COMMUNITY RESOURCES

These organizations, both public and private, offer services to families of young children with special needs. This is a partial listing. These resources are not recommendations. Compiled by Montgomery County Infants & Toddlers Program: MCITP. Contact: Betty_Whitney@mcpsmd.org or 301-649-8075 for details. Revised 6/16/10 by Amy Kealiher, Family Support Network Coordinator, MCITP.

INFORMATION & REFERRAL

CRISIS CENTER Mont Co. Gov’t.
Mental health services and referrals. Mobile unit.
 Variety of intermediate interventions.
1301 Piccard Dr.; Rockville, MD 20850
240-777-4000 FAX: 240-777-4800

HOTLINE- Mental Health Association.
For someone who needs to talk
www.mhamc.org
301-738-2255

The Arc of Mont Co Family & Community Resources
Information & referral for all disabilities.
11600 Nebel Street, Rockville, MD 20852
www.arcmontmd.org
301-984-5777

CHILDLINK: Information and referral for children birth through age five
3700 Calhoun Pl. Rockville, MD 20850
240-777-4769

The Early Childhood Gateway: This resource is developed and maintained through a partnership between the Maryland State Department of Education, Division of Special Education/Early Intervention Services and the Johns Hopkins University Center for Technology in Education.
mdecgateway.org

LOCATE: Child Care Resource and Referral
Information and referral for childcare and nursery schools.
332 W. Edmonston Dr. Rockville, MD 20850
www.mdchildcare.org
240-777-3110

Maryland Department of Disabilities
MDOD advances the rights and interests of people with disabilities so they may fully participate in their communities.
www.mdod.maryland.gov/#contd.org

Maryland State Department of Education
Division of Special Education/Early Intervention
www.msde.state.md.us

Montgomery Co. Aging and Disabilities
Information and referral for help with disabilities.
www.montgomerycountymd.gov
240-777-3000

MCPS Dept of Family and Community Partnerships
850 Hungerford Dr. Rockville, 20850 Room 50
Information and referral to families of Mo. Co. public school students. Assists parents in understanding special education procedures & offers workshops.
www.montgomerycountyschoolmd.org/departments/parentinfo/topics
301-962-3818/301-962-3829 FAX: 301-962-3848

Mont Co Government
Information & referral to local government and community resources.
Rockville, MD 20850
www.montgomerycountymd.gov
240-777-1000

Mont Co. Health & Human Services
Information & referral for staff and families
www.montgomerycountygov.org
240-777-4550
Mont Co Infants and Toddlers Program (MCITP)
Provides early intervention services to families with children, birth to kindergarten age, who have or are at risk of having developmental delay and who live in Montgomery County.
240-777-3997

Mont Co Public Libraries
Materials & books on special needs. Computer classes for individuals with disabilities; services for the homebound.
Rockville Reference library – “ask a librarian”
www.montgomerycountymd/content/librariess
240-777-0001

Montgomery County Public Schools
850 Hungerford Dr. Rockville, Md 20850
www.montgomeryschools.org
Information & Referral: 301-279-3100

MCPS Child Find
Assess children ages 33 months- 4 years.
18100 Washington Grove, Gaithersburg, Md 20877
301-947-6050 Intake: 301-947-6080

National Dissemination Center for Children with Disabilities (NICHCY)
Information & referral for parents and professionals on disabilities. Free handouts available in English & Spanish about the special education process
Box 1492 Washington, DC 10013-1492
www.NICHCY.org
1-800-695-0285 | 202-884-8200

Wrightslaw
Provides accurate, reliable information about special education law, education law, and advocacy for children with disabilities.
www.wrightslaw.com

ASSOCIATIONS FOR ADULTS

Council for Exceptional Children (CEC)
ERIC Clearinghouse on disabilities. Packets on ADD, L.D., inclusion, early childhood, behavioral and emotional disorders. www.cec.sped.org

Family Net Works (Family Net Works is an outreach project of the Maryland Developmental Disabilities Council)
www.family-networks.org
Learning Disability Association of Mo.Co.LDAMC
Program meetings, group counseling, information on services, newsletter & tutor referral service.
Box 623, Rockville, MD 20848-0623
www.ldamc.org
301-933-1076

Maryland Disability Law Center
Private, non-profit law firm designated by Congress as the Protection and Advocacy System for individuals with Disabilities in Maryland.
www.mdlcbalto.org

