

THE WEEKLY WILDCAT UPDATES 2018-2018
Week of October 22, 2018

Below are important reminders to help you stay involved and engaged with your student's upcoming events at Rocky Hill Middle School.

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Our weekly Sunday evening email has two sections:

1. RHMS Information and Calendar
2. RHMS Reminders

1. ROCKY HILL Information and Calendar

Main Office Hours

The main office hours are 7:45 am until 3:45 pm. **Reminder:** The main office for our school closes at 3:45 pm each day. The phones are not answered after this time and all messages left will be picked up the following morning at 7:45 am.

PTA Color Fun Run is this week!

The run will take place this week during PE periods, on Thursday, October 25 and Friday, October 26. You can include cash/check in the Fun Run packet (due 25th October) or donate/pledge online.

https://www.donatezone.com/cdflandingpage/landingpage/organization/code/48831-DZROHMCM_2018f.

Monday, Oct. 22– Periods 67123

Exercise Across America Week - Wellness Week - See information below**

Spirit Day-Hat Day-wear your favorite hat to school all day

Grade 6 Bar-T Field Trip (Session 1), 8:30 am-2:45 pm

No after-school activities

Return Color Fun Run packet/donations!

Tuesday, Oct. 23 – Periods 45671

Spirit Day-Fan Day-wear a sport/hobby/jersey or shirt

Grade 6 Bar-T Field Trip (Session 2), 8:30 am-2:45 pm

Archery Intramural-6th Graders Only, 3:00-4:25 pm (Mr. Leck-Main Gym)

John_P_Leck@mcpsmd.org

Cross Country Meet at Neelsville MS (Coach-Mr. Stevenson) Sean_T_Stevenson@mcpsmd.org

Drama – Little Mermaid Jr., 3:00-4:25 pm (Mr. Heinemann-Rm. 105)

Paul_W_Heinemann@mcpsmd.org

Girls Softball v. Neelsville MS (Girls-home/Boys-away) (Boys-

Gerald_E_DelescavageJr@mcpsmd.org; Girls - Brian_C_Lucas@mcpsmd.org)

Tennis Intramurals, 3:00-4:25 pm (Ms. Belman-Tennis Courts)

[Lisabeth S Belman@mcpsmd.org](mailto:Lisabeth_S_Belman@mcpsmd.org)

Return Color Fun Run packet/donations!

Wednesday, Oct. 24 – Periods 23456

Spirit Day-Pajama Day-dress comfortable and appropriately in your PJs.

(Rocky Hill Dress code policy applies and if needed students will be asked to change.)

Jazz Band, 7:00-8:00 am (Ms. Schiller-Rm 103) [Heidi L Schiller@mcpsmd.org](mailto:Heidi_L_Schiller@mcpsmd.org)

Archery Intramural-Grade 7 & 8 Only, 3:00-4:25 pm (Mr. Leck-Main Gym)

[John P Leck@mcpsmd.org](mailto:John_P_Leck@mcpsmd.org)

Chess Club, 3:00-4:25 pm (Mr. Harris-Rm. 164) charris@letusteachyou.org

Cross Country Practice, 3:00-4:25 pm (Coach-Mr. Stevenson) [Sean T Stevenson@mcpsmd.org](mailto:Sean_T_Stevenson@mcpsmd.org)

No Little Mermaid Jr. Rehearsal (Mr. Heinemann-Rm. 105)

[Paul W Heinemann@mcpsmd.org](mailto:Paul_W_Heinemann@mcpsmd.org)

Model UN Meeting, 3:00-4:25 pm (Ms. Fong-Rm. 358) [stephanie L Fong@mcpsmd.org](mailto:stephanie_L_Fong@mcpsmd.org)

M.O.R.E. Club, 3:00-4:25 pm (Mr. Phillips-Rm 176)

RecXtra Board Games, 3:00-4:25 pm (Ms. Duarte-Rm. 364) [Nelia R Duarte@mcpsmd.org](mailto:Nelia_R_Duarte@mcpsmd.org)

