**WORKSHOPS AND PROGRAM DESCRIPTION**

Workshops are designed to be fun, motivational and interactive. Workshops are created to develop the youth and challenge them in issue areas related to education, healthy lifestyles, fitness, leadership and ethics, career development and confidence, self-esteem. We anticipate 25 – 35 young males per session.

**Concurrent Workshops - Morning**

**Man School - What it means to 'Man Up' (Stacey Jordan)**
This session will teach the young males how to practice behaviors that cause them to succeed--things such as: choosing the right friends, using their unique abilities, finding their vision, overcoming setbacks and adversity and enjoying victories in make good decisions. Students will be taught to manage their emotions and measure their responses in confrontational situations and bullying strategies, from conflict at school or home to rudeness on the road. Students will be given a scenario, role play, prepare a script on the wrong way and the right way to handle peer situation, divide into groups and then make a presentation and explain why handling the situation in a positive way is more effective ([www.dreamblueprints.com](http://www.dreamblueprints.com)).

**Study Skills Strategies: (Nathan W. Lewis)**
This session stresses development of positive attitudes and improvement of basic learning habits. The session will include seven strategies for effective learning, value assessment and educational goal setting. Stresses strategies in understanding and responding to textbooks, lectures, and other methods and materials encountered in the academic environment. The emphasis will be on organization of materials, note-taking, time management, and preparing for and taking examinations.

(Northwest High School, Educator/Coach) (Nathan_W_Lewis@mcpsmd.org)

**Fatherhood and Mentorship Initiative: (Mu Nu Chapter of Omega Psi Phi Fraternity)**
Omega Psi Phi Fraternity, Inc. is partnered with President Obama’s White House Fatherhood and Mentoring initiatives and is charged by the President to lead this initiative. Mu Nu Chapter is leading and partnering in three (4) Key Events during the 2013 calendar – the Game Changer Conference for Young Males, March of Dimes for Babies on April 27, Fathers, Sons, Mentors Activity Day (TBA) and a Father & Daughter Dance on December 7. The Fatherhood initiative session aim is to promote the urgent need of Black men to be responsible leaders in the household, workforce and community.

(Mu Nu Chapter, Montgomery County, [http://www.munuques.org/fatherhood](http://www.munuques.org/fatherhood))

**Bullying: Change The Game, The Choice is Yours! (Dr. Joey N. Jones)**
Some students view bullying as a game – somebody has to win and somebody has to lose. The fact of the matter is nobody wins, when bullying is the name of the game. Students have important roles to play in responding to and preventing bullying. Discover the power you have inside that can make all the difference. Also, what about cyberbullying? One in five students report being cyberbullied. Learn how to beat the odds. Bullying is no match for a Game Changer!

**Image and Stereotypes in the Media: (Isaiah Wallace)**
Don't be too quick to say, "The media don't affect me!" This workshop will address the different stereotypes in the media that affect our youth today. People all over the world use the media every day. Whether it's using a computer, watching TV, reading a newspaper, talking on the phone, or listening to the radio – many of us interact with media daily. Through the media, you can find out about important news, listen to your favorite music, rap, hip hop, or watch your favorite TV show. But there are also negative sides of the media that can be especially harmful to teens and young adults like you. Workshop will center on interactive discussion about these topics. Students will learn about the cultural stereotype seems to on a daily basis. (Isaiah Wallace, Montgomery College 2013 Graduate, iwalleceiii@gmail.com)
WHAT IS STEM+M? (Charles Hobson) Get SMART, Get Paid, and Get Ahead

STEM (Science, Technology, Engineering, Mathematics and Medical) is the future! The STEM workshop is an introduction to exciting career fields that is essential for competing in the 21st Century job market. We want to encourage interest in science, technology, engineering and math, and medical career fields so that students have the skills needed to successfully access STEM careers in the future. Students will work on creating programmed robots, problem-solving, hands-on, while having fun learning skills. Aim is to develop "Future Leaders, Scientists, Engineers, Doctors, Information Technology professionals! (Charles Hobson, chjr08@yahoo.com)

Concurrent Workshops - Afternoon

Healthy Minds and Healthy Body Fitness: (Kareem Johnson, and Greg Sydnor)
This session is designed for fitness fun. Participants will have the opportunity to exercise, network with each through a series of mini fitness challenges and activities, learn some basic nutrition facts as well as healthy eating and living tips. We hope that this workshop will inspire participants to take care of themselves inside and out, through their mind, body and soul. (kareemjohnson124@gmail.com)