Mo. Co. Collaboration Council for Children, Youth and Families
Leadership for implementing early intervention services.
15400 Calhoun Dr. Suite 425; Rockville 20855
301-610-0147

Mont Co Council of Parent Teacher Association
Many schools have a special needs chairperson on the PTA board who provide information & support to parents. Call local school PTA president or
2096 Gaither Rd, #204, Rockville, MD 20850
www.mccpta.org
301-208-0111 FAX: 301-208-2003

Maryland Coalition for Inclusive Education
Organizes local parent groups across the state
to advocate for the inclusion of children with disabilities. Works for legal and regulatory change.
7484 Candlewood Rd., Ste R
Hanover, MD 21076 | www.mcjie.org
410-859-5400  FAX: 410-859-1509

Mont Co Needs: MC Needs
Advocacy group for parents of special needs;
113 N Washington St. #102;
Rockville, MD 20850
www.groups.yahoo.com/group/mcneeds

Maryland Family Voices
Trains families on how to navigate health care systems
410-859-5304  FAX: 410-859-5301

The National Parenting Center’s Newsletter
Parentalk
Features monthly newsletter filled with advice and information about medical, behavioral, and educational issues.
www.tnpc.com

Parent to Parent (P2P) is a free and confidential service that connects parents and caregivers of children with special needs (aged birth to 21) with volunteer mentors who have experience raising children with disabilities. Contact Wendy Baumert, 301-538-7056
www.seeconline.org/families/parent2parent.html

Parents of Gifted Learning Disabled Children (GT/LD)
Monthly meetings including speakers, information sharing; panel discussions presented by GT/LD students; newsletter, library; information packet available. www.gtldnetwork.org

The Parent’s Place of Maryland, Inc.
Resource for families with children with disabilities. Parent training across the state
801 Cromwell Park Dr. Ste 103, Glen Burnie, MD
www.ppmd.org  410-768-9100

HOW TO FIND LOCAL CHILD CARE

LOCATE-Child Care- bilingual
Child care information and referral.
Information on community service & child care options in Mont.Co.
332 W. Edmonston Dr.; Rockville, MD 20852
301-279-1773  TTY: 800-735-2258

Subsidy for low income.
240-777-1155  TTY: 800-735-2258

Respite Care Services of Mont Co
Short-term care for special needs family members.
301-816-9647

Maryland Committee for Children:
Maryland Committee for Children works with parents, child care providers, advocates, employers, and policymakers to expand and enhance the early childhood education and child care available to Maryland’s children
http://mdchildcare.org/mdcfc/mcc.html

Public & Private
CHILDCARE & SPECIAL EDUCATION PROGRAMS
FOR CHILDREN

Easter Seals
Child development; full day care for children with and without disabilities 6 wks-5yrs
1420 Spring St. Silver Spring, 20910
www.easterseals.com
301-588-8700

Family and Infant Child Care Center (FICCC)
Child care with therapeutic and educational programs for children with medical conditions. Ages 6 wks to 5 years of age.
332W. Edmonston Dr  Rockville, MD 20852
www.arcofmontmd.org/ficcc.html
301-279-2165  FAX: 301-279-0129
The Ivymount School  
Educational & therapeutic programs for children 3 yrs to 16 yrs with special needs.  
11614 Seven Locks Rd, Rockville, MD  20854  
www.ivymount.org  
301-469-0223  FAX: 301-469-0778

The Treatment and Learning Centers  
Katherine Thomas School/Early Learning Center. Speech and language services, OT, PT, audiology servies, diagnosis, tutoring.  
9975 Medical Center Dr.; Rockville, MD 20850  
www.ttlc.org  
301-738-9691  TTY: 301-424-5203

Karasik Child Care  
Inclusive child care center for ages 2-9  
10611 Tenbrook Dr.; Silver Spring, MD 20901  
www.arcofmontmd.org/karasi.html  
301-593-0444  FAX: 301-593-1340

La Escuelita  
Program for 3 and 4 year olds who have English as a second language; free; long wait list. Child care program for 2-5 year olds with fees;  
10914 Georgia Ave. Silver Spring  
301-761-1707

Montgomery Co. Infants and Toddlers Program  
Health and Human Services with Mo Co. Public Schools. Assessment to age 3 and early intervention for children birth - age five at risk or with development delays  
51 Monroe St. #1700, Rockville, MD 20850  
www.montgomeryschoolsmd.org/department/infantstoddlers  
240-777-3997  FAX: 240-777-3132

