



## Counselor's Corner

Cherie Ward, School Counselor  
(301) 840-7145 or [Cherie\\_S\\_Ward@mcpsmd.org](mailto:Cherie_S_Ward@mcpsmd.org)

### Walk for the Homeless

We will once again participate in the Fannie Mae Walk for the Homeless. Our mini-walk will take place on Wednesday, October 22, 2008 during recess time.

### September is Responsibility Month

*Doing chores helps your child develop responsibility.* Here are some tips on ways you can use chores to teach responsibility:

- Let your child have some choices. Allow your child to choose their own chores. Offer choices about when the chores can be done.
- Do not do anything for your child that they can do for themselves.
- Make sure your child picks up after themselves. Once they've had a snack, teach them to rinse their plate or put it in the dishwasher.
- Praise your child for their effort. Say "Good job!" (not "Good girl!")
- Break larger jobs into smaller ones. This is a skill to teach your child for homework as well.



### Counseling Groups

I am in the process of putting together my small counseling groups. I do several support groups for children in all grade levels. Group topics include social skills, family change, worries/fears and more. If you think your child would benefit from one of these groups, please contact me so we can discuss it.

*I look forward to working with all of you and your children this year. Please don't hesitate to contact me with any concerns you might have.*

*Cherie Ward—School Counselor*

### Stop and Think

Staff at LES will continue to teach Stop and Think Social Skills lessons to students in grades K-5. During September students are learning and reviewing the basic language of the Stop and Think Program:



1. Stop and Think!
2. Am I going to make a good choice or a bad choice? I need to make a good choice.
3. What are my choices or steps?
4. Just do it!
5. Good Job!