



Required Safety-Related Forms, Documents, and Courses

Note: The following are available on the Athletics Section of the MCPS Website.

Required Forms / Information Completed and Submitted by Student-Athletes / Parents during the Online Athletic Registration Process through the myMCPS Parent Portal.

1. MCPS Student-Parent Athletic Participation Contract and Parent Permission Form
2. MCPS Medical Card for Athletes (Form # 560-30)
3. MCPS Consent Form ImPact Baseline Concussion Testing
4. MSDE Concussion Awareness and Sudden Cardiac Arrest Acknowledgement of Awareness Form
5. MCPS Pre-participation Physical Evaluation Form (Form # SR-8)

Required Information Documents for Students/Parents

Note: Parents and student-athletes are required to review the following items during the online athletic registration process. Numerous additional health and safety-related information and resources are available on the MCPS Athletics Web Page.

1. MCPS Concussion Information for Parents (Letter)
2. MCPS Baseline Testing Parent Letter (MCPS)
3. CDC *Head's Up Concussions: A Fact Sheet for Parents*
4. CDC *Head's Up Concussions: A Fact Sheet for Athletes*
5. MSDE Sudden Cardiac Arrest Information for Parents
6. MSDE Sudden Cardiac Arrest Frequently Asked Questions

Required Forms Completed by Schools after an Injury Occurs

1. MCPS Student Accident Report (MCPS Form 525-2)
2. MSDE Graduated Return to Play Protocol Form
3. MSDE Pre-participation Head Injury/Concussion Reporting Form for Extracurricular Activities
4. MSDE Medical Clearance for Student-Athlete Suspected Head Injury Form

School System Plans and Procedures

1. Injury Procedures for Coaches and Athletic Trainers
2. Athletic Trainer Scope of Services
3. MCPS Coach Health and Safety Expectations (Memorandum)
4. MCPS Fall Heat Plan
5. MCPS Concussion Plan
6. MCPS Baseline Testing Plan
7. MCPS/CDC Concussion Signs and Symptoms Quick Reference Card
8. MCPS Weather Guidelines
9. MRSA – Recommendations for Schools and Communities
10. Required Safety-Related Forms, Documents, and Courses
11. MCPS Health and Safety PowerPoint
12. Athletic Trainer (ATC) Evaluation Form

Required Courses for Stipend Coaches

1. MSDE Care and Prevention of Athletics Injuries Course *
2. NFHS Bullying, Hazing, and Inappropriate Behaviors Course (one time)
3. NFHS Concussion in Sports Course (every two years)
4. NFHS Heat Illness Prevention Course (every two years)
5. NFHS Sudden Cardiac Arrest Course (every two years)
6. NFHS Blocking and Defeating Blocks, Shoulder Tackling, and Equipment Fitting (required by stipend football coaches only – one time)
7. MCPS Compliance Training Course (every year as outlined by MCPS policies and regulations)**
8. MCPS Safety Courses (every year as outlined by MCPS policies and regulations)

* *Also required for volunteer coaches*

** *Volunteer coaches must complete the compliance module addressing recognizing, reporting, and preventing child abuse and neglect.*