

2021 SUMMER BAG MEALS

MONDAY 6/21/21		TUESDAY 6/22/21		WEDNESDAY 6/23/21		THURSDAY 6/24/21		FRIDAY 6/25/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
CAL		CAL		CAL		BREAKFAST				CAL		CAL	
Cinnamon Roll^{^WGIW} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Turkey Ham⁺ + Cheese on Hawaiian Bun^{WGIW} 186	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{pWGIW} 631		Turkey Ham⁺ + Turkey⁺ + Cheese Sandwich^{WGIW} 221		Chicken Patty⁺ Sandwich^{WG} 342		Turkey⁺ + Chicken Ham⁺ + Cheese Sub^{WG} 320		Chicken Ham⁺ + Cheese Croissant^{WG} 340		BBQ Beef Rib⁻ Sandwich^{WGIW} 282		Grilled Cheese Sandwich^{^WGIW} 280	
OR		Baby Carrots 35		Roasted Chickpeas 160		Lettuce + Tomato Cup 11		Grape Tomatoes w/ Ranch 9/55		Broccoli 15		Marinara Cup 45	
Turkey Sandwich⁺ on Bun^{WGIW} 230		Raisins 127		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Fruit Sorbet 77	
Veggie Juice 40		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50													
Milk 90-120													
6/28/21		6/29/21		6/30/21		7/01/21		7/02/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
BREAKFAST													
Cinnamon Roll^{^WGIW} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Maple Beef Sausage⁻ Pancake Sandwich^{^WGIW} 143	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{pWGIW} 631		Yogurt + Granola^{^WG} 180/220		Chicken Ham⁺ + Cheese Sandwich^{WGIW} 290		Turkey⁺ + Cheese Croissant^{WG} 331		Chicken Patty⁺ Sandwich^{WG} 342		Turkey⁺ + Turkey Ham⁺ + Cheese Sandwich^{WGIW} 221		Cheeseburger Sliders^{-WGIW} 272	
OR		Veggie Juice 40		Grape Tomatoes w/ Ranch 9/55		Celery w/ Peanut Butter Cups ^p		Broccoli 15		Roasted Chickpeas 160		Veggie Juice 40	
Turkey Sandwich⁺ on Bun^{WGIW} 230		Craisins 110		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Dried Fruit Mix 120	
Baby Carrots 35		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50													
Milk 90-120													

ALTERNATES: (1) Blueberry WG Chex · (2) Hummus Cups⁺ OR (2) Cheese Sticks[^] OR (2) Peanut Butter Cups^{pv} OR (1) PBJ (Uncrustable)^{pv} OR Turkey⁺ (No Cheese) Sandwich^{WGIW} · 1 Grain Choice, ½ c Veg Choice, ½ c Fruit, ½ c Fruit Juice, (1) Veggie Juice, Milk