Game Changing Plays For Positive Relationships: (Adrian Burnim)
This interactive workshop is designed for the adolescent males. This workshop will give participants the 411 on healthy positive relationships. The major task of adolescent development is to determine Who Am I? (Identify) and What role(s) will I play in family and community life as an adult? (Role Confusion). In this workshop, participants will explore aspects of identity and ability in order to make the connection between how who they are now and who they hope to become will ultimately determine the types of young ladies they will attract and the types of romantic/intimate relationships they will have in the future. (Howard University Fellow, Aburnim37@aol.com)

Social Media: Discretion (Albert Thompson and IT Professionals)
Everything you think, feel, and see, you shouldn’t post! This session is designed to heighten the awareness of our young people in the proper use of social media. Our discussion will center on self-empowerment behind social media, identifying current social media networks, being mindful of the context when using social media, the impact on your reputation (and ultimately your legacy) and building your personal brand “socially.” (http://transientidentiti.com/work)

To Be a # 1 Draft Pick (John Haynes)
You can be a draft lottery pick in the real game of “life” if you prepare yourself for excellence. This session will help you “showcase your gifts and talents, work history. Resume writing that is effectively formatted, well-organized resume can get you in the zone. You will be introduced to interview strategies, key phrases on how to please the hiring manager. Like the TV commercial for the 5-hour Energy Drink…it takes preparation, focus, and alertness. It’s knowing beyond a doubt, you’ve got this because you are prepared, well rehearsal and ready to go for it! It’s keeping in the zone. A #1 Draft Pick of any kind takes knowledge, preparation and follow-up on what they must do to prepare to compete in the new global work force for the 21st Century. (regeneration3@gmail.com)

Fatherhood and Mentorship Initiative: (Mu Nu Chapter of Omega Psi Phi Fraternity)

Man School - What it means to 'Man Up' (Stacey Jordan)

Lunch Speakers: Officer Eric Burnett, Montgomery County Police Department
Racial Profiling “Are You a Willing Participant”
Racial profiling refers to the use of an individual's race or ethnicity by law enforcement personnel as a key factor in deciding whether to engage in enforcement (e.g. make a traffic stop or arrest). As a Black Male, are you making good decisions with who you are hanging out with? Do you know what is in your friend’s vehicle when you get in and get stopped by a police officer for traffic violations? How do you properly engage a police officer when you are stop in your vehicle for traffic violations?
(Police Officer Eric Burnett, countitbasketball@gmail.com)

Open Session:

Parent Workshop at 2 p.m.
Parents and Guardians are encouraged to attend workshop to learn how to be a better advocate for their student(s). Speakers: Montgomery College, Dudley Howard, Donald Wharton Magruder High School Educator, and Carla Dickerson, known as the Scholarship Lady.

Sign-up for 3-Day SAT/ACT Boot Camp on September 22, 23 and 24, 2014. UCF enters its 3rd year partnering with the Scholarships Lady, Carla Dickerson to host a 3-Day SAT/ACT Boot Camp to assist students with their preparation. Students learn the exam methodology and strategies for selecting the correct answers during the Exam. The Scholarship Lady and her team of certified instructors will equip students with an easy and clearer understanding of test taking skills. We have added refresher clinics throughout the year, for additional information check web sites. (http://thescholarshipladydc.com and www.ucfinc.org)

Clearinghouse Eligibility Requirements for Sports: This session is designed to assist student-athletes with successfully obtaining academic or athletic SCHOLARSHIPS to help make their college dreams a reality. (Shawn Hawkins, writetosucceed@aol.com)

Mission: To prepare young males for a “Game Changer” experience by helping them build the confidence, competencies, and values they need to get to the next level and become a Success Story. We want to encourage our young males to reach their full potential resulting in boosting High School and College Graduation rates.

2:00 p.m. Closeout Session for Parents, Guardian, Students, Coaches, Counselors, Community
"Game Changer"
Conference for Young Males
Saturday, March 29, 2014
8:00 a.m. – 4:00 p.m.
Montgomery College


ESSAY Competition: How do you become a Game Changer? Student’s essays will be evaluated and a winner will be recognized in each age division.

Visit Highlights:
http://youtu.be/JKMdFkLC0Zw (Promo)
http://youtu.be/Nvfrt9UH6GY
http://youtu.be/RTJrYRIoo9E
http://youtu.be/H1Ye2JPDvcc

For more information contact: Donald Williams (301) 641-7261 or aimhighinlife@aol.com.

