

# JUNE 2019 STAFF A LA CARTE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>Pasta w/ Meat Sauce<sup>HM</sup></b> 383 cal \$2.80 <b>Baked Potato w/ Chicken, Broccoli &amp; Cheese<sup>HM</sup></b> 507 cal \$3.25 <b>Fruit &amp; Cheese Smart Snack</b> 317 cal \$2.80	<b>4</b> <b>Macaroni &amp; Cheese<sup>HM</sup></b> 382 cal \$2.80 <b>Vegetarian Chili<sup>HM</sup> w/ WG Chips</b> 416 cal \$2.55 <b>Co-Jack &amp; Salsa Smart Snack</b> 366 cal \$2.80	<b>5</b> <b>Taco Salad<sup>HM</sup></b> 426 cal \$4.00 <b>Deviled Eggs<sup>HM</sup> &amp; Veggies</b> 316 cal \$2.55 <b>Small Tossed Salad w/ Dressing</b> 59 cal \$2.75	<b>6</b> <b>Chicken Parmesan<sup>HM</sup> w/ Pasta</b> 414 cal \$3.25 <b>BBQ<sup>HM</sup> Chicken Drumstick w/ Green Beans</b> 359 cal \$3.25 <b>Fresh Veggie Sticks w/ Ranch Dip</b> 118 cal \$2.55	<b>7</b> <b>Asian Chicken Salad</b> 370 cal \$4.00 <b>Bacon &amp; Cheese Crustless Quiche<sup>HM</sup></b> 514 cal \$3.75 <b>Small Spinach Salad w/ Dressing</b> 119 cal \$2.75
<b>10</b>  No Staff A La Carte Offered	<b>11</b>  No Staff A La Carte Offered	<b>12</b>  No Staff A La Carte Offered	<b>13</b>  No Staff A La Carte Offered	<b>14</b>  No Staff A La Carte Offered



DIVISION OF  
**FOOD & NUTRITION SERVICES**  
 MONTGOMERY COUNTY PUBLIC SCHOOLS