



Discounts for Wellness

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**This year, break your unhealthy habits
without breaking the bank!**

MCPS medical and dental plan participants can
obtain valuable discounts for
fitness centers • weight loss plans • nutrition programs.

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Discounted programs include

Jenny Craig • Weight Watchers • Global Fit • eDiets • National Fitness Network

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Learn more about discounts
offered by your **medical** and/or **dental plan** vendor.

Visit the ERSC website today at
www.montgomeryschoolsmd.org/departments/ersc/wellness/

