

SECONDARY CAFE A LA CARTE

2018-19

A LA CARTE FAVORITES

CAL		
310-350	Pizza ^{^*} + (all)	\$2.80
288	Cheeseburger~ on Bun	\$1.80
270	Hamburger~ on Bun	\$1.55
400	Chicken Patty+/Spicy on Bun	\$2.30
259	Chicken Nuggets+	\$2.30
237-250	Chicken Bites+ (all)	\$2.30

A LA CARTE SNACKS

CAL		
▼	Cereal Bar	75¢
80	Cheese Sticks	25¢
▼	Cheeze It/Chex Mix	75¢
▼	Chips/Popcorn	75¢
191-195	Cookie	50¢
▼	Cookie I/W	75¢
▼	Elf Grahams	50¢
110-129	Dried Fruit	50¢
60-90	Fresh Fruit	75¢
13-109	Fresh Vegetables	50¢
50-80	Fruit Cup	50¢
▼	Fruit Snacks	75¢
239-260	Fruit & Yogurt Parfait (small)	\$1.25
438-459	Fruit & Yogurt Parfait (large)	\$2.50
120	Hummus	75¢
▼	Ice Cream (premium)	\$1.00
▼	Ice Cream (regular)	75¢
90	Pear/Apple Sauce	50¢
74-140	Potatoes (all)	75¢
▼	Salsa/Marinara Cup	50¢
140	Soft Pretzel	50¢
60	Sorbet, 100% Fruit Juice	75¢
▼	Sunflower Seeds	50¢
▼	Yogurt (4 oz.)	75¢
▼	Yogurt (8 oz.)	\$1.25

A LA CARTE BEVERAGES

CAL		
100% Fruit Juice		
▼	Naked [®] Juice 10 oz.	\$3.00
▼	Switch [®] /Apple & Eve [®] 8 oz.	\$1.00
▼	Capri Sun [®] 6 oz.	75¢
▼	4 oz.	50¢
Waters		
0	Fiji Water [®] (HS only)	\$3.00
▼	Fruit Wave [®] (HS only)	\$1.25
0	16 oz.	\$1.00
Milk		
80-120	Fat-Free White 8 oz.	60¢
	Fat-Free Flavored 8 oz.	60¢
	1% White 8 oz.	60¢
145	Soy Milk 8 oz.	\$1.00
Misc.		
130	Fruit Smoothies	\$1.50
39	Iced Decaf Coffee (HS only)	\$1.50
▼	Iced Decaf Tea (HS only)	\$1.25

SYMBOLS

~ Beef
 ^ Meatless
 P Peanuts
 * Pork
 + Poultry

▼ Vegan
 WG= Whole Grain

▼ See nutrition label on individually wrapped product.

Nutrient & Allergen Information
www.montgomeryschoolsmd.org/departments/food-and-nutrition/wellness-and-nutrition-information/#Allergen

Menu subject to change.

Effective September 4, 2018



DIVISION FOOD & NUTRITION SERVICES
 MONTGOMERY COUNTY PUBLIC SCHOOLS



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