DIVISION OF CARES ACT, EARLY CHILDHOOD AND TITLE I

MONTGOMERY COUNTY PUBLIC SCHOOLS

Prekindergarten/Head Start Unit

2021-2022

COMMUNITY RESOURCE GUIDE

for Preschool Children and Their Families
VISION
We inspire learning by providing the greatest public education to each and every student.

MISSION
Every student will have the academic, creative problem solving, and social emotional skills to be successful in college and career.

CORE PURPOSE
Prepare all students to thrive in their future.

CORE VALUES
Learning
Relationships
Respect
Excellence
Equity

Board of Education
Ms. Brenda Wolff
President
Ms. Karla Silvestre
Vice President
Dr. Judith R. Docca
Mrs. Shebra L. Evans
Ms. Lynne Harris
Mrs. Patricia B. O’Neill
Mrs. Rebecca K. Smendrowski
Ms. Hana O’Looney
Student Member

Montgomery County Public Schools (MCPS) Administration
Monifa B. McKnight, Ed.D.
Interim Superintendent of Schools
James N. D’Andrea
Chief of Staff
Eugenia S. Dawson
Chief of Finance and Operations
Dana E. Edwards
Chief of Districtwide Services and Supports
Helen A. Nixon, Ed.D.
Chief of Human Resources and Development
Ruschelle Reuben
Chief of Teaching, Learning, and Schools
Stephanie S. Sheron
Chief of Strategic Initiatives

850 Hungerford Drive
Rockville, Maryland 20850
www.montgomeryschoolsmd.org
Prekindergarten/Head Start Programs
2021–2022
Community Resource Guide
for Preschool Children and Their Families

Office of School Support and Improvement
Division of CARES Act, Early Childhood and Title I
Prekindergarten/Head Start Unit
Telephone: 240-740-4530
# Table of Contents

- 24-Hour Emergency and Hotline Numbers ......................................................... 1
- Important Phone Numbers and Information ..................................................... 1
- Emergency Radio Stations .............................................................................. 1
- Regional Services Centers .............................................................................. 1
- Abuse ............................................................................................................. 3
- Adult Education, Employment, ESOL, and Literacy Services .......................... 3
- Child Care ....................................................................................................... 4
- Crisis ............................................................................................................... 4
- Early Childhood Education/Child Development Programs .............................. 4
- Emergency Financial Assistance .................................................................... 5
- Family Support Services .................................................................................. 6
- Financial Counseling, Tax Preparation, and Small Business Services ............. 6
- Food, Clothing, and Furniture ......................................................................... 6
- Health Insurance/Coverage ............................................................................. 8
- Health Services .............................................................................................. 8
- Housing .......................................................................................................... 10
- Immigration and Multicultural Services ........................................................... 10
- Legal Services/Court Advocacy/Mediation ....................................................... 12
- Mental Health ................................................................................................. 13
- Mentoring ....................................................................................................... 14
- Missing and Exploited Children ...................................................................... 14
- Parenting/Parent Education .......................................................................... 14
- Pregnancy and Women’s Health ..................................................................... 14
- Registers .......................................................................................................... 14
- Senior Citizens ............................................................................................... 15
- Social Security Administration ....................................................................... 15
- Social Services ............................................................................................... 15
- Substance Abuse ............................................................................................. 15
- Transportation ................................................................................................. 16
- Unemployment ................................................................................................. 16
- Utility Payments .............................................................................................. 16
- Youth Support Programs ............................................................................... 16
24-Hour Emergency and Hotline Numbers

Emergencies: Fire/Rescue, Police ........................................................... 911 (Voice / TTY)
Rape/Sexual Assault Victim Crisis Line ............................................. 240-777-4357
Spouse Abuse/Abused Persons Crisis Line ........................................ 240-777-4673
Child Welfare Services ..................................................................... 240-777-4417
Aging and Disability Resource Unit .................................................. 240-777-3000
Montgomery County Crisis Hotline, Mental Health Association ........... 301-738-2255
Montgomery County Youth Crisis Hotline, Mental Health Association .... 301-738-9697
Maryland Crisis Hotline ..................................................................... 1-800-422-0009
National Suicide Prevention Helpline .............................................. 1-800-SUICIDE (784-2433)
Poison Control Center ...................................................................... 1-800-222-1222
Montgomery County Crisis Center .................................................... 240-777-4000, TTY: 240-777-4815
Montgomery County Emergency Management .................................... 240-777-2300

Important Phone Numbers and Information

Montgomery County Customer Service Center ................................... 311
Police Nonemergency ...................................................................... 301-279-8000 (Voice / TTY)
Fire Nonemergency ......................................................................... 240-683-6520
Potomac Edison Energy Company .................................................... 1-800-544-4877
American Red Cross ........................................................................ 301-588-2515 or MD Relay at 711
Verizon Telephone Repair .................................................................. 1-800-837-4966
Baltimore Gas and Electric (BG&E) ................................................... 1-800-685-0123
PEPCO (to report outages or downed wires) ....................................... 1-877-737-2662
Washington Gas (to report leaks or emergencies) .............................. 1-800-752-7520 or 703-750-1400
WSSC (24 hrs.) Maintenance .............................................................. 301-206-4002

Emergency Radio Stations

WMAL .............................................................. 630 AM & 105.9 FM
WAMU ............................................................. 88.5 FM
WMZQ ............................................................. 98.7 FM
WTNT .............................................................. 730 AM & 94.9 FM
WTOP ............................................................. 103.5 FM
WASH ............................................................ 97.1 FM
WBIG ............................................................ 100.3 FM

Regional Services Centers

Bethesda-Chevy Chase Regional Services Center
4805 Edgemoor Lane
Bethesda, Maryland
240-777-8200, TTY: 240-777-8212

Customer Service Center, Montgomery County
311 or 240-777-0311

Eastern Montgomery Regional Services Center
3300 Briggs Chaney Road
Silver Spring, Maryland
240-777-8400, TTY: 240-777-2545

Mid-County Regional Services Center
2425 Reede Drive
Wheaton, Maryland
240-777-8101, TTY: 240-777-2545

Silver Spring Regional Center
One Veterans Place
Silver Spring, Maryland
240-777-5300 or 5301, TTY: 1-800-735-2258

Upcounty Regional Services Center
12900 Middlebrook Road, Suite 1000
Germantown, Maryland
240-777-8000, TTY: 240-777-8002

Takoma East Silver Spring Center (TESS)
8513 Piney Branch Road
Silver Spring, Maryland
240-773-8260
Abuse

Crisis Hotlines
See page 1 for listings of 24-hour emergency and hotline numbers.

Abused Persons Program—240-777-4195
1301 Piccard Drive, Rockville
Crisis intervention, shelter, support, and advocacy for persons who are physically or emotionally abused. Counseling also provided for abusers. Services in Spanish are available. Services are for Montgomery County residents only.

Aging and Disability Services

Adult Protective Services—240-777-3000
401 Hungerford Drive, Rockville
Assessment, case management, and investigative services for vulnerable/disabled adults. 24-hour line, seven days a week.

Child Welfare Services—240-777-4417
1301 Piccard Drive, Rockville
Responds to reports of suspected abuse or neglect, 24 hours a day, seven days a week.

The Tree House—240-777-4699
7300 Calhoun Place, Suite 700, Rockville
Child assessment center for victims of abuse (physical/sexual) and/or neglect. Medical, mental health, forensic interviewing, and advocacy services.

Victim Assistance and Sexual Assault Program—240-777-4357
1301 Piccard Drive, Rockville
Rape crisis services, crisis counseling, crime victim counseling, hospital outreach for rape and sexual assault victims, victim assistance, individual and family counseling, advocacy, and assistance in obtaining crime compensation funds.