Montgomery Co. Public Schools Head Start  
Classes for qualified 3-4 year olds.  
www.montgomeryschoolsmd.org/department/earlychi  
301-230-0676  FAX: 301-230-5401

Montgomery Primary Achievement Center: MPAC  
Therapeutic and educational programs for children ages 3-5 yrs. with special needs. Sligo Woods day care offers inclusion with MPAC  
10611 Tenbrook Dr., Silver Spring, MD 20901  
205 South Summit Ave, Gaithersburg, MD 20877  
www.arcofmontmd.org/mpac.html  
301-593-3797  FAX: 301-593-1340

EMPLOYMENT

Montgomery Works  
Employment opportunities; workshops, referrals for jobs; job search help. Free.  
11002 Veirs Mill Rd, 1st Fl, Wheaton, MD 20902  
301-946-1806  
Lakeforest Mall, 701 Russell Ave., Gaithersburg, MD 20877  
301-519-8253

MENTAL HEALTH

Affiliated Community Counselors  
Counseling, Psychotherapy and Psychological Testing for individuals and families. Anger management and classes  
50 W. Montgomery Ave, Rockville, MD 20850  
301-251-8965

Affiliated Sante & Group  
Individual, group & family counseling, includes families with special needs members. Silver Spring  
www.affiliatedsantegroup.org  
301-589-2303

Child and Adolescent Outpatient Services  
Dept. of Health and Human Services  
Mental health services for low income families  
8818 Georgia Ave. Silver Spring; 7300 Calhoun  
Suite 600; Rockville 20855  
240-777-1450  FAX: 240-777-4447
The Child Center & Adult Services, Inc.
Private, non profit mental health agency.
Evaluations and therapy for families and children. Sliding scale.
Gaithersburg, MD
www.CCAScounseling.org
301-978-9750 FAX: 301-978-9753

Commission for Women; Counseling and Career Center
Personal, career, financial counseling, library, legal call back service, workshops for women experiencing transitions. Low fee.
401 N.Wash. St., Ste 100 Rockville, MD 20850
www.montgomerycountymd.gov/CFW
240-777-8300 FAX: 301-279-1318

Family Services, Inc.
Counseling: marriage, family, child and adolescent. Individual & group. Also see Early Head Start Program and Healthy Families.
640 East Diamond Ave., St A, Gaithersburg, MD
301-840-2000 FAX: 301-840-8933

Holy Cross Hospital
Support groups for adults -bereavement - free.
1500 Forest Glen Rd., Silver Spring, MD 20910
www.holycrosshealth.org
301-754-7742;

Hospitals- call Montgomery General, Adventist, Shady Grove and Suburban

Jewish Social Service Agency: JSSA
Information & referral, counseling, case mgmt for persons with special needs and/or their families. Mental health services for persons who are deaf or hearing impaired. Support groups for families. Topics include ADD, siblings & adoption. www.jssa.org
200 Woodhill Rd, Rockville, MD 20850

Maryland Coalition of Families for Children's Mental Health
A grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families.
www.mdcoalition.org

Mental Health Association
Information and referral for mental health resources 301-424-0656. 24-hour telephone counseling HOTLINE 301-738-CALL.
MOMS: Support for teens who are either pregnant or are mothers. DADS: Dads Advising Dads; pairs a male volunteer with a young or expectant father. Kensington Wheaton Youth Services: 301-933-2818 Individual, group and family counseling, recreation activities, tutoring and teen parenting; support in local areas. Bridges to Pals provides a volunteer friend & role model to a foster child; Family & Student Support.
1000 Twinbrook Parkway; Rockville, MD 20851
www.mhamic.org
301-424-0656: 24 hour voice mail

Montgomery County Adult Behavioral Health
Mental health services for Spanish, Vietnamese, etc speaking families ages 18 and older for severely mentally involved patients.
2424 Reedie Dr.; Silver Spring, MD 20902
240-777-1323; intake 240-777-1770 FAX: 240-777-3226

NAMI Montgomery Co., Md
Support group for parents. The goal is to help members develop skills and strengths needed to cope with the emotional illness of their child
www.namimc.org
Pastoral Counseling and Consultation Center of Greater Washington
Counseling centers, including in Mont.Co.
www.pastoralcounselingdc.com
202-449-3789