RecXtra Lego Robotics, 3:00-4:25 pm (Mr. Smith-Rm. 143) [Kalani Smith@mcpsmd.org](mailto:Kalani_Smith@mcpsmd.org)

Softball Practice, 3:00-4:25 pm (Boys Coach - [Gerald E DelescavageJr@mcpsmd.org](mailto:Gerald_E_DelescavageJr@mcpsmd.org); Girls -

[Brian C Lucas@mcpsmd.org](mailto:Brian_C_Lucas@mcpsmd.org))

Tennis Intramurals, 3:00-4:25 pm (Ms. Belman-Tennis Courts)

[Lisabeth S Belman@mcpsmd.org](mailto:Lisabeth_S_Belman@mcpsmd.org)

CHS & Feeder MS/HS Choral Cluster Concert @ CHS, 7:00-9:00 pm

Return Color Fun Run packet/donations!

Thursday, Oct. 25 – Periods 71234

Spirit Day-Pink-Out day-Pink-Out to support Breast Cancer awareness month. Wear all pink to school!

PTA Color Fun Run in PE Classes, Pd. 1, 2, 3, &4/all students in Pd. 1-4 should wear t-shirt/short/sweats

that can be stained with color.

Archery Intramural-Open to all, 3:00-4:25 pm (Mr. Leck-Main Gym)

[John P Leck@mcpsmd.org](mailto:John_P_Leck@mcpsmd.org)

Cross Country Practice, 3:00-4:25 pm (Coach-Mr. Stevenson) [Sean T Stevenson@mcpsmd.org](mailto:Sean_T_Stevenson@mcpsmd.org)

Drama-Little Mermaid Jr., 3:00-4:25 pm (Mr. Heinemann-Rm. 105)

[Paul W Heinemann@mcpsmd.org](mailto:Paul_W_Heinemann@mcpsmd.org)

NJHS Meeting w/current members, 3:00-4:25 pm (Mr. Smith-Rm. 143)

[Kalani Smith@mcpsmd.org](mailto:Kalani_Smith@mcpsmd.org)

Softball v. Kingsview MS (Boys-Home/Girls-Away) (Boys -

[Gerald E DelescavageJr@mcpsmd.org](mailto:Gerald_E_DelescavageJr@mcpsmd.org); Girls - [Brian C Lucas@mcpsmd.org](mailto:Brian_C_Lucas@mcpsmd.org))

STEM Club, 3:00-4:25 pm (Mr. Harris-Rm 150) charris@letusteachyou.org

Yearbook Club, 3:00-4:25 pm (Ms. Belman –Rm. 376) [Lisabeth S Belman@mcpsmd.org](mailto:Lisabeth_S_Belman@mcpsmd.org)

CHS & Feeder MS/HS String Cluster Concert @ CHS, 7:00-9:00 pm

Return Color Fun Run Packet/donations!

Friday, Oct. 26 – Periods 56712

Spirit Day-Wildcat Day-Wear RH gear or colors

PTA Color Fun Run in PE Classes, Pds. 5 & 6/ all students in Pd. 5 & 6 should wear t-shirt/short/sweats that can be stained with color.

Wildcat Day, 2:00-3:00 pm

No after-school activities

Cluster Night Football Game at CHS for all students, 5:00 - 9:00 PM

****This is not a drop off event. Parents must stay with their children at CHS.**

****Instrumental students should be dropped off and picked up at Clarksburg HS**

Music Wing Heidi_L_Schiller@mcpsmd.org

After School Activity and Bus Information

After-school activities are scheduled Tuesdays, Wednesdays, and Thursdays from 3:00-4:25 pm.

Students hear about activities during morning announcements. Activity buses are provided each

day and leave school at 4:25 pm. Please take this opportunity to discuss which route your child

should take to get home and have them write it in their agenda book—Bus 1, Bus 2, or Bus 3.