Adult Education, Employment, English for Speakers of Other Languages (ESOL), and Literacy Services

A Wider Circle—301-608-3504
9159 Brookville Road, Silver Spring
Job preparedness and wellness workshops.

Career Catchers—240-801-5811 x8
8720 Georgia Avenue, Suite 205, Silver Spring and 640 E. Diamond Avenue, Suite C, Gaithersburg
Employment counseling, skills training, mentoring, and workshops.

Casa of Maryland—301-431-4185
734 E. University Boulevard, Silver Spring
English classes, citizenship classes, and other computer and vocational skills training.

Charles W. Gilchrist Immigrant Resource Center—240-777-4940 or 240-777-6950 or 240-777-8406 or 240-777-4960
11002 Veirs Mill Road, Suite 506, Wheaton
12900 Middlebrook Road, Germantown
3300 Briggs Chaney Road, Silver Spring
18330 Montgomery Village Avenue, Gaithersburg
ESOL classes, citizenship and civic classes, multilingual computer classes, and seminars on small-business development and cultural programs.

Comunidad de Habla Hispana (Spanish-Speaking Community)—301-587-7217
8519 Piney Branch Road, Silver Spring
Assists the Hispanic community in finding permanent employment. Provides individual counseling, immigration services, employment workshops, job development, referrals, and follow-up contact after job placement.

Division of Rehabilitation Services (DORS)—301-949-3750
11002 Viers Mill Road, Suite 605, Wheaton
Career assessment, testing, training, work experience, job placement, and follow-up for those with a substantial physical or mental health condition. www.dors.maryland.gov

Ed Bohrer Parent Resource Center—301-926-4895
35 North Summit Avenue, Gaithersburg
Adult education, parenting, and family support services.

Goodwill Industries/Job Training and Education—202-636-4225
2200 S. Dakota Avenue, N.W., Washington, D.C.
Job training for people with disabilities. Store hours: Monday–Friday, 9:00 a.m.–5:00 p.m. Located on Metrobus line.

Language Outreach Program, Community Ministries of Rockville—301-251-2136
Literacy and English classes.
Contact: Cecilia Rojas. crojas@cmrocks.org

Literacy Council of Montgomery County—301-610-0030
21 Maryland Avenue, Suite 320, Rockville
E-mail at info@literacycouncilmcmd.org website: www.literacycouncilmcmd.org. Individual tutoring for adults in ESOL, reading, and writing.

Montgomery College, Adult Education Department—240-567-5188
11002 Veirs Mill Road, South Office Building, Suite 210, Wheaton
Classes in English for Speakers of Other Languages (ESOL), GED, typing, etc., at various locations throughout the county.

Montgomery County Libraries—240-777-0001
Library website: www.montgomerycountymd.gov/library/; Multicultural Services, English/Chinese, 240-777-0027; English/Spanish, 240-777-0025.
Talking Books Library— 800-964-9209; 
TTY—301-565-7505
6400 Democracy Boulevard, Bethesda
Information and reading materials for people with disabilities, family members, and service providers.

WorkSource Montgomery—301-929-6880 or 301-929-4390
11002 Viers Mill Road, South Office Building,
1st Floor, Wheaton, or 240-406-5485
12900 Middlebrook Road, Germantown
Job and career counseling, workshops, and resource center services, including on-site employer recruitments at www.montgomeryworks.com.

Child Care

The ARC Montgomery County, Karasik and Family, Infant and Child Care Center—301-984-5777
10611 Tenbrook Drive, Silver Spring
Serves children 6 weeks to 10 years old. Integrates typically developing children and children with developmental disabilities and chronic medical conditions. Accepts Maryland Medical Assistance.

Child Care Subsidy (CCS)—1-866-243-8796
Child-care subsidies to provide assistance with child care-costs to eligible working parents in Maryland.

LOCATE: Child Care—1-877-261-0060
Referrals to licensed child-care providers for individuals looking for child care.
www.MarylandFamilyNetwork.org

Working Parents Assistance (WPA)—240-777-1177
7300 Calhoun Place, Suite 700, Rockville
Subsidies to provide assistance with child-care costs to income-eligible parents working 35 hours or more a week.

Crisis

Crisis Hotlines
See page 1 for listings of 24-hour emergency and hotline information.

Crisis Center—240-777-4000
1301 Piccard Drive, Rockville
24-hour crisis-intervention counseling, shelter, and support.

EveryMind, Montgomery County Hotline—301-738-2255
24-hour crisis-intervention phone service that is confidential and anonymous.

EveryMind, Montgomery County Youth Crisis Hotline—301-738-9697
24-hour crisis-intervention hotline for youth under 21.

Montgomery County Information and Referral Hotline—311
Information on local government and community resources. Monday–Friday, 8:30 a.m.–5:00 p.m.

Early Childhood Education/Child Development Programs

Child Find Program, Early Childhood Disabilities Unit—240-740-2170
4511 Bestor Drive, Room 146, Rockville
Assists families with young children, 33 months or older with special needs. Free screening for children who may be delayed in their speech, motor, or cognitive development.

ChildLink—240-777-4769
Information and resources in Montgomery County for children from birth to 5 years old.

Early Head Start–Family Services, Inc.
Gaithersburg, 301-840-3272 or
Reginald Lourie Center, Rockville/Silver Spring, 301-891-1900 or CentroNia, Langley Park/Silver Spring, 301-543-8040
An early-childhood program for low-income families with children from birth to 3 years old and for pregnant women.

Family Services, Inc., Family Discovery Center—301-424-2989
1010 Grandin Avenue, Rockville
A multi-generational program to promote adult learning and healthy child development in families with young children. Offers ESOL classes, as well as parenting, career development, health workshops and home visiting.

Judith P. Hoyer Early Child Care and Education Enhancement Program—301-284-4170
Judy Center at Summit Hall, and Washington Grove elementary schools: 240-740-1940, Silver Spring
Judy Center at Rolling Terrace E.S. Early-childhood and school-readiness programs offering child care, prekindergarten/Head Start, parent-child activities, parent education, health services, and family support.

Montgomery County Infants and Toddlers Program—240-777-3997
1401 Rockville Pike, Rockville
Assessment services for children birth to 33 months old. Comprehensive early-intervention services for families with children birth to 4 years old to address special needs and maximize their children’s developmental potential.
Montgomery County Public Libraries, Preschool Programming—240-777-0001
   Website: www.montgomerycountymd.gov/library/.
   Programs to introduce children and their parents/caregivers to the benefits of early language development and literacy. Offers library services in many languages, workshops, and story kits.

Montgomery County Public Schools (MCPS), Prekindergarten/Head Start Programs—240-740-4530
   4910 Macon Road, Rockville
   Early childhood program for eligible 3- and 4-year-old children, including education, health, parent involvement, and social services.

Reginald S. Lourie Center for Infants and Young Children—301-984-4444
   12301 Academy Way, Rockville
   Therapeutic nursery program for 3- and 4-year-old children who have severe social and emotional problems that interfere with their ability to attend a traditional preschool or nursery school program. Individual and family therapy are components of the program.

Emergency Financial Assistance

Bethesda Cares—301-907-9244
   7728 Woodmont Avenue, Bethesda
   Assistance to prevent eviction and utility shut offs. Referral preferred from DHHS or other service provider.

Bethesda Help—301-365-2022
   Short-term emergency solutions only. Assistance with rent, utilities, transportation, and prescriptions.

Catholic Charities—301-942-1790
   12247 Georgia Avenue, Wheaton
   Assistance with prescriptions and emergency food. Appointment required.

Community Ministries of Rockville, Rockville Emergency Assistance Program (REAP)—301-917-6811
   8 W. Middle Lane, Rockville
   Emergency financial assistance to residents within Rockville ZIP codes. Assistance with eviction, foreclosure, utility cut-off, and prescriptions. Family must apply to HHS first.

