Success for 9th Grade: Q & A Panel

Kristin Rudolph
Assistant Principal
Thomas W. Pyle MS
Session Outcomes

By the end of the session, students/parents will have--

- Heard from current 9th grade Whitman students about tips for a successful 9th grade year.
Introductions: Current 9th Grade Students

- Olivia Blanchard
- Anna Cash
- Caroline Davenport
- Benjamin Katz
- Trevor Lystad
- Justin Navratil
- Dorothy Neher
Top 3 Academic Questions/Concerns About 9th Grade

- Please list your top three academic questions or concerns about 9th grade.
Tips From Whitman’s Current 9th Graders

- Time management and extracurricular activities
- Block scheduling vs. 8-period day
- Organization system
- Study strategies
- Prioritizing homework assignments
- Note-taking in class
- Lockers
- No TAG – how to contact your teachers for extra help and reassessments
- Lunch time – use it as an advantage
- Research papers – credible sources
- School Spirit
- Steps/strategies students can take now to prepare for 9th grade
Tips About Homework

- Do your homework at home.
- Develop a routine. Hint…you won’t be on a block schedule. Try doing your homework on the night it is assigned.
- Develop a plan for doing homework on the computer.
- Don’t procrastinate. Break up big projects into smaller tasks and get started.
- Do your homework to learn…not to get finished.
- Think about what you need to do first. Don’t leave everything for the night before!
Tips About Study Habits

- Don’t cram! Study each day and break down projects.
- Take study breaks.
- Use your calendar each day.
- Think about how you spend your time.
- Review your classwork nightly.
- Find a way to organize your notes that makes sense to you.
- Be engaged in class—then when you are studying, you’ll get a lot more out of it.
- Use Edline.
- Take care of your health…eat a good breakfast…get enough sleep.
Question & Answer Time!
Thank you for coming and have a wonderful evening!
Seven Suggestions for Effectively Managing Your Time

- Be organized
- Plan ahead (schedule it and it will happen)
- Prioritize your tasks
- Avoid overload
- Practice effective study techniques
- Be flexible
- Have a vision
# Time Tracking

## Time Management Sheet

Time management is a skill that needs to be taught. When is your free time? When is HW time? When can you have a break? When is soccer practice? When is dinner? This can all be put on the schedule below in order to help students learn to manage their time most effectively.

**Example:**

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00</td>
<td>Walk or take bus home...</td>
<td>Walk or take bus home...</td>
<td>Walk or take bus home...</td>
<td>Walk or take bus home...</td>
<td>Walk or take bus home...</td>
<td>Fun time!</td>
<td>Finish the project</td>
</tr>
<tr>
<td>3:30</td>
<td>Snack time!</td>
<td>Piano practice</td>
<td>Play with friends</td>
<td>Start easiest HW</td>
<td>Friend over to work on project</td>
<td>Fun time!</td>
<td></td>
</tr>
<tr>
<td>4:00</td>
<td>English homework and check Edline</td>
<td>Play outside</td>
<td>Religious school</td>
<td>Dinner</td>
<td>Fun time!</td>
<td>Fun time!</td>
<td></td>
</tr>
<tr>
<td>4:30</td>
<td>Break</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00</td>
<td>Math homework</td>
<td>Start HW, E-mail teacher if there are questions!</td>
<td>Dinner</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:30</td>
<td>Soccer Practice</td>
<td>Dinner</td>
<td>Dinner</td>
<td>Play</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:00</td>
<td>homework</td>
<td>homework</td>
<td>Dinner</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:30</td>
<td>Dinner</td>
<td>Homework</td>
<td>Dinner</td>
<td>Study for quiz</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00</td>
<td>Finish HW</td>
<td>Walk the dog and play outside</td>
<td>Finish HW and check Edline</td>
<td>Fun time!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:30</td>
<td>Play outside</td>
<td>TV/Computer time</td>
<td>TV time</td>
<td>homework</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>Snack and TV time</td>
<td>Family Time</td>
<td>TV time</td>
<td>Sleepover!</td>
<td>Review HW/Notes/Study</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30</td>
<td>Review notes for quiz/test</td>
<td>Review notes/finish HW</td>
<td>Watch TV/play on computer</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00</td>
<td>Get ready for bed...read</td>
<td>Get ready for bed...read</td>
<td>Get ready for bed...read</td>
<td>Get ready for bed...read</td>
<td>Get ready for bed...read</td>
<td>Get ready for bed...read</td>
<td>Get ready for bed...read</td>
</tr>
</tbody>
</table>