

# SPRING 2011 Schedule of Workshops

Parent Academy workshops give parents tips and tools to help their children be successful in school.

All workshops are **FREE** and held at schools and locations throughout Montgomery County.

*Child care and interpretation services are provided.*



A program of the Department of Family and Community Partnerships

**The MCPS Parent Academy would not be possible without the support of our generous partners:**

- ABC 7 WJLA-TV
- Drive2Survive
- Education for All
- Fitness for Health
- Foundation for Financial Education
- GUIDE Program, Inc.
- Mental Health Association of Montgomery County
- Mid-Atlantic Federal Credit Union
- Montgomery College
- Montgomery County Child Care Resource & Referral Center
- Montgomery County Federation of Families for Children's Mental Health
- Montgomery County Police Department
- Montgomery County State's Attorney's Office
- Mount Calvary Baptist Church
- National Alliance on Mental Illness, Montgomery County
- National Institutes of Health
- Peer2Peer Tutors
- Priority Partners
- Walmart, Germantown
- Wheaton Seventh Day Adventist Church
- Work Life Coaching
- YMCA Youth and Family Services
- Washington Talent Agency

*The MCPS Department of Family and Community Partnerships also would like to thank all MCPS staff members who donate their time and expertise to lead Parent Academy workshops.*

### What people are saying about the Parent Academy ...

- "Excellent program. Informative. Encouraging. Empowering!"*  
—Parent, Argyle MS student
- "I'm so glad I had the opportunity to attend the workshop and bring my two kids with me. We left with so much to think about and discuss. I will definitely tell my friends to attend next time!"*  
—Parent, Martin Luther King, Jr. MS and Seneca Valley HS students
- "Thanks for supporting us in the development of our children."*  
—Parent, Olney ES student



## Sign up for one or more workshops today!

### There are 4 easy ways to register ...

**ONLINE**  
*Register at*  
[www.mcpsparentacademy.org](http://www.mcpsparentacademy.org)

**BY PHONE**  
*Call*  
301-517-5940

**BY MAIL**  
*Send to*  
Parent Academy  
Department of Family and Community Partnerships  
850 Hungerford Drive, Room 50  
Rockville, Maryland 20850

**BY FAX**  
*Send to*  
301-279-3815

### Registration Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, ZIP Code: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

What school(s) do your children attend? \_\_\_\_\_

Do you need an interpreter? If yes:  Amharic  Chinese  French  Korean  
 Spanish  Vietnamese

Do you need child care? (ages 3-12) If yes, number of children \_\_\_\_\_

*Please submit interpretation requests two weeks prior to the date of the workshop.*

Workshop Title: \_\_\_\_\_ Date: \_\_\_\_\_ Location: \_\_\_\_\_

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**For more information, visit**  
[www.mcpsparentacademy.org](http://www.mcpsparentacademy.org)

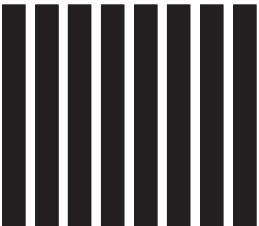


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Department of Family and Community Partnerships  
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Rockville, MD 20850

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**Autism—Overview and Supports**

WEDNESDAY, MAY 25 7:00–8:30 P.M.  
Autism is a developmental disorder marked by impairment of communication and social/emotional functioning, often accompanied by severe intellectual impairment. At this workshop, you will learn ways to help your children and find out about supports available to them.  
**Robert Frost MS, 9210 Scott Dr., Rockville 20850**

**Welcome to Kindergarten!**

WEDNESDAY, JUNE 1 7:00–8:30 P.M.  
Staff members from the Division of Early Childhood Programs and Services will give an overview of the kindergarten year and explain what your children will be learning in school. For parents of incoming kindergartners.  
**Rosemont ES, 16400 Alden Ave., Gaithersburg, 20877**

**Transitioning to Middle School**

WEDNESDAY, JUNE 1 7:00–8:30 P.M.  
Make the road to middle school a smooth one. Learn ways you and your child can stay engaged with school and focused on learning, how to monitor your child's performance, and tips on motivating your child to succeed. For parents of incoming sixth graders.  
**Eastern MS, 300 University Blvd., East, Silver Spring 20901**

**Summer Safety**

THURSDAY, JUNE 2 7:00–8:30 P.M.  
Learn tips for summer safety from a community health advocate. Topics include protection from too much sun, excessive heat/humidity, pool and bike safety, insect bites, and more. Presented by Priority Partners.  
**South Lake ES, 18201 Contour Rd., Gaithersburg 20877**

**Transitioning to High School**

THURSDAY, JUNE 2 7:00–8:30 P.M.  
Learn what goes on in the world of high school and how to support your child in making the transition from middle school. Parents will receive information about course selection and graduation requirements. For parents of incoming ninth grade students.  
**John F. Kennedy HS, 1901 Randolph Rd., Silver Spring 20902**

**Computer Smart (part 3 of 3)**

MONDAY, JUNE 6 6:30–8:30 P.M.  
See May 2.  
**Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853**

**Ask MCPS—Night on the Town**

FRIDAY, JUNE 10 6:00–8:00 P.M.  
Join MCPS staff in downtown Silver Spring for a night of information and family fun! Bring your questions, find out about programs and services in the school system, pick up resources, and take home tips on how to help your children in school. Facilitated by the MCPS Department of Family and Community Partnerships. Entertainment provided by Washington Talent Agency.  
**Downtown Silver Spring, 908 Ellsworth Dr., Silver Spring 20910**

**Preparing Your Child for College (Spanish)**

THURSDAY, MAY 12 7:00–8:30 P.M.  
Learn strategies from Montgomery College experts to help your child prepare for college and how to support your students as they work toward a diploma. Presented in Spanish.