Reginald Lourie Center for Infants & Young Children
Specializes in early assessment, treatment and prevention of emotional & developmental delays; center-based; income eligible; 75 families served; 10% children with developmental delays
12301 Academy Way, Rockville, MD 20852
www.louriecenter.org
301-984-4444 FAX: 301-881-8043

Zero To Three: Infant Mental Health Resource Center
ZERO TO THREE is a national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in the lives of infants and toddlers.
http://www.zerotothree.org

PARENT EDUCATION

Adult Education
Mo Co Recreation Dept
Classes for children and adults
240-777-6804

Bohrer Parent Resource Center
Adult ed, parenting, family support
35 N. Summit Ave. Gaithersburg
301-926-4895

Early Head Start
Home visiting; parent education for low income parents with babies
Lourie Center; Rockville; 301-984-4444
Family Services; Gaithersburg; 301-840-2000

Families Foremost
Parenting classes in English and Spanish; health care education; peer support; home intervention, employment and computer classes. Infant/toddler child care. Sponsored by Mental Health Association and the Lourie Center. Free for low income families.
1109 Spring St., Ste 300; Silver Spring, MD 20910
www.louriecenter.org/beta/lc/foremost
301-585-3424 FAX: 301-585-8382

Family Services Agency
A home visitor program providing parent education & resources to parents during a first-time pregnancy for families showing risk factors. For low income families with children up to 3 yrs. old.
www.familyservicesagency.org
301-840-2000

Healthy Start
Prenatal and newborn assessment for low income families; home visits; follow-up education; nurse case management
8630 Fenton Street, Silver Spring, MD | 240-777-3066
1335 Piccard Drive, Rockville, MD | 240-777-3120
12900 Middlebrook Road, Germantown, MD | 240-777-3591

Healthy Families Montgomery
Provides home visits using parent coaching for first time parents who are at risk due to social stressors. Offers group activities in Spanish
www.familyservincesagency.org
301-840-3230

Judy Center
Early education & family support; must live in area of:
Rolling Terrace ES Silver Spring 301-431-7696 or
Summit Hall ES Gaithersburg 301-548-8287 Phone: 301-585-3424

Learning Parties
Family activities and parent education; dinner sometimes included; free in some low income areas.
240-777-4661

**Mocha Moms**
Stay at home moms of color who want to participate in a local support system with their young children. Guest speakers and play groups meet weekly.
http://silverspringmocha.tripod.com

**Parent Encouragement Program: PEP**
Classes for parents, teachers, counselors on childhood, behavior, family dynamics. Fees
10100 Conn.Ave. Kensington; 10895
www.parentencouragement.org
301-929-8824 FAX: 301-929-8834

**Parent Resource Centers**
Parent-child drop-in program during school year; FREE for MCITP Families; 4 locations:
Children’s Resource Center (Rockville) 301-279-8497
Millian Memorial Methodist Church (Aspen Hill) 301-933-3646
Emory Grove Family Center (Gaithersburg) 301-990-6438
Gwendolyn Coffield Comm. Center (Silver Spring) 202-359-9918

**RECREATION**

**Best Buddies** is a nonprofit 501(c)(3) organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities (IDD).
www.bestbuddies.org

**Jewish Community Center of Greater Washington**
Recreational, social and cultural activities as well as family programming, summer camps, adaptive sports. Individuals with special needs mainstreamed whenever appropriate. Parenting center. Parent education with guest speakers. Parent/child classes for birth to age three
6125 Montrose Rd.; Rockville, MD 20852
www.jccgw.org
301-881-0100 TTY: 301-881-0012

**Jewish Social Services Agency (JSSA)**
**Family Support Service** program for persons with developmental disabilities. Supported by DDA. **The Friend to Friend Program:** Staff pairs trained high school age boys or girls with youngsters with special needs who may benefit from social and recreational contact/outings
www.jssa.org
301-881-3700 FAX: 301-770-8741

**Special Olympics** A recreational sports program for children and adult athletes with intellectual disabilities
http://www.specialolympics.org

**Therapeutic Recreation**
Saturday, seasonal and camp programs
Montg. Co. Recreation Dept.
3950 Ferrara Dr., Wheaton, MD 20906
240-777-6804/ 240-777-4925 Fax: 301-468-4253