Game Changer
“Winning with Academics and Athletics”

Mission: To positively impact young males in (3rd grade & up) middle school, high school through college for a “game changing” experiences that promote confidence, competencies and values they need to get to the next level and become a SUCCESS STORY!

Goal: To promote strategies for winning with academics and athletics and to encourage our young males to strive for excellence in all areas of their lives.

Community Working Together to Win the Future!
# GAME CHANGER CONFERENCE FOR YOUNG MALES

## THE SCHEDULE

<table>
<thead>
<tr>
<th>TIMES</th>
<th>Ages Group: Elementary Students (3-5) Dr. Martin Luther King, Jr. Group</th>
<th>Ages Group: Middle School Students (6-8) Dr. Charles Drew Group</th>
<th>Ages Group: High School Students (9-12) President Barack Obama Group</th>
<th>Ages Group: College Students Post High School Dr. Benjamin E. Mays</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 to 9:30 a.m.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:30 to 10 a.m.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| 10:05 to 10:35 | Concurrent Workshop “Study Skills”  
Be an “A” Student  
(Nathan Lewis)                                                                 | Concurrent Workshop Bullying: Change The Game, The Choice is Yours!  
(Dr. Joey Jones)                                                                 | Concurrent Workshop “Fatherhood Initiative”  
(Mu Nu Chapter Brothers)                                                                 | Concurrent Workshop Man School - What it means to ‘Man Up’  
(Stacey Jordan)                                                                 |
| 10:40 to 11:10 pm | Concurrent Workshop Bullying: Change The Game, The Choice is Yours!  
(Dr. Joey Jones)                                                                 | Concurrent Workshop “Study Skills”  
Be an “A” Student  
(Nathan Lewis)                                                                 | Concurrent Workshop Man School - What it means to ‘Man Up’  
(Stacey Jordan)                                                                 | Concurrent Workshop “Fatherhood Initiative”  
(Mu Nu Chapter Brothers)                                                                 |
| 11:15 to 11:45 pm | Concurrent Workshop STEM  
(Charles Hobson)                                                                 | Concurrent Workshop “Fatherhood Initiative”  
(Mu Nu Chapter Brothers)                                                                 | Concurrent Workshop Image and Symbols for Success  
(Israel Wallace)                                                                 | Concurrent Workshop Game Changing Plays for Positive Relationships  
(Adrian Burnim)                                                                 |
| 12:15 to 1 pm |                                                                                   |                                                                                      |                                                                 |                                                                 |
| 12:15 to 1 pm |                                                                                   | Lunch Time  
Mu Nu Slide Show – “Wisdom and Knowledge”  
Racial Profiling “Are You a Willing Participant”  
Police Officer Eric Burnett  
GROUP PHOTO                                                                 |                                                                 |                                                                 |
| 1:05 to 1:30 pm | Concurrent Workshop Healthy Minds and Bodies Fitness  
Kareem Johnson & Greg Sydnor                                                                 | Concurrent Workshop Social Media: Discretion  
(Albert Thompson and IT Professionals)                                                                 | Concurrent Workshop Game Changing Plays for Positive Relationships  
(Adrian Burnim)                                                                 | Concurrent Workshop To be (# 1) Draft Pick Resume and Interview Strategies  
(John Haynes)                                                                 |
| 1:35 to 2:05 pm | Concurrent Workshop (Rap Session)  
(Team Leaders)                                                                 | Concurrent Workshop Man School - What it means to ‘Man Up’  
(Stacey Jordan)                                                                 | Concurrent Workshop Social Media: Discretion  
(Albert Thompson and IT Professional)                                                                 | Concurrent Workshop Image and Symbols for Success  
(Israel Wallace)                                                                 |
| 2:00 pm |                                                                                   |                                                                                      |                                                                 |                                                                 |
| 2:45 pm | Keynote Speaker - Dr. Gregory E. Bell, Ph.D.  
Director, Office of Diversity Initiatives, Montgomery County Public School System                                                                 |                                                                 |                                                                 |                                                                 |
| 3:30 pm | Closing Remarks and Appreciation to Speakers                                                                 |                                                                                      |                                                                 |                                                                 |

**ESSAY Writing Competition:** How do you become a Game Changer? Student’s 250 word essays will be evaluated and a winner will be recognized in each age division. Speakers will be around to address your questions after the program.

**Community Working Together to Win the Future!**

[www.UCFINC.org – Corporate Sponsorship and Donations Welcome](#)