Damascus Help—301-253-4100
   Emergency financial assistance (with written notice of eviction, foreclosure, or utility disconnection) and transportation to doctor appointments. Damascus/Clarksburg area only.

Department of Health and Human Services, Office of Home Energy Programs—240-777-4450
   1301 Piccard Drive, Rockville
   Assistance to low-income families with electric bills and home-heating costs.

Department of Health and Human Services, Emergency Services and Crisis Intervention for Homeless Families
   240-777-4550, 1301 Piccard Drive, Rockville
   240-777-3075, 8818 Georgia Avenue, Silver Spring
   240-777-4448, 12900 Middlebrook Road, Germantown
   Assistance (once a year) to families facing eviction or utility disconnection. Assistance with security deposit, food referrals, prescriptions, and burial assistance. Doors open from 8:30 a.m.–5:00 p.m. or Tuesday evenings by appointment only.

Department of Health and Human Services, Income Maintenance
   240-777-4600, 1301 Piccard Drive, Rockville
   240-777-3420, Middlebrook Road, Germantown
   240-777-3100, 8818 Georgia Avenue, Silver Spring
   Applications for food stamps, medical assistance, and TCA are processed.

Eastern Montgomery Emergency Assistance Network (EMEAN)—301-879-2688
   Emergency financial assistance (with written notice of eviction, foreclosure, or utility disconnection) or to purchase prescriptions. Referral preferred from DHHS, congregation, or other service provider.

Faith Connections, Inc.—301-482-0522
   Emergency financial assistance for delinquent rent and mortgage. Other needs considered. Referral preferred from DHHS, congregation, or other service provider. Damascus and Clarksburg only.

Gaithersburg Help—301-216-2510
   Assistance for the purchase of prescriptions. Other emergency needs are considered.

Midcounty United Ministries (MUM)—301-929-8675
   11002 Veirs Mill Road, Suite 710, Wheaton
   Emergency assistance (with written notice of eviction, foreclosure, or utility disconnection) or to purchase prescriptions.

Ministries United Silver Spring/Takoma Park (MUSST)—301-495-4699
   8818 Georgia Avenue, Room 216, Silver Spring
   Emergency financial assistance (with written notice of eviction, foreclosure, or utility disconnection) or to purchase prescriptions. Serves ZIP codes 20901, 20910, and 20912. First, call 240-777-3075.

Olney Help—301-774-4334
   Emergency financial assistance for evictions, foreclosure, utility disconnection, or to purchase prescriptions.

Salvation Army—301-515-5354
   20021 Aircraft Drive, Germantown
   Assists with food referrals and utility bills. Social services provided.
Upper Montgomery Assistance Network (UMAN)—301-926-4422
Emergency financial assistance with written notice of eviction, foreclosure, or utility disconnection.

Western Upper Montgomery County Help, Inc. (WUMCO)—301-972-8481
Emergency financial assistance for rent and mortgage payments, medical expenses, utilities, car repairs, transportation, and prescription medicine. Poolesville, Beallsville, Barnesville, Dickerson, and Boyds.

Family Support Services

Department of Health and Human Services, Child Welfare Services—
Call 240-777-4417 to report abuse and neglect. Call 240-777-1664 to obtain information and request foster care, adoption, and family-preservation services.

EveryMind, Youth Services—301-933-2818
3950 Ferrara Drive, Silver Spring
Individual, group, and family counseling, community education, and workshops to youth and their families in the Kennedy, Einstein, and Wheaton high school clusters. Provides support to local schools and students.

An array of services to support families; parent education, counseling, and referrals to community resources.

Family Services, Inc., Healthy Families Montgomery—301-840-3232
Serves first-time Montgomery County parents with home visits, case management, health education, child development services, and parent groups.

Mary’s Center—240-485-3160
8709 Flower Avenue, Silver Spring
Health care, dental, adolescent program, family literacy, social services, and mental-health services.

Montgomery County Muslin Foundation—301-760-7447
811 Russell Avenue, Suite G, Gaithersburg
Once-a-month food pantry, services for senior citizens, and youth services such as SAT classes and college-admission workshops.

Rockville Community Services—240-314-8310
Emergency assistance, parenting resources, counseling, and parenting classes for Rockville residents.

Financial Counseling, Tax Preparation, and Small Business Services

Money Management International/Consumer Credit Counseling Information—1-800-747-4222 or 1-800-308-2227
15847 Crabbs Branch Way, Rockville or “8403 Colesville Road, Suite 1100, Silver Spring
Budget counseling, financial education, bankruptcy counseling, credit reports, and debt payment plans.

National Foundation for Credit Counseling—1-800-388-2227
Call for a referral for debt counseling services. For Spanish, call 1-800-682-9832, 9:00 a.m.–5:00 p.m., Monday–Friday.

Maryland Small Business Development Center—University of Maryland, College Park—301-403-8300 x115
Workshops, seminars, and information for start-up or existing businesses, www.marylandsbdc.org

Montgomery County Volunteer Income Tax Assistance Program (VITA)—240-777-1123
Free help with free income tax preparation for low-income county residents. Various locations during tax season.

Washington Metropolitan Area District Office of the U.S. Small Business Administration—202-205-8800
409 3rd Street, SW, Washington, D.C.
Free counseling, advice, and information on starting a business, financial assistance/loans, and management and technical assistance. Partners with programs for women entrepreneurs and minorities.

Food, Clothing, and Furniture

A Wider Circle—301-608-3504
9159 Brookville Road, Silver Spring
Furniture and household goods. Professional clothing and baby items.

Adventist Community Services of Greater Washington—301-585-6556
501 Sligo Avenue, Silver Spring
Food pantry limited to once every 30 days. Monday–Thursday, 10:00 a.m.–3:00 p.m. Free clothing allocations can be made once every 30 days, at most. By appointment only.

C-4 Clothes Closet and Baby Closet—301-989-8742
14015 New Hampshire Avenue, Silver Spring
Open Tuesday, Thursday and Friday from 9:00–11:00 a.m. Proof of residency and written referral is required.
Community Resource Guide 2021–2022

Catholic Charities—301-942-1790
12247 Georgia Avenue, Silver Spring
8:00 a.m.–5:00 p.m., Monday–Friday, Food and clothing. Financial assistance and case management.

Congregation and Community Emergency Program, Interfaith Works—240-641-6308
Referral service for emergency assistance. Administers grants to prevent evictions, for utility services, and for prescriptions. Provides clothing.

Department of Health and Human Services, Income Maintenance
240-777-4600, 1301 Piccard Drive, Rockville
240-777-3420, 12900 Middlebrook Road, Germantown
240-777-3100, 8818 Georgia Avenue, Silver Spring
Applications are processed for food stamps, medical assistance, and temporary cash assistance (TCA).

First Baptist Church of Kensington—301-942-3423
3922 Hampden Street, Kensington
Food pantry every third Saturday of the month, from 10:00 a.m.–2:00 p.m.

First Call for Help (United Way)—1-800-492-0618 or 211
Referrals to a wide variety of agencies for clothing, furniture, housing, food, and other services.
www.211md.org

Help/Fish Organizations
Bethesda 301-365-2022
Damascus 301-253-4100
Gaithersburg 301-216-2510
Germantown 301-482-1320
Olney 301-774-4334
Rockville 301-564-0800
Western Upper Montgomery County (W.U.M.C.O.) 301-972-8481
Emergency assistance that may include food, medicine, transportation, and/or help with utilities or rent. Each organization serves specific ZIP codes.

Interfaith Works Clothing Center—301-424-3796
751 Twinbrook Parkway, Rockville
Tuesday–Friday, 9:00–11:30 a.m. and 1:00–3:30 p.m., except for Wednesdays, which is for senior citizens and those with disabilities only. Saturdays 9:00 a.m.–12:30 p.m. Free clothing once a month. Must be county resident with referral and I.D. from state of Maryland or CASA of Maryland. Diapers are available.