**YMCA - Throughout Montgomery County.**
Outreach in public schools; Horizons - outdoor therapeutic recreation. Mentor Matches for children referral by Social Services or Juvenile Services
301-530-8500 FAX: 301-493-9389
301-585-2120 x2574

**SPECIFIC ISSUES**

**ADOPTION**

Adoptions Together
PROJECT SUCCEED- support groups for families of adopted children with special needs
10230 New Hampshire Ave, Ste 200; S.S., MD
www.adoptiontogether.org
301-439-2900   FAX: 301-439-9334

Center for Adoption Education & Support (CASE)
Individual and group counseling for families
11120 New Hampshire Ave. Suite 205; Silver Spring, Md. 20904  www.adoptionsupport.org
301-593-9200

ATTENTION DEFICIT DISORDER

Children and Adults with Attention Deficit Disorders: C.H.A.D.D. of Mont Co
Support and information for parents who have children with ADD/ADHD; Provides a forum for continuing education for both parents and professionals
P.O. Box 8525; Gaithersburg, MD  20898-8525
www.chadd.org
301-306-7070   1-800-233-4050

AUDITORY

Alexander Graham Bell Association
National organization that promotes the oral approach to communicating with hearing-impaired persons. Parent support group, a professional group and an oral deaf-adult group. Library; Financial aid programs.
3417 Volta Place, N.W. Washington, DC  20007
www.agbell.org
202-337-5220 / 202-337-5221   FAX: 202-337-8314

http://commtechlab.msu.edu/sites/aslweb/browser.htm

Center for families in Transition
Educational/psychological testing.
8720 Georgia Ave Silver Spring

Kendall Demonstration ES
Early intervention and preschool for children with a confirmed hearing loss in DC metro area. Free.
800 Florida Ave. NE
www.clercenter.gallaudet.edu
202-651-5911

Maryland School for the Deaf
Residential and day program
www.msd.edu
Frederick 1-301-360-2000; Ellicott City 410-480-4500

Metro Washington Relay Service
Communication between the hearing & hearing-impaired.
MD TTY/Voice: 800-735-2258;  FAX: 202-855-1234
Maryland Voice Relay    Phone 711

Program for Hearing Impaired People
Jewish Social Service Agency of Metro Washington Support groups. Psychiatric and psychological testing.
6123 Montrose Rd.; Rockville, MD 20852
www.jssa.org
TTY: 301-984-5662   FAX: 301-770-8741

AUTISM/PDD

Autism Society of America
Information and packets on autism. National annual conference and newsletter.
7910 Woodmont Ave, Ste 300 Bethesda, MD 20814
www.autism-society.org
301-657-0881

Autism Speaks dedicated to funding global biomedical research, raising public awareness about autism and its effects on individuals,
families, and society; and bringing hope to all who deal with the hardships of this disorder.

www.autismspeaks.org

Community Services for Autistic Adults and Children (CSAAC) Information and referral services; residential, vocational, and community services for adolescents and adults.
8615 E. Village Ave, Montgomery Village, MD 20886
www.csaac.org
240-912-2220  FAX: 301-926-9384

Mont Co Chapter of the Autism Society of America
Information, referral, and advocacy.
Support Group and Chapter meet monthly.
www.autismmontgomerycounty.com
301-652-3912

Pathfinders for Autism
Resource for information and support for families with children on the autism spectrum
www.pathfindersforautism.org/
443-330-5341; 1-866-806-8400

EPILEPSY

Epilepsy Foundation of America (Natl.)
Research services; nat'l newsletter; professional & client education library
8301 Professional Place, Landover, MD 20785
www.epilepsyfoundation.org
1-800-332-1000

Epilepsy Foundation: Chesapeake Region
Support Groups in Silver Spring
1738 Elton Rd.; Silver Spring, Md. 20903
www.abilitiesnetwork.org
1-800-492-2523

PHYSICAL/ORTHOPEDIC

Muscular Dystrophy Association
service for 40 diseases.
www.mdusa.org

American Occupational Therapy Association
General info for therapists/clients. Fact sheets.
4720 Montgomery Lane, Bethesda, MD 20824
301-652-2682  FAX: 301-652-7711

Spinal Cord Injury Network of Metro Wash.
Support information, resource network.
250 Hungerford Dr, Rockville, MD 20850-4153
www.spinalcordinjury.net
301-424-8335

