

TILDEN MIDDLE SCHOOL
PHYSICAL EDUCATION UNIFORMS
2019 - 2020

All students are required to have a complete change of clothing for Physical Education class, including socks and athletic shoes. **You may not participate in flip-flops!!!**

Students may purchase PE clothes from us or bring in their own clothes to be used specifically for Physical Education class. **This clothing should be a gray t-shirt and blue or black shorts with a minimum inseam of 4". Clothing worn to school may not be used for physical education class.**

It is very important to make sure that your son/daughter takes home their P.E. clothes at least once a week to be laundered. Also, please send your children to P.E. with non-aerosol deodorant.

The following items are for sale (each item has "Tilden Physical Education" and a place for your name):

- Gray T-shirt
- Blue Nylon Mesh Shorts
- Hooded Sweat Shirt
- Sweat Pants