Lord’s Table/Gaithersburg Community Soup Kitchen at Epworth United Methodist Church—301-926-0424
Open September through June. For information, call 1:00–5:00 p.m., Monday–Saturday. Soup kitchen is open from 3:30–4:30 p.m., Monday–Saturday. Closed on Thanksgiving.

Manna Food Center—301-424-1130
Call Monday–Friday, 8:00 a.m.–4:00 p.m. Must call by 3:00 p.m. the day before if you would like to receive food. Distribution centers and times:
www.mannafood.org

Gaithersburg: Gaithersburg Middle School
2 Teacher’s Way, Room 200
Tuesday & Thursday, 2:00–5:00 p.m.

Germantown: Salvation Army Center
2001 Aircraft Drive
Thursday, 2:00–5:00 p.m.

Silver Spring: Clifton Park Baptist Church
8818 Piney Branch Road
Wednesday, 4:00–7:00 p.m.

Silver Spring: Colesville Presbyterian Church
12800 New Hampshire Avenue
Fourth Friday of Every Month, 3:00–5:00 p.m.

Silver Spring: Manna Market
12301 Old Columbia Pike
Tuesday, 9:00 a.m.–12:00 p.m. and
4:00–7:00 p.m.
Friday, 10:00 a.m.–12:00 p.m. and
1:00–3:00 p.m.
1st Saturday of the month, 9:00 a.m.–12:00 p.m.

Silver Spring: Silver Spring United Methodist Church
33 University Blvd., E
2nd & 4th Saturday, 9:00–10:00 a.m.

Wheaton: Glenmont United Methodist Church
12901 Georgia Avenue
Tuesday, 4:00–7:00 p.m.
Thursday, 2:00–5:00 p.m.

Midcounty United Ministries (MUM)—301-929-8675
11002 Veirs Mill Road, Suite 710, Wheaton
Food pantry Tuesday, Wednesday, Thursday, and Saturday, 9:00–11:30 a.m.

Muslim Inter-Community Network (MICN)—301-384-3454
15200 New Hampshire Avenue, Silver Spring
Clothing resource by appointment only. Food pantry last Sunday of the month.

Nourish Now—301-330-0222
1111 Taft Street, Rockville
Provides food. Food pick-up must be scheduled 24 hours in advance.

Salvation Army—301-515-5354
20021 Aircraft Drive, Germantown
Food referrals and utility bills. Also, referrals for clothing.

Share Food Network Program—301-864-3115 or 1-800-217-4273
Community-based, nonemergency food assistance program offered at various locations throughout the area.
Community Resource Guide 2021–2022

Shady Grove Pregnancy Center—301-963-6223
16220 Frederick Road, Suite 118, Gaithersburg Offers maternity clothes, baby clothes, and equipment.

Shepherd’s Table Soup Kitchen/Community Vision at Progress Place—301-585-6463
8106 Georgia Avenue, Silver Spring Services provided include showers, clothes, counseling, prescription assistance, and referrals. Dinner is from 6:00–7:30 p.m. daily.

St. Camillus Church—301-434-8400
1600 St. Camillus Drive, Silver Spring Food pantry. Distribution is on Saturdays 10:00 a.m. to 12:00 p.m. Must bring photo identification.

St. Martin’s Catholic Church—301-990-3203
201 S. Frederick Avenue, Gaithersburg Food pantry. Distribution is on Mondays from 10:00–11:30 a.m. Pick-up of line numbers from 6:00 a.m.–10:00 a.m.

Women, Infants, and Children (WIC), Community Clinic, Inc.
Supplemental food to nursing and pregnant women and children 5 years old and under, at various county locations:

Gaithersburg
200 Girard Street, Suite 212B 301-840-8339

Germantown
12850 Middlebrook Rd., Suite 108 301-515-7576

Takoma Park
7676 New Hampshire Avenue, Suite 220B 301-439-7373

Wheaton
2730 University Blvd. West, Suite LL-10 301-933-6680

Health Services

Women, Infants, and Children (WIC), Community Clinic, Inc.

Health Insurance/Coverage

Department of Health and Human Services,
Office of Eligibility and Support Services (OESS)
Applications processed for uninsured and undocumented children and adults to access health care services. Contact the service eligibility unit (SEU) in your area:

Rockville
1401 Rockville Pike 240-777-3120

Germantown
12900 Middlebrook Road, 2nd Floor 240-777-3591

Silver Spring
8630 Fenton Street, 10th Floor 240-777-3066

Health Services

Community Clinics, Inc. (CCI)
Low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment:

Takoma Park
7676 New Hampshire Avenue 301-431-2972

Gaithersburg
200 Girard Street, Suite 212 301-216-0880

Silver Spring
8630 Fenton Street, Suite 1200 301-585-1250

Wheaton
2730 University Blvd., W., Suite LL-10 240-641-9458

Department of Health and Human Services,
Health Centers
Case-management services to eligible pregnant women. Eligibility determined at service eligibility units. Contact your local clinic:

Germantown UpCounty Regional Services Center
12900 Middlebrook Road, 2nd Floor 240-777-3380

Silver Spring Health Center
8630 Fenton Street, 10th Floor 240-777-3160

School Health Services Center
4910 Macon Road, Rockville 240-740-4430 for school-age children 4 to 18 years old only. Low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment.

Department of Health and Human Services,
Dennis Avenue Health Center—240-777-1790

PRESCRIPTION PROGRAMS

Gaithersburg HELP—301-216-2510
Funding assistance for medication for residents of Gaithersburg ZIP codes.

MedBank—301-628-3422

WUMCO HELP—301-972-8481
Emergency prescription assistance for residents of Poolesville, Beallsville, Barnesville, Dickerson and Boyds.

Department of Health and Human Services,
Health Centers
Case-management services to eligible pregnant women. Eligibility determined at service eligibility units. Contact your local clinic:

Germantown UpCounty Regional Services Center
12900 Middlebrook Road, 2nd Floor 240-777-3380

Silver Spring Health Center
8630 Fenton Street, 10th Floor 240-777-3160

School Health Services Center
4910 Macon Road, Rockville 240-740-4430 for school-age children 4 to 18 years old only. Low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment.

Health Insurance/Coverage

Department of Health and Human Services,
Office of Eligibility and Support Services (OESS)
Applications processed for uninsured and undocumented children and adults to access health care services. Contact the service eligibility unit (SEU) in your area:

Rockville
1401 Rockville Pike 240-777-3120

Germantown
12900 Middlebrook Road, 2nd Floor 240-777-3591

Silver Spring
8630 Fenton Street, 10th Floor 240-777-3066

Health Services

Community Clinics, Inc. (CCI)
Low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment:

Takoma Park
7676 New Hampshire Avenue 301-431-2972

Gaithersburg
200 Girard Street, Suite 212 301-216-0880

Silver Spring
8630 Fenton Street, Suite 1200 301-585-1250

Wheaton
2730 University Blvd., W., Suite LL-10 240-641-9458

Department of Health and Human Services,
Health Centers
Case-management services to eligible pregnant women. Eligibility determined at service eligibility units. Contact your local clinic:

Germantown UpCounty Regional Services Center
12900 Middlebrook Road, 2nd Floor 240-777-3380

Silver Spring Health Center
8630 Fenton Street, 10th Floor 240-777-3160

School Health Services Center
4910 Macon Road, Rockville 240-740-4430 for school-age children 4 to 18 years old only. Low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment.
Holy Cross Health Centers  
301-557-1950 13415 Connecticut Avenue, Suite 100, Aspen Hill  
301-557-1870 7987 Georgia Avenue, Silver Spring  
301-557-1832 220 Perry Parkway, Unit 5, Gaithersburg  
301-557-2140 12800 Middlebrook Rd., Suite 206, Germantown  
Primary care medical center for children and adults.  
Affordably priced. For uninsured or families enrolled in Maryland Medicaid, Maryland Physicians Care.