(See link below). **These stops are sometimes different from the regular bus stop. Below is**

the link to the most updated Activity Bus Stop list:

<https://drive.google.com/file/d/18f7sTqouWETd4ZcyjEEseBuEZNmACpGh/view?usp=sharing>

Additionally, for students who walk home, please review the route they should take. All students who are car riders need to be picked up NO LATER than 4:25pm.

OCTOBER EVENTS

Clarksburg Cluster Celebrates Friday Night Lights at CHS, this Friday, October 26

All cluster schools are invited to attend the Friday Night Lights at CHS this Friday. We will march on the track with our RHMS Wildcats sign before the game-wear your RH gear. Our

RHMS band (plus Neelsville MS & Hallie Wells MS bands) will perform with the CHS

marching band. Please see the attached flyer for details. Hope to see you there!

<https://drive.google.com/file/d/1QuNGAbcUeQMSMjviPQ5H53nfQgfssjzt/view?usp=sharing>

Bullying Prevention Month - October 2018

At Rocky Hill Middle school, we understand that mental health and physical, social and

psychological well-being are the foundations of academic achievement. Each grade level

counselor - is leading classroom lessons about bullying prevention, using the resources from Mr.

Tom Thelen, a national spokesperson and author who presented on Bullying Prevention at Rocky

Hill last year. We - have been discussing character development, self-discipline, purpose,

respect, responsibility; and how to “Be the Change.” We encourage you to talk to your child

about being a positive change in their school and community. Everyone is invited to the

countywide Mental Health Resource Fair that will be held next Saturday October 27, 2018, from

11:00 am – 4:00 pm at Julius West Middle School.

In addition, Montgomery County Public Schools is promoting *Mental Health and Wellness Awareness* this month. Mental Health Tips of the Day are being shared during morning announcements. Grade level counselors are leading activities during lunch to teach students about mindfulness. These have been optional activities for interested students. Please encourage your child to participate.

If you have any questions, please feel free to contact your grade level counselor.

Ms. Yi, Grade 6 Counselor: Doreen_A_Yi@mcpsmd.org

Ms. Wiltshire, Grade 7 Counselor (Last Name A-M): Kimberly_L_Wiltshire@mcpsmd.org

Ms. Gupta, Grade 7 Counselor (Last Name N-Z): Isha_S_Gupta@mcpsmd.org

Ms. Arcé, Grade 8 Counselor: Lauren_A_Arce@mcpsmd.org

****PE Department observes October Mental Health and Wellness Awareness Month**

In conjunction with the Counseling department, the PE Department is attempting to “Exercise Across America”! Please encourage your child to go outside and play for 60 minutes a day! Striving for 60 minutes of play a day has been shown by the Surgeon General to improve the health of our children. It will also help us ‘travel by school bus’ from Sacramento to Ocean City! For every 30 minutes of exercise, students and staff will ‘move’ the RHMS bus 5 miles across our beautiful country. The map of the states will be in the main hall for all to see. Each day, students will let Mrs. Murphy know how many minutes of exercise they completed the day before. The PE department will then “move the bus” based on how many miles were earned. Our goal is to make it to Ocean City, MD by Friday-3000 miles! We hope you join us in celebrating Wellness Month at RHMS by living well!

MSDE Survey – October 29, 2018

Recent state law requires that all public schools in Maryland survey students about school climate. The purpose of the survey is to gain valuable information about the quality and character of each school’s learning environment so that schools can promote a climate that supports student learning. Students will take the survey during regular school hours on October 29. The survey will ask students about topics such as student engagement, interactions with adults and with other students in the school, the school environment, bullying, and safety. The survey will not ask about a student’s personal experiences, and students will not be asked to provide any information that might violate his or her privacy. The survey is confidential and school personnel will not have access to the responses of specific students. The responses your child provides will be combined with the responses from other students in the school, and results will be reported for each school and district.