**Montgomery Blair HS, 51 University Blvd. East, Silver Spring 20901**

**Financing Your Child's College Education (Spanish)**

MONDAY, MAY 16 7:00–8:30 P.M.  
A Montgomery College Financial Aid Outreach Counselor will provide an overview of the financial aid application process, including information about federal, state, institutional, and private financial aid programs. The workshop also will include information on financial aid applications, deadlines, and online resources for students and parents.

**Col. Zadok Magruder HS, 5939 Muncaster Mill Rd., Rockville 20855**

**Computer Smart (part 2 of 3)**

MONDAY, MAY 16 6:30–8:30 P.M.  
See May 2.  
**Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853**

**Common Core State Standards**

WEDNESDAY, MAY 18 7:00–8:30 P.M.  
Maryland and most other states in the nation have adopted the Common Core State Standards for College and Career Readiness—new, rigorous standards for mathematics and English language arts. Come and learn more about the standards and how they will affect the MCPS curriculum.  
**Briggs Chaney MS, 1901 Rainbow Dr., Silver Spring 20904**

**Conquista tus Sueños (part 3 of 3) (Spanish)**

WEDNESDAY, MAY 18 7:00–8:30 P.M.  
See May 4. Presented in Spanish.  
**Parkland MS, 4610 West Frankfort Dr., Rockville 20853**

**Choosing Quality Child Care**

THURSDAY, MAY 19 7:00–8:30 P.M.  
Do you need help selecting quality child care? Learn about the different types of child care, questions to ask providers, how to check references, and what to look for when observing potential child care providers. Characteristics of quality child care for infants, toddlers, preschoolers, and school-age children will be discussed. Presented by the Montgomery County Child Care Resource & Referral Center.  
**Kingsview MS, 18909 Kingsview Rd., Germantown 20874**

**Everyday Reading During the Summer**

WEDNESDAY, MAY 25 7:00–8:30 P.M.  
The more children read, the better they do in school. Keep your children reading over the summer and ahead of the game. You will learn strategies to help children make reading a part of their everyday routine. For parents of pre-K through fifth grade students.  
**Arcola ES, 1820 Franwall Ave., Silver Spring 20902**

**CyberSafety**

WEDNESDAY, MAY 4 7:00–8:30 P.M.  
Learn about the most common websites used by children and safety issues related to computer and cell phone use. Presented in collaboration with the Montgomery County State's Attorney's Office and the Montgomery County Police Department.

**Roberto W. Clemente MS, 18808 Waring Station Rd., Germantown 20874**

**Conquista tus Sueños (part 1 of 3) (Spanish)**

WEDNESDAY, MAY 4 7:00–8:30 P.M.  
Parents play an important role in their children's education. Learn how to support your child's learning, speak up to help your child succeed, and access information and resources during Conquista tus Sueños (Realize Your Dreams). Attendance at all three sessions (5/4, 5/11, and 5/18) is encouraged. Presented in Spanish.

**Parkland MS, 4610 West Frankfort Dr., Rockville 20853**

**Bright Futures for Students with Learning Disabilities and Significant Disabilities**

THURSDAY, MAY 5 7:00–8:30 P.M.  
See April 14.  
**Cabin John MS, 6300 Tilden Ln., Rockville 20852**

**Helping Kids Deal with Anger**

WEDNESDAY, MAY 11 7:00–8:30 P.M.  
This workshop will provide parents with strategies to help their children deal with anger in a positive way. Led by a parent educator with YMCA Youth & Family Services.  
**Argyle MS, 2400 Bel Pre Rd., Silver Spring 20906**

**Conquista tus Sueños (part 2 of 3) (Spanish)**

WEDNESDAY, MAY 11 7:00–8:30 P.M.  
See May 4. Presented in Spanish.  
**Parkland MS, 4610 West Frankfort Dr., Rockville 20853**

**The Teen Years: Effective Parenting Skills (English and Spanish)**

WEDNESDAY, MAY 11 7:00–8:30 P.M.  
GUIDE Youth Services will present the tools you need to help develop effective parenting skills during the teenage years. Learn how to strengthen and enhance family communication, and explore techniques to develop age-appropriate expectations of behavior and consequences. Presented in English and Spanish.  
**Rosa M. Parks MS, 19200 Olney Mill Rd., Olney 20832**

**Elementary Integrated Curriculum**

THURSDAY, MAY 12 7:00–8:30 P.M.  
The Elementary Integrated Curriculum (EIC) is now being piloted in kindergarten and Grade 1 in many MCPS schools and will expand to kindergarten, Grade 1, and Grade 2 in all schools in 2011–2012. Learn how the design of the EIC helps children become better thinkers and prepares them for the MCPS middle and high school curricula.  
**Rock Creek Forest ES, 8330 Grubb Rd., Chevy Chase 20815**

**Smart College Financial Planning**

WEDNESDAY, APRIL 27 7:00–8:30 P.M.  
Learn how to plan for the rising cost of college through a range of options. Also learn about the financial aid application process and current loan programs. Presented by the Foundation for Financial Aid.

