

THE WEEKLY WILDCAT UPDATES 2018-2019
Week of 10/15/2018

Below are important reminders to help you stay involved and engaged with your student's upcoming events at Rocky Hill Middle School.

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Our weekly Sunday evening email has two sections:

1. RHMS Information and Calendar
2. RHMS Reminders

1. ROCKY HILL Information and Calendar

Main Office Hours

The main office hours are 7:45 am until 3:45 pm. Reminder: The main office for our school closes at 3:45 pm each day. The phones are not answered after this time and all messages left will be picked up the following morning at 7:45 am.

***After School Activity Bus Update – See Below**

Monday, Oct. 15 – Periods 71234

Richard Montgomery IB Program Meeting, 11:24-11:54 am (B Lunch,)-Media Center
No after-school activities

Tuesday, Oct. 16 – Periods 1234567

**Picture Day in PE Classes (See details below)

Archery Intramural-6th Graders & Beginners Only, 3:00-4:25 pm (Mr. Leck-Main Gym - [John P Leck@mcpsmd.org](mailto:John_P_Leck@mcpsmd.org))

Cross Country Practice, 3:00-4:25 pm (Coach-Mr. [Stevenson-Sean T Stevenson@mcpsmd.org](mailto:Stevenson-Sean_T_Stevenson@mcpsmd.org))
RecXtra Book Wars, 3:00-4:25 pm (Ms. Gramatges-Media Center- [Laurie A Abita-Gramatges@mcpsmd.org](mailto:Laurie_A_Abita-Gramatges@mcpsmd.org))

Softball Practice, 3:00-4:25 pm ([Boys-Gerald E DelescavageJr@mcpsmd.org](mailto:Boys-Gerald_E_DelescavageJr@mcpsmd.org); Girls- [Brian C Lucas@mcpsmd.org](mailto:Brian_C_Lucas@mcpsmd.org))

Wednesday, Oct. 17 – Periods 56712

Archery Intramural-Grade 7 & 8 Only, 3:00-4:25 pm (Mr. Leck-Main Gym - [John P Leck@mcpsmd.org](mailto:John_P_Leck@mcpsmd.org))

Chess Club, 3:00-4:25 pm (Mr. Harris-Rm. 164- charris@letusteachyou.org)

Cancelled: Cross Country Practice, 3:00-4:25 pm (Coach-Mr. [Stevenson-Sean T Stevenson@mcpsmd.org](mailto:Stevenson-Sean_T_Stevenson@mcpsmd.org))

Drama – Little Mermaid Jr., 3:00-4:25 pm (Mr. Heinemann-Rm. 105- [Paul W Heinemann@mcpsmd.org](mailto:Paul_W_Heinemann@mcpsmd.org))

Model UN meeting, 3:00-4:25 pm (Ms. Fong-Rm. 358- [Stephanie L Fong@mcpsmd.org](mailto:Stephanie_L_Fong@mcpsmd.org))

RecXtra Board Games, 3:00-4:25 pm (Ms. Duarte-Rm. 364- [Nelia R Duarte@mcpsmd.org](mailto:Nelia_R_Duarte@mcpsmd.org))

RecXtra Lego Robotics, 3:00-4:25 pm (Mr. Smith-Rm. 143- [Kalani Smith@mcpsmd.org](mailto:Kalani_Smith@mcpsmd.org))

SGA Meeting, 3:00-4:25 pm (Mr. Conley-Rm 167- [Kevin J Conley@mcpsmd.org](mailto:Kevin_J_Conley@mcpsmd.org))

Softball Practice, 3:00-4:25 pm ([Boys-Gerald E DelescavageJr@mcpsmd.org](mailto:Boys-Gerald_E_DelescavageJr@mcpsmd.org); Girls-
[Brian C Lucas@mcpsmd.org](mailto:Brian_C_Lucas@mcpsmd.org))

Tennis Intramurals, 3:00-4:25 pm (Ms. Bellman-Tennis Courts-
[Lisabeth S Belman@mcpsmd.org](mailto:Lisabeth_S_Belman@mcpsmd.org))