2021 SUMMER BAG MEALS

MONDAY 7/05/21		TUESDAY 7/06/21		WEDNESDAY 7/07/21		THURSDAY 7/08/21		FRIDAY 7/09/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY			
CAL		CAL		CAL		CAL		CAL		CAL	
BREAKFAST											
HOLIDAY	Cereal Bar^{^WGIW} 140	Mini Cinni Bagel^{^WGIW} 240	Cereal^{^WG} 100	Cinnamon Roll^{^WGIW} 232	Raspberry Bar^{^WG} 231	Turkey Ham⁺ + Cheese on Hawaiian Bun^{WGIW} 186					
	Orange Juice 60 Milk 90-120	Apple Juice 60 Milk 90-120	Orange Juice 60 Milk 90-120	Apple Juice 60 Milk 90-120	Orange Juice 60 Milk 90-120	Orange Juice 60 Milk 90-120					
LUNCH											
HOLIDAY	Peanut Butter + Jelly Sandwich^{pWGIW} 631 OR Turkey Sandwich⁺ on Bun^{WGIW} 230	Turkey Ham⁺ + Turkey⁺ + Cheese Sandwich^{WGIW} 221	Chicken Patty⁺ Sandwich^{WG} 342	Chicken Ham⁺ + Cheese Croissant^{WG} 340	BBQ Beef Rib⁻ Sandwich^{WGIW} 282	Cheese Cavatappi^{WG^} 428					
	Veggie Juice 40 Applesauce Cup 50 Milk 90-120	Baby Carrots 35 Raisins 127 Milk 90-120	Roasted Chickpeas 160 Fresh Fruit 30-96 Milk 90-120	Grape Tomatoes w/ Ranch 9/55 Fresh Fruit 30-96 Milk 90-120	Broccoli 15 Fresh Fruit 30-96 Milk 90-120	Marinara Cup 45 Fruit Sorbet 77 Milk 90-120					
7/12/21		7/13/21		7/14/21		7/15/21		7/16/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY			
BREAKFAST											
Cinnamon Roll^{^WGIW} 232	Cereal Bar^{^WGIW} 140	Mini Cinni Bagel^{^WGIW} 240	Cereal^{^WG} 100	Cinnamon Roll^{^WGIW} 232	Raspberry Bar^{^WG} 231	Maple Beef Sausage⁻ Pancake Sandwich^{^WGIW} 143					
Apple Juice 60 Milk 90-120	Orange Juice 60 Milk 90-120	Apple Juice 60 Milk 90-120	Orange Juice 60 Milk 90-120	Apple Juice 60 Milk 90-120	Orange Juice 60 Milk 90-120	Orange Juice 60 Milk 90-120					
LUNCH											
Peanut Butter + Jelly Sandwich^{pWGIW} 631 OR Turkey Sandwich⁺ on Bun^{WGIW} 230	Yogurt + Granola^{^WG} 180/220	Chicken Ham⁺ + Cheese Sandwich^{WGIW} 290	Turkey⁺ + Cheese Croissant^{WG} 331	Chicken Patty⁺ Sandwich^{WG} 342	Turkey⁺ + Turkey Ham⁺ + Cheese Sandwich^{WGIW} 221	Cheeseburger Sliders^{-WGIW} 272					
Baby Carrots 35 Applesauce Cup 50 Milk 90-120	Veggie Juice 40 Craisins 110 Milk 90-120	Grape Tomatoes w/ Ranch 9/55 Fresh Fruit 30-96 Milk 90-120	Celery w/ Peanut Butter Cups ^p 3/200 Fruit Punch 60 Milk 90-120	Broccoli 15 Fresh Fruit 30-96 Milk 90-120	Roasted Chickpeas 160 Fresh Fruit 30-96 Milk 90-120	Veggie Juice 40 Dried Fruit Mix 120 Milk 90-120					

ALTERNATES: (1) Blueberry WG Chex · (2) Hummus Cups⁺ OR (2) Cheese Sticks[^] OR (2) Peanut Butter Cups^{pv} OR (1) PBJ (Un crustable)^{pv} OR Turkey⁺ (No Cheese) Sandwich^{WGIW} · 1 Grain Choice, ½ c Veg Choice, ½ c Fruit, ½ c Fruit Juice, (1) Veggie Juice, Milk