**Lakelands Park MS, 1200 Main St., Gaithersburg 20878**

**Bright Futures for Students with Learning Disabilities and Significant Disabilities**

WEDNESDAY, APRIL 27 7:00–8:30 P.M.  
See April 14.  
**Sligo MS, 1401 Dennis Ave., Silver Spring 20902**

**Can We Talk? Speaking Up for Your Children to Help Them Succeed**

THURSDAY, APRIL 28 7:00–8:30 P.M.  
Developed for parents by the MCPS Parent Advisory Council, this workshop offers information on how to talk effectively with teachers and principals and advocate for your children.  
**Bethesda-Chevy Chase HS, 4301 East-West Hwy., Bethesda 20814**

**Middle School Science: Preparing Our Future Citizens**

THURSDAY, APRIL 28 7:00–8:30 P.M.  
The MCPS middle school science courses *Investigations in Science 6*, *Investigations in Science 7*, and *Honors Earth Space Systems* provide a research-based approach to learning that engages students in real-world issues and critical thinking. Come and ponder some of the problems posed to students, see examples of instructional activities, and learn about the curriculum.

**Forest Oak MS, 651 Saybrooke Oaks Blvd., Gaithersburg 20877**

**Understanding Your Child's Personality Type**

MONDAY, MAY 2 7:00–8:30 P.M.  
What motivates your child? A certified Myers-Briggs Type Indicator practitioner will help you improve your effectiveness as a parent by understanding your child's learning style, ways of working with others, ability to build relationships, and responses to discipline.

**Newport Mill MS, 11311 Newport Mill Rd., Kensington 20895**

**Computer Smart (part 1 of 3)**

MONDAY, MAY 2 6:30–8:30 P.M.  
Explore the MCPS website and online resources, set up an Edline account, and learn about Microsoft Office programs in this beginning-level workshop. Facilitated by an MCPS technology teacher. Attend one session or all three (5/2, 5/16, and 6/6).  
**Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853**

**Back Talk, Eye Rolls, and Attitude: How to Respond when Children are Disrespectful**

MONDAY, APRIL 11 7:00–8:30 P.M.  
Are you getting a lot of "attitude" from your kids? Do you ignore it or confront it? Are you concerned about how children treat each other? Learn how to respond to disrespectful behavior and how to build positive relationships with your kids. Led by a parent educator with YMCA Youth & Family Services.

**White Oak MS, 12201 New Hampshire Ave., Silver Spring 20904**

**Fun, Family, and Fitness...Are Those Words Really Compatible?**

MONDAY, APRIL 11 7:00–8:30 P.M.  
Come learn how to take the "work" out of workout and experience out-of-the-box family fun. Marc Sickel, owner and founder of Fitness for Health, will demonstrate easy fitness activities for every family. Get ready to have fun, be creative, and play!

**Shady Grove MS, 8100 Midcounty Hwy., Gaithersburg 20877**

**Come on In! Forging a Strong Partnership with Your Child's School**

MONDAY, APRIL 11 7:00–8:30 P.M.  
Countless studies show that students do better in school when there is a positive relationship between home and school. This workshop, developed by the MCPS Parent Advisory Council, will walk you through characteristics of a strong family-school partnership and give you tips on how to become one of your school's most valuable partners.

**Carver Educational Services Center, 850 Hungerford Dr., Auditorium, Rockville 20850**

**MCPS Mathematics: It's as Easy as 1-2-3**

WEDNESDAY, APRIL 13 7:00–8:30 P.M.  
Come learn how the recommendations of the MCPS Mathematics Work Group will be put into action. Parents will receive information about mathematics courses and discuss ways to help their students with mathematics at home.

**Gaithersburg MS, 2 Teachers' Way, Gaithersburg 20877**

**Understanding ADHD and How to Help Your Child**

WEDNESDAY, APRIL 13 7:00–8:30 P.M.  
Explore strategies to manage behaviors related to attention deficit hyperactivity disorder (ADHD) that may interfere with academic and social success. Definitions of ADHD—inattentive type and hyperactive-impulsive type—will be discussed, and questions from participants will be addressed.

**William H. Farquhar MS, 16915 Batchellors Forest Rd., Olney 20832**

**Bright Futures for Students with Learning Disabilities and Significant Disabilities**

THURSDAY, APRIL 14 7:00–8:30 P.M.  
How can families and the school work together to prepare students with intellectual, emotional, and other significant disabilities to fulfill their dreams? Learn about high school choices to help students succeed.

**Benjamin Banneker MS, 14800 Perrywood Dr., Burtonsville 20866**