Mary’s Center—240-485-3160  
8709 Flower Avenue, Silver Spring  
Health care and mental-health services.

Mercy Health Clinic—240-773-0300  
7-1 Metropolitan Court, Gaithersburg  
Medical services to uninsured low-income residents of Montgomery County. Eligibility screenings are conducted via the service eligibility units (SEU). No emergency appointments.

Mobile Medical Care—301-493-2400  
Low-cost family health care for the uninsured in Montgomery County. Call for details on paperwork that you need to bring with you to the appointment and for exact locations in Silver Spring, Rockville, Bethesda, and Gaithersburg.

Montgomery Cares—301-628-3455  
www.montgomerycares.org  
Lists low-cost clinics for low-income, uninsured adults.

Montgomery County Cancer Crusade Program—240-777-1222  
For colon rectal cancer.

Muslin Community Center—301-384-3454  
15200 New Hampshire Avenue, Silver Spring  
Full clinic, adults only.

Proyecto Salud  
Primary medical care for uninsured non-English-speaking adults. www.proyectosalud.org

Su Familia—1-866-783-2645, or 1-866-SU FAMILIA  
National Helpline, 9:00 a.m.–6:00 p.m. Free, reliable, and confidential health information in English and in Spanish. Information on a wide range of health topics and referrals to low-fee health providers in locations, based on your ZIP code.

DENTAL SERVICES

Catholic Charities Dental Clinic—301-933-0868  
12247 Georgia Avenue, Wheaton

Community Clinic, Inc.  
Gaithersburg  
200 Girard Street, Suite 206  
240-720-0510

Silver Spring  
8630 Fenton Street, Suite 1200  
301-585-1250

Department of Health and Human Services, Dental Services—240-777-1875  
1401 Rockville Pike, 3rd Floor, Rockville  
For low-income children, 2 to 18 years old, income-eligible seniors and adults, and eligible maternity clients. Sliding scale. Must meet eligibility requirements.

Howard University Dental Clinic—202-806-0007, 202-806-0008 for new patients, 202-806-0308 for children, or 202-806-0011 for braces  
600 W. Street, N.W., 2nd floor, Washington, D.C.  
Complete exams and x-rays for children and adults of all ages. Emergency clinic is available 9:00 a.m.–1:00 p.m., Monday–Friday. $80 cash fee. Arrive by 8:00 a.m. Limited number of patients seen per day.

Montgomery County Colesville Adult Dental Clinic—240-777-4471  
14015 New Hampshire Avenue, Suite 116, Silver Spring  
Basic dental care for low-income adults, 17 to 59 years old residing in Montgomery County. By referral only.

HEARING AND VISION SERVICES

Shepherd’s Table Eye Clinic—301-585-6463 or 301-273-3696  
8106 Georgia Avenue, Silver Spring  
Clinic hours are Tuesdays, by appointment only.

IMMUNIZATION CLINICS FOR CHILDREN 2 MONTHS–18 YEARS OLD

Dennis Avenue Health Center—240-777-1050  
2000 Dennis Avenue, Silver Spring  
Bring copy of immunization record. Tuesdays by appointment only. Minimal fees may apply.

WOMEN’S HEALTH SERVICES

(See Pregnancy and Women’s Health for additional listings)

Holy Cross Hospital OB/GYN Department—301-754-7630  
1500 Forest Glen Road, Silver Spring  
Prenatal services. Call service eligibility unit first. Screening, and follow-up for income-eligible women. Hours of operation: 8:00 a.m.–4:00 p.m., Monday–Friday.)
Housing

**EMERGENCY SHELTER/TEMPORARY HOUSING**

**Crisis Center—240-777-4000, TTY 240-777-4800**
1301 Piccard Drive, Rockville
Emergency shelter for single adults, 24 hours a day, 7 days a week. Assists families after regular business hours (5:00 p.m.—8:30 a.m. and weekends).

**Department of Health and Human Services, Housing Stabilization Services**
240-777-4550, 1301 Piccard Drive, Rockville
240-627-9744, 231 East Deer Park Drive, Gaithersburg
240-777-4448, 12900 Middlebrook Road, Germantown
All referrals for emergency shelters are made through this office 8:30 a.m.—5:00 p.m., Monday through Friday, and Tuesday 5:00 p.m.—7:00 p.m or the Crisis Center after hours.

**RENTAL HOUSING**

**City of Rockville, Moderately Priced Dwelling Unit (MPDU) Rental Program—240-314-8312**
111 Maryland Avenue, 2nd Floor, Rockville
Individuals apply directly to the City of Rockville to obtain an eligibility certificate.

**Department of Health and Human Services, Rental Assistance Program (RAP)—240-777-4400**
1301 Piccard Drive, Rockville
Monthly help with rental costs for low-income, disabled, elderly, or for households of two or more. Monthly help with rental costs.

**Housing Opportunities Commission (HOC)—240-627-9400, 240-627-9744**
10400 Detrick Avenue, Kensington
231 East Deer Park Drive, Gaithersburg
Information on affordable housing and rental assistance programs for low- and moderate-income families and rental communities that are operated by HOC or private landlords that offer below-market rental units to low- and moderate-income households. www.HOCMC.org

**Montgomery County Department of Housing and Community Affairs, Moderately Priced Dwelling Units (MPDU) and Rental Program—311**
1401 Rockville Pike, Fourth Floor, Rockville
Home purchasing program for moderate-income families.

**OTHER**

**Landlord-Tenant Affairs—311**
1401 Rockville Pike, 4th Floor, Rockville
Handles disputes between landlords and tenants and information on tenant rights.

**Rebuilding Together Montgomery County—301-947-9400**
18225A Flower Hill Way, Gaithersburg
Free critical home repairs, energy-efficiency upgrades, and accessibility modifications to vulnerable county residents. rebuildingtogethermc.org

**Immigration and Multicultural Services**

**American Immigration Lawyers Association—202-507-7600**
1331 G Street, N.W., Suite 300, Washington, D.C.
Legal services offered.
www.aila.org

**Asian-Pacific American Legal Resource Center (Helpline)—202-393-3572**
Direct legal services in English, Korean, Hindi/Urdu, Chinese and Vietnamese, including family law, housing, and public affairs.
Asian Pacific Islander Domestic Violence Resource Project (DVRP)—Office: 202-833-2232
Hotline: 202-833-2233
Free assistance for survivors of domestic violence from Asian Pacific Islander communities in the DC metropolitan area through multilingual services in over 10 different languages such as Hindi, Korean, Japanese, Mandarin, and Nepali.
Address: P.O. Box 14268, Washington, D.C. 20044
www.dvrp.org

Association of Vietnamese Americans—301-588-6862
8121 Georgia Avenue, Suite 503, Silver Spring
Social and immigration services. Also for French-speaking families from Africa.

Ayuda
Legal assistance with immigration and domestic violence issues for the Spanish-speaking community.
Silver Spring
8757 Georgia Avenue, Suite 800 240-594-0600
Washington, D.C.
6925B Willow Street, N.W. 202-387-4848

Casa of Maryland—301-431-4185
8151 15th Avenue, Hyattsville
Immigration counseling, social services assistance, referrals, English language classes, and adult literacy instruction services. Legal representation of low-income workers in employment cases.

Catholic Charities—301-942-1790
12247 Georgia Avenue, Wheaton
Reduced-fee legal services to low-income immigrants.