2021 SUMMER BAG MEALS

MONDAY 7/19/21		TUESDAY 7/20/21		WEDNESDAY 7/21/21		THURSDAY 7/22/21		FRIDAY 7/23/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
CAL		CAL		CAL		BREAKFAST				CAL		CAL	
Cinnamon Roll^{^WG} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Turkey Ham⁺ + Cheese on Hawaiian Bun^{^WGIW} 186	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{^WGIW} 631		Turkey Ham⁺ + Turkey⁺ + Cheese Sandwich^{^WGIW} 221		Chicken Patty⁺ Sandwich^{^WG} 342		Turkey⁺ + Chicken Ham⁺ + Cheese Sub^{^WG} 320		Chicken Ham⁺ + Cheese Croissant^{^WG} 340		BBQ Beef Rib[~] Sandwich^{^WGIW} 282		Grilled Cheese Sandwich^{^WGIW} 280	
OR				Roasted Chickpeas 160		Lettuce + Tomato Cup 11		Grape Tomatoes w/ Ranch 9/55		Broccoli 15		Marinara Cup 45	
Turkey Sandwich⁺ on Bun^{^WGIW} 230		Baby Carrots 35		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Fruit Sorbet 77	
Veggie Juice 40		Raisins 127		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50		Milk 90-120											
Milk 90-120													
7/26/21		7/27/21		7/28/21		7/29/21		7/30/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
BREAKFAST													
Cinnamon Roll^{^WGIW} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Maple Beef Sausage[~] Pancake Sandwich^{^WGIW} 143	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{^WGIW} 631		Yogurt + Granola^{^WG} 180/220		Chicken Ham⁺ + Cheese Sandwich^{^WGIW} 221		Turkey⁺ + Cheese Croissant^{^WG} 340		Chicken Patty⁺ Sandwich^{^WG} 342		Turkey⁺ + Turkey Ham⁺ + Cheese Sandwich^{^WGIW} 221		Cheeseburger Sliders^{~WGIW} 272	
OR		Veggie Juice 40		Grape Tomatoes w/ Ranch 9/55		Celery w/ Peanut Butter Cups ^p 3/200		Broccoli 15		Roasted Chickpeas 160		Veggie Juice 40	
Turkey Sandwich⁺ on Bun^{^WGIW} 230		Craisins 110		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Dried Fruit Mix 120	
Baby Carrots 35		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50													
Milk 90-120													

ALTERNATES: (1) Blueberry WG Chex · (2) Hummus Cups[^] OR (2) Cheese Sticks[^] OR (2) Peanut Butter Cups^{pv} OR (1) PBJ (Uncrustable)^{pv} OR Turkey⁺ (No Cheese) Sandwich^{^WGIW} · 1 Grain Choice, ½ c Veg Choice, ½ c Fruit, ½ c Fruit Juice, (1) Veggie Juice, Milk

2021 SUMMER BAG MEALS

MONDAY 8/02/21		TUESDAY 8/03/21		WEDNESDAY 8/04/21		THURSDAY 8/05/21		FRIDAY 8/06/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
CAL		CAL		CAL		BREAKFAST				CAL		CAL	
Cinnamon Roll^{^WG} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Turkey Ham⁺ + Cheese on Hawaiian Bun^{^WGIW} 186	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{^WGIW} 631		Turkey Ham⁺ + Turkey⁺ + Cheese Sandwich^{^WGIW} 221		Chicken Patty⁺ Sandwich^{^WG} 342		Turkey⁺ + Chicken Ham⁺ + Cheese Sub^{^WG} 320		Chicken Ham⁺ + Cheese Croissant^{^WG} 340		BBQ Beef Rib⁻ Sandwich^{^WGIW} 282		Cheese Cavatappi^{^WG^} 428	
OR				Roasted Chickpeas 160		Lettuce + Tomato Cup 11		Grape Tomatoes w/ Ranch 9/55		Broccoli 15		Marinara Cup 45	
Turkey Sandwich⁺ on Bun^{^WGIW} 230		Baby Carrots 35		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Fruit Sorbet 77	
Veggie Juice 40		Raisins 127		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50		Milk 90-120											
Milk 90-120													
8/09/21		8/10/21		8/11/21		8/12/21		8/13/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
BREAKFAST													
Cinnamon Roll^{^WGIW} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Maple Beef Sausage⁻ Pancake Sandwich^{^WGIW} 143	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{^WGIW} 631		Yogurt + Granola^{^WG} 180/220		Chicken Ham⁺ + Cheese Sandwich^{^WGIW} 221		Turkey⁺ + Cheese Croissant^{^WG} 340		Chicken Patty⁺ Sandwich^{^WG} 342		Turkey⁺ + Turkey Ham⁺ + Cheese Sandwich^{^WGIW} 221		Cheeseburger Sliders^{-WGIW} 272	
OR		Veggie Juice 40		Grape Tomatoes w/ Ranch 9/55		Celery w/ Peanut Butter Cups ^p 3/200		Broccoli 15		Roasted Chickpeas 160		Veggie Juice 40	
Turkey Sandwich⁺ on Bun^{^WGIW} 230		Craisins 110		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Dried Fruit Mix 120	
Baby Carrots 35		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50													
Milk 90-120													

