

Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

Important Resources:

- American Psychological Association: How to help in an emotional crisis
www.apa.org/helpcenter
- American Psychological Association: Helping your child manage distress in the aftermath of a shooting <https://www.apa.org/topics/gun-violence-crime/shooting-aftermath>
- National Association of School Psychologists: School Safety and Crisis
<https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis>

From MCPS

- Be Well 365
<https://www.montgomeryschoolsmd.org/departments/student-services/wellbeing/index-new.aspx>
- Office of Student Family Support and Engagement
<https://www.montgomeryschoolsmd.org/departments/student-services/>
- Mental Health Awareness Week
<https://www.montgomeryschoolsmd.org/mental-health/fair/index.aspx>
- MCPS Waymaking
<https://www.youtube.com/playlist?list=PLkZwAghwrSyvlgVRCWXjpiI4iBWRK0LwI>

Important Support Phone Lines

- Montgomery County Crisis Hotline - 301-738-2255
- Maryland Safe Schools Tip Line - 833-MD-B-SAFE
- Montgomery County Crisis Center - 240-777-4000
- Employee Assistance Program (EAP) for MCPS staff - 240-401-6498