Center for Applied Legal Studies, Georgetown University Law Center—202-662-9565
600 New Jersey Avenue, NW, Suite 332, Washington DC
Asylum clinic only. Free legal representation to eligible customers for asylum deportation hearings in immigration court. By appointment only.

Charles W. Gilchrist Immigrant Resource Center—240-777-4940 or 240-777-6950 or 240-777-8406 or 240-777-4960
11002 Veirs Mill Road, Suite 506, Wheaton
12900 Middlebrook Road, Germantown
3300 Briggs Chaney Road, Silver Spring
18330 Montgomery Village Avenue, Gaithersburg
ESOL classes, citizenship and civic classes, multilingual computer classes, and seminars on small-business development and cultural programs.

Comunidad de Habla Hispana—301-587-7217
8519 Piney Branch Road, Silver Spring
Assists the Hispanic community in finding employment. Full range of services related to immigration such as notary public, document translation, and assistance with forms.

Department of Health and Human Services, Latino Health Initiative, Children Fleeing Violence Project—240-777-3384 or 240-773-8293
Legal assistance, medical insurance, school enrollment and other services. Family reunification and navigation services.

Islamic Center of Maryland—301-840-9440
19411 Woodfield Road, Gaithersburg
Counseling services for men, women, and children for personal, familial, marital, and social challenges. Services are provided at no cost to families.

Islamic Society of the Washington Area (ISWA)—301-879-0930
2701 Briggs Chaney Road, Silver Spring
Social services for low-income Muslim families; domestic-violence-prevention programming, including referrals, family counseling, and temporary shelter to Muslim families.

Korean Community Service Center of Greater Washington—240-683-6663
847 Quince Orchard Blvd. #J, Gaithersburg
Monday–Friday, 9:00 a.m.–4:00 p.m. Comprehensive services free to Korean-American and Chinese families and new immigrants. Appointment necessary.

Muslim Community Center—301-384-3454 and 301-384-2166 for clinic
15200 New Hampshire Avenue, Silver Spring
Clinic is open seven days a week, 9:00 a.m. to 5:00 p.m. Must have an appointment. Services are sliding scale for the uninsured, 18 and older; dental clinic, eye clinic, and domestic violence counseling.

Spanish Catholic Center, Catholic Charities 301-942-1790, 12247 Georgia Avenue, Wheaton 301-740-2523
201 E. Diamond Avenue, 3rd Floor, Gaithersburg
Employment services, translation of documents, and immigration information. Silver Spring location offers low-cost medical clinic and counseling services.

TESS Community Center—240-773-8260
8513 Piney Branch Road, Silver Spring
Social services to the community: income tax help, legal aid, food, public assistance, and problem solving. Services are provided in Spanish and English.

Women’s Law Center of Maryland, Inc., Multi-Ethnic Domestic Violence Project (MEDOVI)—410-396-3294
Free services focusing on the special needs of foreign-born victims of domestic violence. For a list of other services, please call 410-321-8761.
Legal Services/Court Advocacy/Mediation
(See immigration and multicultural services for additional legal services resources.)

Abused Person’s Program—240-777-4815 or 240-777-4195
Help to obtain protection and peace orders, crisis and ongoing counseling, shelter, support, and advocacy services to victims of partner-related domestic abuse. Telephone and walk-in crisis counseling and accessible shelter for victims and their dependent children are available 24 hours a day.

Bar Association of Montgomery County, Bar Foundation Pro Bono Program—301-424-7651
Three clinic locations:
Tess Community Service Center
8513 Piney Branch Road, Silver Spring
Gilchrist Center Wheaton
11002 Veirs Mill Road, Suite 506, Wheaton
Gilchrist Center Gaithersburg Library
18330 Montgomery Village Avenue, Gaithersburg

Bar Association of Montgomery County, Lawyer Referral Service—301-279-9100
With referral from other social service agency—standard fee is $50 for first 50 minutes of initial consultation. Reduced fees: $25 for first 30 minutes, for income-eligible clients with referral. No obligations after initial consultation.

Catholic Charities Legal Network—202-350-4305
Pro bono legal services by appointment. Clients may be seen at different sites in Montgomery County, Prince Georges County, and Washington, D.C. Spanish-speaking clients should call 202-772-4325.

Circuit Court, Civil Department—240-777-9401
Judicial Center, 50 Maryland Avenue, Lobby Level, Rockville
Addresses legal issues such as foreclosures, federal tax liens, mechanics liens, lawsuits, automobile liens, and judgments. Low-income persons can request a waiver for court filing fees.

Circuit Court, Domestic Violence Assistance Project, House of Ruth Legal Clinic—240-777-9077 or 9078
Free civil representation for protective and peace orders.

Circuit Court, Family Law Self-Help Center—240-777-9426 or 240-777-9079
50 Maryland Avenue, Room 1500, South Tower, Rockville
No telephone services. Free walk-in clinic for general legal information, advice on forms and how to fill out forms, as well as limited legal advice to income-eligible customers who are representing themselves in family law cases such as divorce, custody, visitation, name change, and guardianship. Pro se staff does not represent customers in court. Low-income customers can request a waiver for court filing fees.

Family Law Hotline—1-800-845-8550
Legal advice and referrals, and assistance completing legal forms.

House of Ruth, Maryland Domestic Violence Legal Clinic Hotline—410-889-7884 or 1-888-880-7884
Free domestic violence legal services.

Maryland Legal Aid—240-314-0373
600 Jefferson Plaza, Suite 430, Rockville
Family law and consumer issues.

Maryland Volunteer Lawyers Service—1-800-510-0050
Free legal assistance for IRS and Medicaid disputes and foreclosure assistance.

Montgomery County Family Justice Center—240-773-0444
600 Jefferson Plaza, Suite 500, Rockville
Offers comprehensive services to victims of intimate partner violence, including law enforcement, legal, social services, and counseling.

Montgomery County Mediation Program—240-777-7300
State’s Attorney’s Office: 50 Maryland Avenue, North Tower, 5th floor, Rockville
Free service provided by the State’s attorney’s office as a nonjudicial means of resolving disputes without court involvement. Monday–Friday, 8:00 a.m.–5:00 p.m.

Office of the Public Defender, Montgomery County Court—301-563-8900
141 East Jefferson Street, Rockville
Administrative fee applies: adult $50 and juvenile $25.

State of Maryland, Office of Child Support Enforcement—1-800-332-6347
51 Monroe Street, Rockville
Services in all phases of the process of obtaining child support, 8:00 a.m.–4:00 p.m., Monday–Friday.

Women’s Law Center of Maryland—410-321-8761
Free legal assistance and education programs for women and their families.
Mental Health
(For 24-hour emergency hotlines, see page 1.)

Andromeda Cultural Health
Services—202-291-4707
1400 Decatur Street, N.W., Washington, D.C.
Psychiatric and counseling services for adults. English and Spanish spoken. Sliding-scale payment available.

Aspire Counseling at Sheppard Pratt—301-978-9750
16220 Frederick Road, #502, Gaithersburg
Outpatient mental health services. Provides Spanish-speaking services.

Catholic Charities—301-942-1790
12247 Georgia Avenue, Wheaton
Counseling services to refugees and immigrants.

Counseling Plus—301-565-9001
8561 Fenton Street, Suite 230, Silver Spring
Counseling in English and Spanish, including substance abuse and DUI counseling. For adults only.

Department of Health and Human Services, Adult Behavioral Health Program—240-777-1323
11002 Veirs Mill Road, Suite 705, Wheaton
Counseling for medical assistance or uninsured adults/couples with bilingual/bicultural therapists.

Department of Health and Human Services, Child and Adolescent Mental Health Services—240-777-1450
8818 Georgia Avenue, Suite 501, Silver Spring
Services in English and Spanish for children (5 and older) and adolescents who are uninsured or receive Medical Assistance.