ALTERNATES: (1) Blueberry WG Chex · (2) Hummus Cups[^] OR (2) Cheese Sticks[^] OR (2) Peanut Butter Cups^{pv} OR (1) PBJ (Uncrustable)^{pv} OR Turkey⁺ (No Cheese) Sandwich^{^WGIW} · 1 Grain Choice, ½ c Veg Choice, ½ c Fruit, ½ c Fruit Juice, (1) Veggie Juice, Milk

2021 SUMMER BAG MEALS

MONDAY 8/16/21		TUESDAY 8/17/21		WEDNESDAY 8/18/21		THURSDAY 8/19/21		FRIDAY 8/20/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
CAL		CAL		CAL		BREAKFAST				CAL		CAL	
Cinnamon Roll^{^WG} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Turkey Ham* + Cheese on Hawaiian Bun^{WGIW} 186	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{pWGIW} 631		Turkey Ham* + Turkey* + Cheese Sandwich^{WGIW} 221		Chicken Patty* Sandwich^{WG} 342		Turkey* + Chicken Ham* + Cheese Sub^{WG} 320		Chicken Ham* + Cheese Croissant^{WG} 340		BBQ Beef Rib~ Sandwich^{WGIW} 282		Grilled Cheese Sandwich^{^WGIW} 280	
OR				Roasted Chickpeas 160		Lettuce + Tomato Cup 11		Grape Tomatoes w/ Ranch 9/55		Broccoli 15		Marinara Cup 45	
Turkey Sandwich* on Bun^{WGIW} 230		Baby Carrots 35		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Fruit Sorbet 77	
Veggie Juice 40		Raisins 127		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50		Milk 90-120											
Milk 90-120													
8/23/21		8/24/21		8/25/21		8/26/21		8/27/21 NO MEAL DISTRIBUTION ON SATURDAY + SUNDAY					
BREAKFAST													
Cinnamon Roll^{^WGIW} 232		Cereal Bar^{^WGIW} 140		Mini Cinni Bagel^{^WGIW} 240		Cereal^{^WG} 100		Cinnamon Roll^{^WGIW} 232		Raspberry Bar^{^WG} 231		Maple Beef Sausage Pancake Sandwich^{^WGIW} 143	
Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Apple Juice 60		Orange Juice 60		Orange Juice 60	
Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
LUNCH													
Peanut Butter + Jelly Sandwich^{pWGIW} 631		Yogurt + Granola^{^WG} 180/220		Chicken Ham* + Cheese Sandwich^{WGIW} 221		Turkey* + Cheese Croissant^{WG} 340		Chicken Patty* Sandwich^{WG} 342		Turkey* + Turkey Ham* + Cheese Sandwich^{WGIW} 221		Cheeseburger Sliders^{-WGIW} 272	
OR		Veggie Juice 40		Grape Tomatoes w/ Ranch 9/55		Celery w/ Peanut Butter Cups ^p 3/200		Broccoli 15		Roasted Chickpeas 160		Veggie Juice 40	
Turkey Sandwich* on Bun^{WGIW} 230		Craisins 110		Fresh Fruit 30-96		Fruit Punch 60		Fresh Fruit 30-96		Fresh Fruit 30-96		Dried Fruit Mix 120	
Baby Carrots 35		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120		Milk 90-120	
Applesauce Cup 50													
Milk 90-120													

ALTERNATES: (1) Blueberry WG Chex · (2) Hummus Cups[^] OR (2) Cheese Sticks[^] OR (2) Peanut Butter Cups^{pv} OR (1) PBJ (Un crustable)^{pv} OR Turkey* (No Cheese) Sandwich^{WGIW} · 1 Grain Choice, ½ c Veg Choice, ½ c Fruit, ½ c Fruit Juice, (1) Veggie Juice, Milk