

MYP Objectives and Assessment Criteria

Physical and Health Education Assessment Criteria

The following assessment criteria have been established by the IB for the physical and health education subject area of the MYP. All assessment in each year of the MYP must be based on the age appropriate version of these assessment criteria as provided in this guide.

Criterion A	Using knowledge	Maximum 8
Criterion B	Planning through Inquiry	Maximum 8
Criterion C	Applying and performing	Maximum 8
Criterion D	Reflecting and demonstrating	Maximum 8

For each assessment criterion, a number of band descriptors are defined. These describe a range of achievement levels with the lowest represented as 0.

Criterion A: Using Knowledge

Maximum: 8

At the end of the course, students should be able to:

- i. explain physical and health education knowledge
- i. apply physical and health education knowledge and understanding to solve problems set in familiar and unfamiliar situations
- ii. apply physical and health education terminology effectively to communicate understanding.

Achievement Level

Level Descriptor
Year 5

0	The student does not reach a standard described by any of the descriptors below.
1–2	The student is able to: <ul style="list-style-type: none"> • state physical and health education knowledge • apply physical and health education knowledge and understanding to suggest solutions to problems set in familiar situations • apply physical and health education terminology to communicate their understanding but does so with limited effectiveness.
3–4	The student is able to: <ul style="list-style-type: none"> • outline physical and health education knowledge • apply physical and health education knowledge and understanding to solve problems set in familiar situations • apply physical and health education terminology to communicate their understanding but does not do so clearly or precisely.
5–6	The student is able to: <ul style="list-style-type: none"> • describe physical and health education knowledge • apply physical and health education knowledge and understanding to solve problems set in familiar situations and suggest solutions to problems set in unfamiliar situations • apply physical and health education terminology to communicate their understanding clearly and precisely but does not do so consistently.
7–8	The student is able to: <ul style="list-style-type: none"> • explain physical and health education knowledge • apply physical and health education knowledge and understanding to solve problems set in familiar and unfamiliar situations • consistently apply physical and health education terminology to communicate their understanding clearly and precisely.

Criterion B: Planning through inquiry

Maximum: 8

At the end of the course, students should be able to:

- i. construct, explain and justify a plan
- i. analyse and evaluate the effectiveness of the plan based on the outcome of the performance.

Achievement Level	Level Descriptor Year 5
0	The student does not reach a standard described by any of the descriptors below.
1–2	The student is able to: <ul style="list-style-type: none">• construct and outline a plan• outline the effectiveness of the plan based on the outcome of the performance
3–4	The student is able to: <ul style="list-style-type: none">• construct and describe a plan• describe the effectiveness of the plan based on the outcome of the performance
5–6	The student is able to: <ul style="list-style-type: none">• construct and explain a plan• analyse the effectiveness of the plan based on the outcome of the performance
7–8	The student is able to: <ul style="list-style-type: none">• construct, explain and justify a plan• analyse and evaluate the effectiveness of the plan based on the outcome of the performance

Criterion C: Applying and Performing

Maximum: 8

At the end of the course, students should be able to:

- i. apply and demonstrate skills and techniques effectively
- i. apply and demonstrate strategies and movement concepts effectively
- ii. interpret and apply information to perform effectively.

Achievement
Level

Level Descriptor
Year 5

Achievement Level	Level Descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ul style="list-style-type: none">• attempts to apply and demonstrate skills and techniques• attempts to apply and demonstrate strategies and movement concepts• attempts to interpret and apply information when performing.
3-4	The student is able to: <ul style="list-style-type: none">• apply and demonstrate skills and techniques• apply and demonstrate strategies and movement concepts• interpret and apply information when performing.
5-6	The student is able to: <ul style="list-style-type: none">• apply and demonstrate skills and techniques effectively but does not always do so consistently• apply and demonstrate strategies and movement concepts effectively but does not always do so consistently• interpret and apply information to perform effectively but does not always do so consistently.
7-8	The student is able to: <ul style="list-style-type: none">• consistently apply and demonstrate skills and techniques effectively• consistently apply and demonstrate strategies and movement concepts effectively• consistently interpret and apply information to perform effectively.

Criterion D: Reflecting and Demonstrating

Maximum: 8

At the end of the course, students should be able to:

- i. **explain** and **demonstrate** strategies that enhance their interpersonal skills
- i. **explain** and **apply** goals to enhance performance
- ii. **analyse** and **evaluate** their own achievements.

Achievement
Level

Level Descriptor
Year 5

Achievement Level	Level Descriptor
0	The student does not reach a standard described by any of the descriptors below.
1–2	The student is able to: <ul style="list-style-type: none">• recognize and demonstrate strategies that enhance their interpersonal skills• recognize and apply goals to enhance performance• outline and exemplify their own achievements.
3–4	The student is able to: <ul style="list-style-type: none">• outline and demonstrate strategies that enhance their interpersonal skills• outline and apply goals to enhance performance• explain and exemplify their own achievements.
5–6	The student is able to: <ul style="list-style-type: none">• describe and demonstrate strategies that enhance their interpersonal skills• describe and apply goals to enhance performance• explain and evaluate their own achievements.
7–8	The student is able to: <ul style="list-style-type: none">• explain and demonstrate strategies that enhance their interpersonal skills• explain and apply goals to enhance performance• analyse and evaluate their own achievements.