Department of Health and Human Services, Linkages to Learning—Main office
240-777-1731
1401 Rockville Pike, Suite 310, Rockville
Counseling, health, and social services provided on site. The program works only with non-Head Start/Pre-K families or families with older siblings in the school community. Serves many MCPS elementary and middle schools.

EveryMind, Youth Services—301-933-2818
3950 Ferrara Drive, Silver Spring
Crisis intervention and counseling for youth 5 to 18 years old.

Family Services, Inc., Mental Health Center—301-840-3263
610 East Diamond Avenue, Gaithersburg
Counseling and psychiatric services for children, adolescents, and adults.

Jewish Social Services Agency—
301-881-3700, 6123 Montrose Road, Rockville
301-838-4200, 200 Wood Hill Road, Rockville
Counseling and other social services for families and the elderly, on a sliding scale.

Montgomery County Commission for Women—240-777-8333
21 Maryland Avenue, Suite 330, Rockville
Short-term counseling and advocacy in English, French, and Arabic.

Montgomery County Hotline—301-738-2255
Supportive conversation for nonemergency purposes.

Montgomery County Access to Behavioral Health Services—240-777-1770
Information about mental-health providers for Montgomery County residents who have Medical Assistance or no insurance. Primary point of access for all referrals for adult and adolescent mental health clinics. Evaluation, assessment, and referrals.

National Alliance on Mental Illness (NAMI)—301-949-5852
11718 Parklawn Drive, Rockville
Free education, support and advocacy for all affected by mental illness. Helpline for mental-illness questions or concerns, 301-949-9630. www.namimc.org

Pro Bono Counseling Project—301-805-8191 or 1-877-323-5800 or 1-800-273-8255
Referral service for uninsured, low-income families to mental-health providers who provide care on a volunteer basis, at no cost.

Reginald S. Lourie Center for Infants and Young Children—301-984-4444
12301 Academy Way, Rockville
Prevention, information, and treatment for families and for children with behavioral, emotional, movement and coordination, and/or speech and language problems.

Vesta, Inc., Horizon Outpatient Clinic
240-296-5860 or 240-296-5862,
Silver Spring and Germantown
Counseling and psychiatric services for children, adolescents, and adults.

Washington School of Psychiatry and Treatment Center—202-237-2700
5028 Wisconsin Avenue, N.W., Suite 400, Washington, D.C.
Individual, group, and family therapies to children, adolescents, and adults. Accepts Medical Assistance; services on a sliding scale.

Willow Oak Therapy Center—301-251-8965
15701 Crabbs Branch Way, Rockville
Individual, couples, and family therapy. Accepts Medical Assistance and private insurance, and offers a sliding-scale fee.

YMCA Youth and Family Services—301-593-1160 or 4805 Edgemoor Lane, Bethesda
Family and individual counseling for children and adults.
Mentoring

**Interfaith Works, Friends in Action Program—301-762-8682**
114 West Montgomery Avenue, Rockville
Matches families with teams of 5–10 mentors to work together toward family goals. Program has English- and Spanish-speaking teams.

**Missing and Exploited Children**

**Child Find of America—1-800-426-5678**
A nonprofit organization whose mission is to locate missing children, prevent child abduction through education, and resolve parental abduction through mediation.

**National Center for Missing and Exploited Children—1-800-843-5678 or 1-888-246-2632**
National hotline 24-hours a day, seven days a week. Reports missing children and sightings of missing children. Reports child pornography, prostitution, child sex tourism, and child molestation by a nonfamily member.

**Parenting/Parent Education**

**Ed Bohrer Parent Resource Center—240-778-9879**
35 North Summit Avenue, Gaithersburg
Adult education services, social services, and referrals. Free to Montgomery County residents.

**NAMI—301-949-5852**
9210 Corporate Blvd, Suite 170, Rockville
Free classes and support groups for parents of children with mental illness.

**Prekindergarten/Head Start “Totline”—240-740-4580**
For Prekindergarten/Head Start families. Call staff psychologists from 9:00 a.m.–5:00 p.m., Monday–Friday, to discuss concerns about your child.

**Pregnancy and Women’s Health**

**Aspire Counseling, Postpartum Depression Program—301-978-9750**
16220 Frederick Road, Suite 502, Gaithersburg
A collaboration program between Healthy Families Montgomery and Aspire Counseling.

**Birthright—301-570-3339**
Hotline: 1-800-550-4900
2915F Olney Sandy Spring Road, Olney
Pregnancy testing and counseling. Limited material assistance.

**Centro Tepeyac—301-587-9516**
12247 Georgia Avenue, Silver Spring
Pregnancy testing, prenatal classes, counseling, maternity clothes, and baby supplies.

**Department of Health and Human Services, Maternity Partnership Program**
240-777-3591, Germantown
240-777-3120, Rockville
240-777-3066, Silver Spring
Prenatal and child health education and care coordination. Enrollment through service eligibility unit (SEU).

**Family Services, Inc., Healthy Families Montgomery—301-840-3233**
610 E. Diamond Avenue, Gaithersburg
Comprehensive, home-visiting support program for first-time parents. Referrals should be made during pregnancy.

**Planned Parenthood Clinic—301-208-1300, 19650 Clubhouse Road, Suite 101, Gaithersburg**
Services for the insured and uninsured. HIV testing, annual exams, family planning, pregnancy testing, and counseling on sliding-scale fee.

**Register of Wills—240-777-9600**
50 Maryland Avenue, Suite 3220, Rockville
Instructions on procedures in the administration of estates, and preparation of all required forms.

**Registers**

**Maryland State, Division of Vital Records—410-764-3038 or 1-800-832-3277**
6764B Reisterstown Road, Baltimore, Maryland
Birth, death, marriage, and divorce certificates. Check, cash, or money order accepted. https://health1.maryland.gov/vsa/pages/home.aspx

**Montgomery County Circuit Court**
50 Maryland Avenue, Rockville
Marriage and business certificate applicants, call 240-777-9460, and for verification of divorce decrees and family cases, call 240-777-9426.

**Rockville Women’s Center—301-770-4444**
12530 Parklawn Drive, #170, Rockville
Pregnancy testing, counseling, and parenting program that includes material assistance. Services are free.

**Shady Grove Pregnancy Center—301-963-6223**
16220 Frederick Road, Suite 118, Gaithersburg
Free pregnancy testing, counseling, maternity and baby clothes, and equipment.
Senior Citizens

Department of Health and Human Services, Aging and Disability Unit, Information and Assistance Center/Adult Protective Services—240-777-3000
Information and services for adults over 18 with physical and emotional disabilities, and for elderly adults.

State Health Insurance Assistance Program (SHIP)—301-255-4250
Free information and counseling for seniors, the disabled, and their families on Medicare, Medicaid, managed care, HMOs, long-term care insurance, claims, and appeals.

Social Security Administration
1-800-772-1213 National Number
10230 New Hampshire Avenue, Suite 304, Silver Spring—1-877-512-3848 or 315 North Washington Street, Rockville—1-866-838-5341
Assistance in applying for all social security programs: retirement benefits, spouse survivor benefits, disability pension, Supplemental Security Income (SSI), Medicare, and Medicaid benefits. All ages served, 9:00 a.m.–4:00 p.m., on Monday, Tuesday, Thursday and Friday; and 9:00 a.m.–12:00 p.m., on Wednesday. www.ssa.gov

Social Services

Montgomery County Department of Health and Human Services, Income Maintenance
240-777-4600, 1301 Piccard Drive, Rockville
240-777-3420, 12900 Middlebrook Road, Germantown
240-777-3100, 8818 Georgia Avenue, Silver Spring
Applications for SNAP (food stamps), medical assistance, and temporary cash assistance (TCA) are processed.

