

## **Jubilee Association of Maryland**

Jubilee Association of Maryland provides opportunities & support for adults with intellectual & other developmental disabilities to live in & enrich their community while fulfilling their personal, family, social, & spiritual needs.

The Association bases its work on a belief in the dignity and worth of all people, as well as their right to pursue happiness as full, respected members of our society.

### **Volunteer Opportunities:**

#### **Cooking Class**

This class teaches individuals with developmental disabilities learn how to cook. The class begins by sharing facts about the country where the meal is from. Then, the individuals prepare and cook the meals. We will need 1-2 volunteers to be a helping hand and assist with the learning and cooking process.

Tuesdays: September 12, 19, 26; and October 3, 10, 17, 24, 31; and November 7, 14, 21

Thursdays: September 7, 14, 21, 28; and October 5, 12, 19, 26; and November 2, 9

#### **Dinner and Art Class**

This class teaches individuals with developmental disabilities art and social customs from around the world. A catered dinner is provided at the beginning of each session followed by an art activity pertaining to a certain part of the globe. We will need 1-2 volunteers to be a helping hand and assist with the learning and art process.

Wednesdays: October 4 and 18; November 1 and 15; December 6 and 20

#### **Adopt A Home**

We are looking for volunteers to share a monthly meal or celebrate holidays with the individuals that we serve at their home.

#### **Volunteer Soccer Team**

We are looking for a soccer team or league to volunteer with Jubilee. Jubilee Association of Maryland, Inc. has numerous adults with developmental disabilities who would like to kick the ball around with you and your team.

#### **Landscaping**

We are looking for volunteers to help beautify the landscaping around a house shared by numerous adults with developmental disabilities. Volunteers will spend time trimming, weeding, mulching and planting flowers around a group home. Jubilee can provide all the tools necessary.

#### **Clean-A-Thon**

We are looking for volunteers to spend a day cleaning one of our community-based residences. Our houses provide warmth for adults with developmental disabilities. We are looking for volunteers to wash windows, clean carpets, rake leaves, put down mulch, wash the residence's vehicle and even shovel snow, (depending upon the weather).

## **Casserole Preparation**

We are looking for a volunteers to help prepare casseroles in foil pans so that they can then be frozen and reheated. The casseroles are distributed to group homes to allow staff to spend more time with individuals, with developmental disabilities, and less time preparing meals. Casseroles are also shared with individuals living on their own so that they may have a hot meal that they can easily prepare.

## **How Students Can Sign Up:**

Students may use the following link below to sign up-

<http://www.jubileemd.org/wp/wp-content/uploads/2011/10/Application.pdf>

They may also go to the “How You Can Help” section of the website to learn more about our individual and group volunteer opportunities in further detail-

<http://www.jubileemd.org/wp/how-you-can-help/>