its name-o. P-I-Z-Z-A. (Sung to Bingo)	Practice opening containers: straw wrappers.	Order pizza and say "Hi Pizza Man" when the pizza arrives!
Writing!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Write your child's name in large print with a highlighter. Teach him to trace the letters.	Read The Little Red Hen Makes a Pizza by Philemon Sturges.	What shape is a pizza? Cut it in to pieces. What shape are the pieces? How many pieces are there? How many are left after dinner?	Sing Old Mac Donald with the animals in the Little Red Hen book.	Check to see what clothes your child can put on/off by himself. Celebrate each success!	Make individual pizzas using English muffins, sauce and cheese.	Visit the play land at the mall.



Preschool Family Activities Calendar: March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
List out your favorite songs. Take turns picking the next song to sing together.	Practice holding juice boxes by the edges, to prevent accidental spilling.	Make English Muffin Pizzas Add your favorite toppings.	Move like the animals. Crawl, slither, lumber, run, pounce...	Use scissors to snip paper "grass". Cut out a paper sun. Continue to make a spring picture.	Read humorous books, such as <u>Red Hat Blue Hat</u> by Sandra Boynton.	Sort Fruit Loops by color.
Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!	Music!
Talk about what clothes are needed for different types of weather.	Make trail-mix using cereal, nuts, chocolate chips and dried fruit. Measure, stir and eat!	Fly a real kite.	Draw a picture of your kite flying adventure. Your child can dictate a sentence to describe his picture.	Read <u>Kite Flying</u> by Grace Lin. This is a beautiful book about a family from China.	Count the number of sides of different kites. What shapes are they?	Sing the ABC song together. Which letter is for kites? What sound does the letter /k/ make?
Cooking!	Movement!	Find Motor!	Reading!	Math!	Music!	Self-Care!
Make open faced grilled cheese using a shamrock shaped cookie cutter	Tiptoe like a leprechaun.	String beads onto drinking straws.	Name all the letters in the word "leprechaun". What sound does the word start with?	Sort a pile of coins into piles. Learn the names of each coin.	Listen to Irish children's songs, such as Michael Finnegan.	Play Simon Says, a fun game to practice following directions.
Movement!	Find Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Call a friend and go together to your favorite playground.	Trace your child's hands. Mark the date and save this paper!	Go on a walk and read all the street signs you find.	Measure the height of your child. Record with tape/date on a closet door.	Make a pattern of clapping, stomping, leg patting etc. Do this pattern while singing the song.	Do you have a regular bed time routine? Help your child unwind with a calm predictable routine such as dinner, bath, stories, and bed.	Make a smoothie with yogurt, frozen peaches, frozen blueberries and apple juice. So delicious!
Writing!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Let your child trace the letters of his name.	Tell your child a story of your childhood.	Go on a shape hunt in your house.	Listen to the Pastoral Symphony by Beethoven.	Can your child put on/take off his own shirt? Help him learn how!	Make sugar cookies using a shamrock cookie cutter. Decorate with green sprinkles.	Make a pillow pile and jump onto it.



Preschool Family Activities Calendar: April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
Sing Rain, Rain, Go Away.	Practice the fasteners on the raincoat.	Make a waffle sandwich with waffles, peanut butter and banana slices.	Create shapes with your body: a rainbow, a cloud, rain etc.	Precut several cardboard arches- each one slightly smaller than the others. Let your child glue on colored items to create a rainbow.	Play with plastic letters in a tub of water.	Set out a rain gauge. Measure how much water is collected after a rain storm.
Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!	Music!
Practice using a fork by spearing fruit cubes/slices.	Make vanilla pudding using a rotary beater.	Lay bubble wrap on the floor. Jump on it, stomp on it, and roll over it.	Turn a pizza box into an easel. Tape paper to it and draw a picture.	Read <u>Rain</u> by Donald Crews.	Create shapes with blue tape on your rug. Find objects around your house and match them to these shapes.	Make a rain-stick using a paper towel roll, nails, contact paper and rice. Decorate with stickers.
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!
Make chocolate chip pancakes.	Take a walk outdoors after a rainstorm. Jump in puddles.	Play with playdoh. Roll, pound, pat, poke, make snakes, cut with scissors	Visit the library and sign up for the children's story hour.	Measure the height of your child. Record with tape/date on a closet door.	Dance together to your favorite songs	Celebrate your child's continuing success using the toilet. Let him play with a special toy.
Movement!	Writing!	Reading!	Math!	Music!	Self-Care!	Cooking!
Invite a friend over to play in a home-made fort.	Write a shopping list of things needed at a store like Target or K-Mart.	Go shopping. Let your child read the list he made and put the items in the cart.	Count how many chairs you have in your house. How many people live in your house? Are the numbers the same or different?	Sing If You Are Happy and You Know It.	Let your child teach you how to wash hands with soap.	Make a picnic lunch. Eat outside under a tree. Notice the leaves starting to grow.
Fine Motor!	Reading!	Math!	Music!	Fine Motor!	Cooking!	Movement!
Trace your child's hands. Mark the date and save this paper!	Read a book about spring.	Sort a pile of mixed beans.	Sing Oats, and Peas and Barley Grow.	Plant marigold seeds in a cup of dirt.	Make open faced grilled cheese using a flower shaped cookie cutter	Pretend to be a seed (curled up), stretch out as you pretend to grow into a flower.