CHS & Feeder MS/HS Band Cluster Concert @ CHS, 7:00-9:00 pm

Thursday, Oct. 18 – Periods 34567

Archery Intramural-Open to all, 3:00-4:25 pm (Mr. Leck-Main Gym-
[John P Leck@mcpsmd.org](mailto:John_P_Leck@mcpsmd.org))

Cross Country Practice, 3:00-4:25 pm (Coach-Mr. [Stevenson-Sean T Stevenson@mcpsmd.org](mailto:Stevenson-Sean_T_Stevenson@mcpsmd.org))

Drama-Little Mermaid Jr., 3:00-4:25 pm (Mr. Heinemann-Rm. 105-
[Paul W Heinemann@mcpsmd.org](mailto:Paul_W_Heinemann@mcpsmd.org))

NJHS Meeting w/current members, 3:00-4:25 pm (Mr. Smith-Rm. 143-
[Kalani Smith@mcpsmd.org](mailto:Kalani_Smith@mcpsmd.org))

Softball Practice, 3:00-4:25 pm ([Boys-Gerald E DelescavageJr@mcpsmd.org](mailto:Boys-Gerald_E_DelescavageJr@mcpsmd.org); Girls-
[Brian C Lucas@mcpsmd.org](mailto:Brian_C_Lucas@mcpsmd.org))

STEM Club, 3:00-4:25 pm (Mr. Harris-Rm 150- charris@letusteachyou.org)

Tennis Intramurals, 3:00-4:25 pm (Ms. Bellman-Tennis Courts-
[Lisabeth S Belman@mcpsmd.org](mailto:Lisabeth_S_Belman@mcpsmd.org))

Friday, Oct. 19 – Periods 12345

No after-school activities

After School Activity and Bus Information

***Activity bus UPDATE:** The stop at Observation Drive and Great Park Circle is now on Activity Bus 2. Please make sure that your child is aware of this change.

After-school activities are scheduled Tuesdays, Wednesdays, and Thursdays from 3:00-4:25 pm. Students hear about activities during morning announcements. Activity buses are provided each day and leave school at 4:25 pm. Please take this opportunity to discuss which route your child should take to get home and have them write it in their agenda book—Bus 1, Bus 2, or Bus 3. (See link below). These stops are sometimes different from the regular bus stop. Below is the link to the most updated Activity Bus Stop list:

<https://drive.google.com/file/d/18f7sTqouWETd4ZcyjEEseBuEZNmACpGh/view?usp=sharing>

Additionally, for students who walk home, please review the route they should take. All students who are car riders need to be picked up NO LATER than 4:25pm.

OCTOBER EVENTS

****School Picture Day-Tuesday, October 16**

Lifetouch will be here this **Tuesday, October 16** to take pictures for the yearbook, student IDs and picture packages for families. Forms were distributed on Monday 10/8 and there are extras in

the main office.

You can also order photo packages on line by going to mylifetouch.com and entering **Rocky Hill Picture Day ID: MJ818156Q0**. On-line ordering will close 48 hours after picture day. If you have questions, please contact Lisabeth Belman at Lisabeth_S_Belman@mcpsmd.org

October is Mental Health and Wellness Awareness Month

MCPS has designated October 2018 as MCPS Mental Health and Wellness Awareness Month as part of on-going work in promoting students' physical, social, and psychological well-being so that they are ready and prepared to learn. At Rocky Hill, our students will engage in wellness lessons and activities in health and physical education, listen to Mental Health Tips of the Day on the morning announcements, participate in anti-bullying lessons facilitated by the counselors about how to "Be the Change," and have the opportunity to participate in activities to learn about mindfulness during lunch. Everyone is invited to the countywide Mental Health Resource Fair that will be held on Saturday October 27, 2018, from 11:00 am – 4:00 pm at Julius West Middle School.

October is Wellness Month at RH!!!