We are eager to receive this very important information about your student’s school and about schools across the state. If you have any questions about this survey, please contact Mr. Parker Matthew_Parker@mcpsmd.org or Mrs. Murphy Karen_S_Murphy@mcpsmd.org or call 301-353-8282.

Afterschool Activity Information

- **Chess Club**

Students interested in the Chess club should complete the registration link below. The chess club will be preparing for the Rocky Hill Chess Tournament scheduled for late January 2019. The tournament will be open to all scholastic players. For more information about the Chess club see the registration form link or contact Mr. Craig Harris at charris@letusteachyou.org. https://drive.google.com/file/d/1vjfVBJz1YyUhJyLxfVkuboYq_tr5X-F/view?usp=sharing

- **Intramurals**

Intramurals have begun and are open to ALL 6th, 7th, & 8th graders who are interested in participating in something active after school. All that's needed to participate is an Intramural Permission Slip (link below) which can be downloaded from the "Afterschool" page on the RHMS Website, or pick one up from the Girls PE office at any time. <https://drive.google.com/file/d/1TYLuqtCD5WqpowO6aJqBfB3f03Mq34Fm/view?usp=sharing>

--**Archery Intramurals** will meet Tuesdays, Wednesdays, & Thursdays the entire month of October.

--The schedule is: Tuesdays – 6 grade; Wednesdays – 7 & 8 grade;

& Thursdays – open to all.

--**Tennis Intramurals** have begun and will be on Tuesdays, Wednesdays & Thursdays through November 1, except Thursday 10/25. See Ms. Brouillard in girls PE office if you need a permission slip or have questions. Melanie_J_Brouillard@mcpsmd.org

- **RecXtra After-School Program**

RecXtra after-school activity permission slips may be picked up from Ms. Chilnick in Room 269. Please contact Ms. Chilnick for questions. Deborah_N_Chilnick@mcpsmd.org. Be sure to listen to morning announcements for upcoming activities that will be offered in the next few weeks.

--**Board Games** is up and running. There are still plenty of spots. See Ms. Chilnick for a registration form or **click on the link below** and turn in to Ms. Chilnick in Rm. 269.

https://drive.google.com/file/d/1kxCkvvdQn9t6CFU1as44PuryKlh6l_Y-/view?usp=sharing
https://drive.google.com/file/d/1ig7AX_3DuBop3iSbek3LSoCr5riMXWAH/view?usp=sharing

- **STEM Club**

Students interested in the STEM club should complete the registration link below. STEM club will be building Smart Cars and using microcontrollers as the computer brain. For more information about the STEM club see the registration form or contact Mr. Craig Harris at charris@letusteachyou.org. (UPDATED LINK):

https://drive.google.com/file/d/1CBz6klFFLvIxXEcWBiUH8Re6qX7OCl_n/view?usp=sharing

2. Reminders

PE reminder about the cold weather

The weather is getting cooler by the day and the students need to have warm clothing if they are going outside. The PE department has sweatpants and hoodies available for sale in all sizes. Each

piece is \$25 and sports our beautiful logo. Remember, all profits from sales go to fund our equipment and facility needs here at RH. You can send cash or check made payable to RHMS with your child, or order online using a credit card at the following link: <https://osp.osmsinc.com/MontgomeryMD/BVModules/CategoryTemplates/Detailed%20List%20with%20Properties/Category.aspx?categoryid=BY372>
Thank you for your support!

2-Liter Bottles needed

The media center is in need of empty 2 liter soda bottles (with tops) for an upcoming craft. If you have any, please send them in with your child (ren). We need approximately 100 bottles by the first of the year. Thanks so much for any help you can provide!

PTA Fall Scholastic Book Fair

The Fall Book Fair is coming and we need your help! Please consider volunteering at the PTA Fall Scholastic Book Fair this November! Please click on the link to sign up:

<https://www.signupgenius.com/go/60B084FACA96-ptafall>