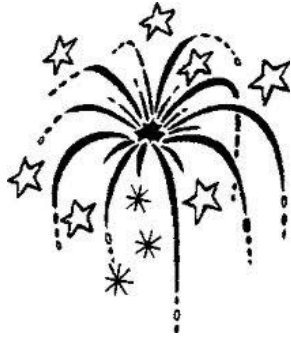
Preschool Family Activities Calendar: May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Fine Motor!	Cooking!	Movement!	Writing!	Reading!	Math!
Sing Mr. Golden Sun!	Paint a yellow circle. Brush paint on your hand and make handprint "rays" around the circle.	Squeeze Valencia oranges for a refreshing spring drink!	Visit a garden center. Pick out several annual flowers. Replant in a garden or flower pot.	Paint a picture for Mom using water color paints.	Read <u>Are You My Mother?</u> by P.D. Eastman	Go on a walk and collect sticks. Lay them out and order them by size. Save this collection for next week.
Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!
Practice cutting soft foods with a plastic knife.	Make cookies together. Let your child help add ingredients, measure and stir.	Invite a friend over. Run outdoors waving party streamers in the wind.	Make fingerprint pictures using paint or rubber stamp ink.	Name all the letters in your first and last name.	Arrange your sticks (from last week) to form letters or shapes.	Make shakers by filling plastic eggs with rice, bells or other small items.
Cooking!	Movement!	Writing!	Reading!	Math!	Music!	Fine Motor!
Pour fruit punch in a glass. Add Sprite or 7Up. Enjoy a fizzy treat.	Climb rocks.	Draw a picture of your rock climbing adventure.	Visit the library and check out 3 new books.	Go on a color scavenger hunt. How many items can you find in different colors?	Sing Teddy Bear, Teddy Bear Turn Around.	Practice with scissors. Cut out pictures and shapes.
Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Go strawberry picking at a local orchard.	Trace your child's hands. Mark the date and save this paper!	Arrange magnetic letters into "words" on the refrigerator.	Measure the height of your child. Record with tape/date on a closet door.	Dance to a fast song; then dance to a slow song.	Help your child learn to comb his own hair.	Make Grape Kabobs by threading green and purple grapes onto a wooden skewer.
Writing!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Color an American Flag. Hang it in your window for Memorial Day.	Read <u>Little Cloud</u> by Eric Carle	Lay on your backs, looking at the clouds. What shapes do they make?	Sing a patriotic song such as America the Beautiful.	Sing the Brush Your Teeth song, and then brush them for real.	Mix strawberries, blueberries and mini-marshmallows for a patriotic treat.	Invite several friends over. Ask them to bring their bikes and ride together.



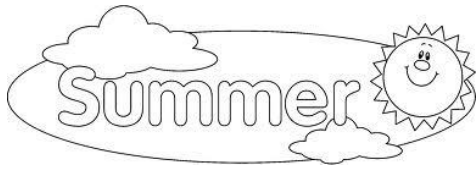
Preschool Family Activities Calendar: June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Writing!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
On youtube.com, search for kids' songs of Yankee Doodle Dandy.	Draw with sidewalk chalk	Squeeze lemons, and add a little sugar for a refreshing early summer drink!	Fill a sock with beans and play bean bag toss games together.	Finger paint with red, white and blue paint. When dry, fold the paper into a card for Dad.	Take turns picking a book to read under a shade tree.	Count the stripes and stars on a flag.
Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!
Reward toileting success with a special treat.	Decorate frosted cupcakes with chocolate chips.	Practice jumping jacks. How many can you do?	Cut out pictures from magazines and make a collage.	Read a book about summer.	Play hopscotch.	Make a "kitchen band". How many ways can you make music?
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!
Eat frozen grapes. Talk about temperature. Hot/Cold.	Play in a sprinkler or with a hose.	Blow bubbles. Let your child hold and dip his own wand.	Paint letters with water on the sidewalk.	Measure the height of your child. Record with tape/date on a closet door.	Sing If You are Happy and you Know It, Clap your Hands.	Practice safety rules with puppets.
Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Invite another family to go to the pool with you.	Trace your child's hands. Mark the date and save this paper!	Read <u>Sam the Firefly</u> by P.D. Eastman	Catch fireflies. How many can you catch? Be sure to let them go again!	Look up Sam the Firefly on YouTube.	What fasteners can your child do? Snaps, zippers, Velcro, buttons?	Eat watermelon outside. Save the seeds for next week.
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Draw a picture of the beach. "Paint" on glue then sprinkle real sand onto the picture.	Read a book when it is dark. Use a flash light.	Count your watermelon seeds. Can you make piles with 3 seeds in each pile?	Sing the song "Have You Ever Been Fishing on a Bright and Sunny Day?"	Teach your child how to wash his own face with a wash cloth.	Make your own popsicles by freezing juice in paper cups. When slushy, add a popsicle stick to each cup.	Visit the zoo. When you get home, move like the animals you saw.