Spina Bifida Association of America (SBAA)
National organization offering information and referral, reference to chapters and clinics, and distribution of brochures.
4590 MacArthur Blvd., NW, Ste 250, Wash DC
202-944-3285  FAX: 202-944-3295

Chesapeake-Potomac Spina Bifida Association
Supports the needs of individuals with spina bifida and related conditions and their families
http://www.chesapeakespinabifida.org

Cerebral Palsy: UCP on the Potomac
Information & referral: advocacy, summer camp, day program. Transitional support from school to community support group.
4409 Forbes Blvd., Lanham, MD 20706
www.Sunrisecommunitygroup.org
301-459-0566  FAX: 301-459-7691

SPEECH AND LANGUAGE

American Speech, Language, Hearing Assoc.
Help Line with a data base listing services and therapists. Information on speech, language, and hearing disabilities.
2200 Research Blvd., Rockville, MD 20850
www.asha.org
301-296-5700

SYNDROMES
Down Syndrome Network of Mont. Co.
Parents of children with Down syndrome receive information and support groups through the Arc.
301-984-5777/ 301-979-1112  FAX: 301-816-2429

Down Syndrome Society-National
Information packet (in English & Spanish), educational materials, local support group referrals.  www.ndss.org
1-800-221-4602

March of Dimes
Prevention through research and education.  marchofdimes.com
1- 800-367-6630

Mothers United for Moral Support: MUMS
Parent to Parent organization. Families with children with rare disorders are matched; over 1600 disorders are included; local support groups are identified; newsletter available.
150 Custer Ct.; Green Bay, Wisc.  54301-1243
www.netnet.net/mums
1-877-336-5333

Natl Organization of Rare Disorders: NORD
Networks families. Orphan drug and research information newsletter. Matches families
www.rarediseases.org
1- 800-999-6673

Tourette Syndrome Association
Provides information, referrals & materials.
33 Univ. Boulevard East
Silver Spring, MD 20901
www.tsagw.org

VISION

Council of Families with Visual Impairment
Offers support/outreach, sharing experiences in parent/child relationships and educational and cultural information about child development.
1155 15th Street, NW, Ste 1004
Wash, DC  20005
www.familyconnect.org

202-467-5081

Lens Crafters, Walmart
Offers free exams and glasses for low income families. Referrals from school with school ID and tax number

Lions Club Vision Screening
Eye exams, glasses minimum or no cost : all ages
301-577-7800

Maryland School for the Blind
Assessment and ongoing services for ages 0-21
3501 Taylor Avenue Baltimore, MD 21236-4499
www.mdschblind.org
410- 444-5000

National Association for Parents with Children with Visual Impairments; bilingual
www.NAPVI.org

Shepherd’s Table Eye Clinic
8210A Colonial La Silver Spring
301-585-6463

MCPS Programs for students with vision impairments
Preschool programs and accomodations for all visually impaired students
301-670-2250

Volunteers for the Visually Handicapped
Offers information and referral; short-term counseling; volunteer readers; mobility training; aids and devices, and braille training. Adult social group is available.
8720 Georgia Ave., Ste 210; Silver Spring, MD
301-589-0894

EMERGENCY HELP/
SOCIAL SERVICES

Food/Shelter/Clothing Referrals
Bethesda Help 301-365-2022  
Child Protective Services 240-777-4417  
C-4 Clothes 301-622-4555  
Damascus Help 301-253-4100  
Gaithersburg Help 301-216-2510  
Germantown Help 301-482-1320  
Interfaith Clothing Center 301-424-3796  
Olney Help 301-871-1609  
Rockville Fish 301-340-2796  
Shepard’s Table 301-585-6463  
Salvation Army 301-515-5354  
7th. Day Com. Services Ctr 301-585-6556  
Silver Spring-meals, shelter, referrals 301-585-6459  
Western Upper County Help 301-972-8481  
Wheaton/Silver Spring Help 301-294-4882  

Crisis Center Montgomery Co. Government  
Addiction and mental health services. Mobile unit. Variety of immediate interventions.  
1301 Piccard Dr. Rockville, MD 20850  
301-777-2400  

Abused Persons Program  
Crisis intervention, shelter, support for those physically and emotionally abused.  
240-777-4195  

