



## Rock View Elementary School

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August 2018

Dear Parent/Guardian:

I am pleased to share that all students at Rock View Elementary School will continue to have the opportunity to eat breakfast at school each morning at no charge. Breakfast will include milk, juice or fruit, and an entrée such as whole grain pancakes or a breakfast sandwich. Students will eat in their classrooms at the beginning of the school day.

This program, called Maryland Meals for Achievement (MMFA), is funded with money from the federal School Breakfast Program and the Maryland State Department of Education.

Our school is one of over 50 Montgomery County schools that will be offering a classroom breakfast program. Research shows that this program helps students do better in class and improves attendance and tardiness. Staff in classroom breakfast schools also report that students complain less often about being hungry and tired. We are fortunate to be among the hundreds of Maryland schools selected to participate in this program.

We will continue to serve lunch in the cafeteria. Students may pay for lunch, or apply for free or reduced-price meal benefits. The regular price for lunch this school year will be \$2.55. The reduced-price lunch will remain at \$.40 this year. Applications for free and reduced-price meals will be sent home with students at the beginning of the school year. Parents interested in applying for free or reduced-price meals for their children MUST return the application forms once you receive them – you must re-apply each year.

I invite your child to start the day ready to learn by joining his or her classmates for a nutritious breakfast at school each morning!

Sincerely,

Ms. Kris Alexander  
Principal