

STUDENT SELF EVALUATION

Name \_\_\_\_\_ Counselor \_\_\_\_\_ ID \_\_\_\_\_

Dates you have taken or plan to take the SAT or ACT.

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Provide the names of the teachers who you have asked to write an *Evaluation for Student Recommendation*:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Provide the names of the teachers who you have asked to write a *College Recommendation*:

1. \_\_\_\_\_ 2. \_\_\_\_\_

1. In what school activities have you participated and what office have you held? Included activities from grade 9 to present and indicate the grade in school for each activity.

<u>Activity</u>	<u>Grade</u>	<u>Office Held</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

2. What are some of your interests, talents, or experiences? Example: travel, hobbies, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. How have you used your time outside of school? List outside activities such as work experiences, volunteer work, religious and community activities. State the approximate number of hours per week you have devoted to each activity.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. At this time what are you most interested in studying in college? If undecided, write "undecided."

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5. What do you believe are your academic strengths?

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6. In what areas do you feel a need to improve?

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7. What has been a rewarding academic experience for you at Rockville High School?

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8. If you were to write your own recommendation, what are some of the points you would make? Include three adjectives to describe yourself.

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