The PE department is leading the charge into Wellness Month by focusing on our school community's fitness. In Health classes students are focusing on their mental and emotional health by writing a plan to maintain or improve it. In PE, during functional movement classes, students will write a fitness plan that they can use at home! During the week of October 22, students will hear about a different component of fitness each day. **We will also attempt to "Exercise Across America" as a school community, and celebrate 'Pink Out' day on Thursday, October 25, to spotlight breast cancer research.** We hope you join us in celebrating Wellness Month at RHMS by living well!

2-Liter Bottles needed

The media center is in need of empty 2 liter soda bottles (with tops) for an upcoming craft. If you have any, please send them in with your child (ren). We need approximately 100 bottles by the first of the year. Thanks so much for any help you can provide!

Clarksburg Cluster Celebrates Friday Night Lights at CHS, Friday, October 26

All cluster schools are invited on Friday, October 26 at 5:00 pm. We will march on the track with our RHMS Wildcats sign before the game-wear your RH gear. Our RHMS band (plus Neelsville MS & Hallie Wells MS bands) will perform with the CHS marching band. Please see the attached flyer for details. Hope to see you there!

<https://drive.google.com/file/d/1QuNGAbcUeQMSMjviPQ5H53nfQgfssjzt/view?usp=sharing>

Afterschool Items

• Chess Club

Students interested in the Chess club should complete the registration link below. The chess club will be preparing for the Rocky Hill Chess Tournament scheduled for late January 2019. The tournament will be open to all scholastic players. For more information about the Chess club see

the registration form link or contact Mr. Craig Harris at charris@letusteachyou.org.
https://drive.google.com/file/d/1vjjFVBJz1YyUhJyLxfVkuboYq_tr5X-F/view?usp=sharing

• Intramurals

Intramurals have begun and are open to ALL 6th, 7th, & 8th graders who are interested in participating in something active after school. All that's needed to participate is an Intramural Permission Slip (link below) which can be downloaded from the "Afterschool" page on the RHMS Website, or pick one up from the Girls PE office at any time.

<https://drive.google.com/file/d/1TYLuqtCD5WqpowO6aJqBfB3f03Mq34Fm/view?usp=sharing>

--**Archery Intramurals** will meet Tuesdays, Wednesdays, & Thursdays the entire month of October. --The schedule is as follows: Tuesdays – 6 grade, Wednesdays – 7 & 8 grade, & Thursdays – open to all.

--**Tennis Intramurals** will be on Tuesdays, Wednesdays & Thursdays and begin on Wednesday October 17 - November 1, except Thursday 10/25. See Ms. Brouillard in girls PE office if you need a permission slip or have questions. Melanie_J_Brouillard@mcpsmd.org.

• RecXtra After-School Program

RecXtra after-school activity permission slips may be picked up from Ms. Chilnick in Room 269. Please contact Ms. Chilnick for questions. Deborah_N_Chilnick@mcpsmd.org. Be sure to listen to morning announcements for upcoming activities that will be offered in the next few weeks.

--**Board Games** is up and running. There are still plenty of spots. See Ms. Chilnick for a registration form or click on the link below and turn in to Ms. Chilnick in Rm. 269.

https://drive.google.com/file/d/1kxCkvvdQn9t6CFU1as44PuryKlh6l_Y-/view?usp=sharing

https://drive.google.com/file/d/1ig7AX_3DuBop3iSbek3LSoCr5riMXWAH/view?usp=sharing

• STEM Club

Students interested in the STEM club should complete the registration link below. STEM club will be building Smart Cars and using microcontrollers as the computer brain. For more information about the STEM club see the registration form or contact Mr. Craig Harris at charris@letusteachyou.org. (UPDATED LINK):

https://drive.google.com/file/d/1CBz6klFFLvIxXEcWBiUH8Re6qX7OCl_n/view?usp=sharing

2. Reminders

PTA Fall Scholastic Book Fair

The Fall Book Fair is coming and we need your help! Please consider volunteering at the PTA Fall Scholastic Book Fair this November! Please click on the link to sign up:

<https://www.signupgenius.com/go/60B084FACA96-ptafall>