



Your mental wellness.
Our mission.

MENTAL HEALTH RESOURCES FOR MONTGOMERY COUNTY

Montgomery County Crisis Center

Immediate response to mental health and situational crises through telephone, walk-in and mobile outreach services. Open 24 hours a day, 7 days a week, 1301 Piccard Drive, Rockville, MD 240.777.4000

Montgomery County Access to Behavioral Health Services

Assistance with obtaining appropriate outpatient mental health or substance abuse services for individuals eligible through the public behavioral health system.

Walk-In assessments and evaluation

Monday - Friday at 9:00 am or 1:00 pm
255 Rockville Pike, Suite 145, Rockville, MD
240.777.1770 or 240.777.4710

Beacon Health Options

Implements the public mental health system for individuals with Medicaid and individuals who receive state subsidizations for services. 1.800.888.1965

Mental Health Services for Seniors & Persons with Disabilities

240.777.3990

Childlink

Information and referral service for children birth to 5 years old and their families. 240.777.GROW (4769)

Montgomery County Screenings/Assessment Services for Children/Adolescents

240.777.1430

2-1-1 Maryland

(2-1-1 Metro-DC & 2-1-1 Virginia also available)

Link to community health and human resources statewide, 24 hours a day, 7 days a week (free, in over 180 languages). Database with over 5,000 organizations and programs across the state at www.211md.org.

AREA HOTLINES

24-Hour Info, Referrals and Supportive Conversation

Montgomery County Hotline

301.738.2255

Montgomery County Youth Crisis Line

301.738.9697

EveryMind Serving Together program (Military & Veterans)

1.855.738.7176

DC Access Helpline

1.888.7WE.HELP or 1.888.793.4357

For Hearing & Speech Impaired with TTY Equipment

1.800.799.4TTY (4889)

Maryland Youth Crisis Line

1.800.422.0009

National Suicide Prevention Lifeline & Veterans Crisis

1.800.273.TALK (8255), Veterans press 1

Northern Virginia Crisis Link Hotline

703.527.4077 or text "connect" to 855.11

Red Nacional de Prevención del Suicidio

1.888.628.9454

Relay Service for the Deaf

1.800.735.2258

SELF-HELP & SUPPORT GROUPS

Call to find a group near you

Depression & Bipolar Support Alliance

1.800.82.NDMDA (63632)

National Alliance on Mental Illness

1.800.950.NAMI (6264)

Mental Health America

1.800.969.NMHA (6642)



NONPROFIT PROFESSIONAL MENTAL HEALTH SERVICES

Affiliated Santé Group

Medicaid, self-pay
Silver Spring, MD
301.589.2303

Andromeda Transcultural Health Center

Medicaid, sliding scale, private insurance
NW Washington, DC
202.291.4707

Catholic Charities (Non-Sectarian)

Medicaid, sliding scale, private insurance
Rockville, Gaithersburg, Silver Spring and
Wheaton, MD
301.942.1790

Cornerstone Montgomery

Medicaid, private insurance
Bethesda, MD
301.493.4200

Family Services, Inc.

Medicaid, private insurance
Gaithersburg, MD
301.840.3200

Jewish Social Service Agency (Non-Sectarian)

Medicaid, sliding scale, private insurance
Maryland, DC and Virginia
301.881.3700

Pastoral Counseling & Care Ministries

Sliding scale, private insurance
Silver Spring, MD (ext 3) and Bethesda, MD
(ext 2 or ext 6)
1.888.626.2273

Pastoral Counseling & Consultation Centers of Greater Washington

Sliding scale, private insurance
Maryland, DC and Virginia
202.449.3789

Reginald S. Lourie Center for Infants & Young Children

Medicaid, some insurance
Rockville, MD
301.984.4444

Washington & Waldorf Pastoral Counseling Service

Medicare, sliding scale, private insurance
Maryland and DC with 15+ locations
301.681.3201

Willow Oak Therapy Center

Rockville, MD
Medicaid, sliding scale, private insurance
301.251.8965

YOUTH SERVICES CENTERS BY SERVICE AREA

These facilities all accept Medicaid or sliding scale payment.

EveryMind Youth & Family Services

Serving Einstein, Kennedy, Wheaton HS and
their feeder schools
301.933.2818

Family Services, Inc.

Serving Gaithersburg and Olney
240.683.6580

Serving Damascus, Northwest, Poolesville,
Quince Orchard, Seneca Valley, Clarksburg HS
and their feeder schools
301.972.0307

Rockville Youth & Family Services Bureau

Serving Richard Montgomery, Rockville,
Wootton HS and their feeder schools
240.314.8310

YMCA Youth & Family Services

Serving Bethesda-Chevy Chase, Blair, Blake,
BCC, Churchill, Paint Branch, Springbrook, Walter
Johnson, Whitman HS and their feeder schools
301.593.1160

HOSPITALS

Inpatient and/or Outpatient Treatment and
Doctor Referrals

Adventist Behavioral Health

Rockville, MD
301.251.4500

Children's National Medical Center

Rockville, MD
301.765.5440

Holy Cross Hospital

Silver Spring, MD
301.754.7860

Holy Cross Germantown

Germantown, MD
301.557.6860

MedStar Montgomery Medical Center

Olney, MD
301.774.8800

Suburban Hospital

Bethesda, MD
301.896.3100

Washington Adventist Hospital

Takoma Park, MD
301.891.5600