Montgomery County Department of Health and Human Services—Rockville Office
1301 Piccard Drive, Rockville
Crisis, Income, and Victim Services,
Income Supports: 240-777-4600
Children, Youth and Family Services:
240-777-1101; Fax 240-777-1494
Crisis Center: 240-777-4000
Crisis Prevention and Intervention: 240-777-4550
Rental Assistance Program: 240-777-4400
Office of Home Energy Programs: 240-777-4450

Substance Abuse

Addictions Service Coordination (ASC)—240-777-4710
255 Rockville Pike, Suite 145, Rockville
Drug and alcohol assessments and referrals for Montgomery County uninsured adult residents.

Alcoholics Anonymous—202-966-9115 or www.aa-dc.org
Oficina Intergrupal Hispana—301-587-6191 or 240-821-3145 for Spanish-speakers
A fellowship of men and women who share their experiences, strengths, and hope to help each other recover from alcoholism. Call for information on group meetings in the area.

Al-Anon/Alateen—202-635-2023
A fellowship of relatives and friends of alcoholics who share experiences, strengths, and hope to solve common problems. Call for information on group meetings for adults and teens.

Department of Health and Human Services, Outpatient Addictions Services (OAS)—240-777-1680
981 Rollins Avenue, Rockville
Outpatient substance abuse treatment to adults. Services to the uninsured. Must complete a screening process prior to enroll. Call 240-777-4710 for screening appointment first at 255 Rockville Pike, Rockville.

Narcotics Anonymous—1-800-543-4670
For the Help Line, call 202-399-5316. Offers support services and group meetings for those seeking support for recovery from drug abuse.

Naranon—1-800-477-6291
Offers information and support groups for family and friends of drug abusers. www.naranon.org

Screening and Assessment Services for Children and Adolescents—240-777-1430
Free substance-abuse screening and assessment services and referrals for children and adolescents.
Transportation

**Call-N-Ride Program—311**
Subsidized transportation program for the elderly, disabled, and low-income persons.

**Medicaid Transportation Program—240-777-5890**
Transportation for persons with disabilities who have Medical Assistance to get to and from medical appointments/doctors offices, and clinics.

**Metrorail and Metrobus Information—202-637-7000 or www.wmata.com**
Route information and schedules. 24-hour automated service.

**Ride On Bus Information—240-777-7433, or 311**
Hours of operation are Monday–Friday, 7:00 a.m.–5:00 p.m.,
www.montgomerycountymd.gov/dot-transit/

---

Youth Support Programs

**Family Services, Inc., Community and School-based Services—240-683-6580**
620 E. Diamond Avenue, Suite H, Gaithersburg
Mental health and social services programming for children 5 to 18 years old and their families at a variety of school and community sites located in Gaithersburg, Germantown, and Olney.

**Identity, Inc.—301-963-5900**
414 East Diamond Avenue, Gaithersburg
Offers school-based programs, GED Prep, workforce development, recreation, mental health counseling and other services for Latino Youth and their families.

**YMCA—Youth, Development and Community Services—301-587-5700**
9601 Colesville Road, Silver Spring
Mentoring, outdoor education, youth education, acculturation support, and other services/programs.
www.ymcadc.org/yfs

---

Unemployment

**Maryland State Office of Unemployment Insurance (OUI)—301-313-8000**
www.dllr.maryland.gov/employment/unemployment.shtml
To file a claim for benefits for people who are unemployed through no fault of their own and are ready and able to work. Go online, set up profile and begin job search.

---

Utility Payments

**Department of Health and Human Services, Housing Stabilization Services**
Assistance (once a year) for families facing eviction or utility disconnection. Assistance with security deposit, food referrals, medical bills, prescriptions, burial assistance, and homeless shelter services.
240-777-4550, 1301 Piccard Drive, Rockville
240-777-4448, 12900 Middlebrook Road, Germantown
240-777-3075, 8818 Georgia Avenue, Silver Spring

**Department of Health and Human Services, Office of Home Energy Programs—240-777-4450**
1301 Piccard Drive, Rockville
Assistance to low-income families with home-heating costs and electric bills.

**PEPCO—202-833-7500**
Call with billing questions or to make payment arrangements. Payments can be placed in a night depository box at 200 West Gude Drive, Rockville.
At this location, from 10:00 a.m.–2:00 p.m., staff is available for the following purposes only: payments to restore service or for the delivery of documentation if required in opening a new account.
MCPS NONDISCRIMINATION STATEMENT

Montgomery County Public Schools (MCPS) prohibits illegal discrimination based on race, ethnicity, color, ancestry, national origin, nationality, religion, immigration status, sex, gender, gender identity, gender expression, sexual orientation, family structure/parental status, marital status, age, ability (cognitive, social/emotional, and physical), poverty and socioeconomic status, language, or other legally or constitutionally protected attributes or affiliations. Discrimination undermines our community’s long-standing efforts to create, foster, and promote equity, inclusion, and acceptance for all. Some examples of discrimination include acts of hate, violence, insensitivity, harassment, bullying, disrespect, or retaliation. The Board prohibits the use of language and/or the display of images and symbols that promote hate and can be reasonably expected to cause substantial disruption to school or district operations or activities. For more information, please review Montgomery County Board of Education Policy ACA, Nondiscrimination, Equity, and Cultural Proficiency. This Policy affirms the Board’s belief that each and every student matters, and in particular, that educational outcomes should never be predictable by any individual’s actual or perceived personal characteristics. The Policy also recognizes that equity requires proactive steps to identify and redress implicit biases, practices that have an unjustified disparate impact, and structural and institutional barriers that impede equality of educational or employment opportunities.

For inquiries or complaints about discrimination against
MCPS staff *
Office of Human Resources and Development
Department of Compliance and Investigations
850 Hungerford Drive, Room 55, Rockville, MD 20850
240-740-2888
DCI@mcpsmd.org

For inquiries or complaints about discrimination against
MCPS students *
Office of the Chief of Districtwide Services and Supports
Student Welfare and Compliance
850 Hungerford Drive, Room 162, Rockville, MD 20850
240-740-3215
SWC@mcpsmd.org

For inquiries or complaints about sex discrimination under Title IX, including sexual harassment, against students or staff*
Title IX Coordinator
Office of the Chief of Districtwide Services and Supports
Student Welfare and Compliance
850 Hungerford Drive, Room 162, Rockville, MD 20850
240-740-3215
TitleIX@mcpsmd.org

*Inquiries, complaints, or requests for accommodations for students with disabilities also may be directed to the supervisor of the Office of Special Education, Resolution and Compliance Unit, at 240-740-3230. Inquiries regarding accommodations or modifications for staff may be directed to the Office of Human Resources and Development, Department of Compliance and Investigations, at 240-740-2888. In addition, discrimination complaints may be filed with other agencies, such as: the U.S. Equal Employment Opportunity Commission, Baltimore Field Office, GH Fallon Federal Building, 31 Hopkins Plaza, Suite 1432, Baltimore, MD 21201, 1-800-669-4000, 1-800-669-6820 (TTY); or U.S. Department of Education, Office for Civil Rights, Lyndon Baines Johnson Dept. of Education Bldg., 400 Maryland Avenue, SW, Washington, DC 20202-1100, 1-800-421-3481, 1-800-877-8339 (TDD), OCR@ed.gov, or www2.ed.gov/about/offices/list/ocr/complaintintro.html.

This document is available, upon request, in languages other than English and in an alternate format under the Americans with Disabilities Act, by contacting the MCPS Office of Communications at 240-740-2837, 1-800-735-2258 (Maryland Relay), or PID@mcpsmd.org. Individuals who need sign language interpretation or cued speech transliteration may contact the MCPS Office of Interpreting Services at 240-740-1800, 301-637-2958 (VP) or MCPSInterpretingServices@mcpsmd.org. MCPS also provides equal access to the Boy/Girl Scouts and other designated youth groups.