Health & Human Services  
Service Eligibility Units (SEU)  
240-777-1245  

Healthcare/Immunizations  
8630 Fenton St, 10th floor, Silver Spring  
240-777-3160  

12900 Middlebrook Rd, Germantown  
240-777-3380  

1335 Piccard Drive, Rockville  
240-777-3987  

Medication Program  
Maryland Pharmacy Asst. Program  
For citizens not eligible for Medical Assistance  

www.dhmh.state.md.us  
1-800-226-2142  

Income Supports  
8818 Georgia Ave., Silver Spring  
240-777-3100  

12900 Middlebrook Rd, Germantown  
240-777-3420  

1301 Piccard Dr., Rockville  
240-777-4600  

Hotline - Mental Health Association.  
Hotline for someone who needs to talk  
www.mhamic.org 301-738-2255  

Housing Opportunities Commission  
Provides housing for low income elderly & families with member who have a disability.  
www.hocmc.org  
240-773-9000 Rental Assist: 240-777-4400  

Legal Aid Bureau, Inc.  
Free Legal Aid for low income families  
14015 New Hampshire Ave, Silver Spring, MD  
http://www.mdlab.org/  
301-879-8752 1-888-215-5316  

Social Security/Supplemental Security Income  
A monthly cash benefit for income eligible persons with a significant disability.  
800-772-1213  

Transportation  
MetroAccess provides curb to curb transportation for people with documented disabilities.  
www.wmata/accessibility/metroaccess_service  
301-562-5360 301-468-4446
SERVICES FOR LATINO FAMILIES

Adventist Community Services
Emergency money and food. Assistance provided by Spanish speaking staff.
www.acsgw.org
501 Sligo Ave.; Silver Spring, MD
301-585-6556

Interfaith Works
Inter-faith coalition working to meet needs of poor and homeless. Provides help with housing, health care, child care, employment and parenting. www.iworksmc.org
301-762-8682

Casa de Maryland
Education, legal, medical, employment help, assistance with food, English classes, computer & vocational classes
734 University Blvd, Silver Spring, MD

Catholic Community Center
Referral for immigration services, adoption and foster care; emergency services, assistance in filling out HHS forms.
www.casademaryland.org
12247 Georgia Ave.; Silver Spring, MD 20902
301-942-1790

Centro Catolico Hispano
Spanish Catholic Center
Immigration, employment, social service, teen/school liaisons.
1015 University Blvd. E; Silver Spring, MD
20903 | 301-431-3773
415 E. Diamond Ave.; Gaithersburg, MD 20877
301-417-9113

Comunidad De Habla Hispana de Maryland, Inc. Spanish Speaking Community of Maryland, Inc.
Helps with housing, employment, starting small businesses, immigration, social services, translation and general information.
8519 Piney Branch Rd.; Silver Spring, MD
301-587-7217

Families Foremost
Parenting classes in English and Spanish, health care education peer support, home intervention, employment and computer classes. Infant/toddler childcare. Sponsored by Mental Health Assoc. & the Lourie Center. Free
1109 Spring St., #300 Silver Spring, MD 20910
www.louriecenter.org/beta/lc/foremost
301-585-3424

Charles W. Gilcrest Center for Cultural Diversity
Citizenship, ESOL, computer, business development classes
11319 Elkin St, Wheaton, MD
12900 Middlebrook Rd, Germantown, MD
240-777-4940

Latino Outreach Program, Community Ministries of Rockville
English and literacy classes
Celia Rojas: CMRLOP@aol.com
301-251-2136

Literacy Council of Montgomery County
Tutoring in ESOL, reading, writing
21 Maryland Ave #320, Rockville, MD
301-610-0030

Projecto Salud
Primary medical care for uninsured non-English-speaking adults.
2424 Reedie Dr. Wheaton, MD
www.hispanichealth.org
240-777-1621

Takoma Park East Silver Spring Center: TESS
Bilingual help with applying for: food stamps, rent assistance, child care subsidies.
8513 Piney Branch, Silver Spring, MD
301-565-7675

Total Health: THR
The Mental Health Clinic
Mental health programs for teens, ages 12-18; Adult services for mental health and substance abuse. Individual, group and family therapy. English & Spanish. Sliding scale fees
1011 University Blvd. #101 Takoma Park, Md
301-439-7200 FAX: 301-439-555

M:\IT\Community Resources\Comm Res\comm res 2010.doc