

Understanding Anxiety

presentation by Dr. Jonathan Dalton

Damascus HS, 7:00PM

November 28, 2017

Parents in the Damascus HS & Clarksburg HS Clusters:

Please join us to learn more about helping your child manage stress and anxiety. Our guest speaker will be Dr. Jonathan Dalton.

When: November 28, 2017 7:00PM

Where: Damascus High School Media Center

Sponsored by the Damascus HS Cluster School Counselors, Pupil Personnel Workers and School Psychologists

About Dr. Dalton

Dr. Dalton is a licensed psychologist and the Director of the Center for Anxiety and Behavioral Change. He specializes in the treatment of children, adolescents, and adults who are experiencing anxiety and behavioral disorders. He has particular expertise in the treatment of anxiety-based school refusal and Social Phobia (Social Anxiety Disorder).