Preschool Family Activities Calendar: July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Writing!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
March around the house to music by John Phillip Sousa.	Draw a picture of the zoo.	Use cookie cutters to make shapes out of tortillas. Crisp in the oven.	Go on a hike around a pond.	Freeze small plastic animals in a large block of ice. Use a crab mallet to chip away the ice.	Read books in a tent in your yard.	Build a tower with blocks. How many blocks tall is it?
Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!
Play with shaving cream in a baby pool. Then wash off with the hose.	Make an ice cream float.	Play hide and seek.	String beads to make a necklace.	Go on an alphabet walk—look for letters as you walk (on signs, license plates, etc.)	Use blocks to measure the length of items in your house.	Make popcorn and watch a Kids songs video together.
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Writing!
Roast Marshmallows.	Ride on a real boat. Canoes are available to rent at Lake Needwood and other parks.	Play with playdoh.	Read <u>Who Sank the Boat</u> by Pamela Allen	Fill a bucket with water. Experiment with the concept of float and sink.	Sing Row, Row, Row Your Boat	Take pictures with a camera.
Movement	Fine Motor!	Reading!	Math!	Music!	Fine Motor!	Cooking!
Roll down a hill, do somersaults.	Make paper bag puppets.	Have your child read a story to his puppet.	Measure the height of your child. Record with tape/date on a closet door.	Sing I've Been Working on the Rail Road.	Play with a train set. Fit the tracks together in a figure 8.	Visit a farm stand. Pick the most delicious fruits or vegetables they have!
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Trace your child's hands. Mark the date and save this paper!	Read a book about vehicles.	Play a board game like Candy Land.	Go to a free outdoor concert.	Wash hands before every meal. Start good habits early.	Make a PBJ sandwich.	Visit a playground that you haven't been to in a while. An "old favorite."



Preschool Family Activities Calendar: August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Writing!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
Do a puzzle while listening to quiet music.	Tape 3 markers together. Draw straight and curvy lines.	Make an ice cream sundae.	Play with toy cars. Have a race.	Cut out letters out of magazines. Glue them together on paper to make words.	Visit a different library. You can check books out from any Mont. Co library with your library card.	Fill a tub with sand or rice. Dig, scoop, and dump the sand.
Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!
Learn about clothing tags. They belong in back.	Make a fruit salad.	Take a pony ride at a local fair.	Pound golf tees in Styrofoam with a wooden mallet.	Read <u>Swimmy</u> by Leo Lionni	Sort sea shells.	Listen to music with headphones on.
Cooking!	Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!
Teach your child how to peel a potato. Cut into strips and fry—making homemade French fries!	Play tag.	Color in a coloring book.	Read <u>At the Beach</u> by Anne Rockwell.	Count the number of people and the number of animals in your house.	Sing The Itsy Bitsy Spider.	Practice putting socks and shoes on independently.
Movement!	Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!
Hang from the monkey bars. Try to swing over to the next one.	Play with mini-marshmallows and tooth picks.	Read a family photo album. Talk about the people and what they are doing.	Sort your toy cars by color, by type, or by size.	Go to a free outdoor concert.	Play Simon Says to practice following directions.	Bake cookies together.
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!
Trace your child's hands. Mark the date and make a booklet with all the pages.	Read a book about school.	Measure the height of your child. Record with tape/date on a closet door. Notice how tall your child has grown this year!	Sing The Wheels on the Bus song.	Practice zipping the new backpack.	Make a milk shake.	Play wheel barrow races by holding the ankles of your child and letting him "walk" on his hands.