

# CARE & PREVENTION OF ATHLETIC INJURIES (PE-22)

## COURSE DATES & INFORMATION: 2020–2021

Link to sign up for course: <https://forms.gle/52jwXNyPo8kWHoZk7>

SUMMER 2020	FALL 2020	WINTER 2021	SPRING 2021
<b>Care &amp; Prevention Class:</b> Saturday & Sunday August 8– 9, 2020 <i>Virtual Course</i>	<b>Care &amp; Prevention Class:</b> Saturday & Sunday November 7– 8, 2020 <i>Virtual Course</i>	<b>Care &amp; Prevention Class:</b> Saturday & Sunday February 6– 7, 2021 <i>Virtual Course</i>	<b>Care &amp; Prevention Class:</b> Saturday & Sunday June 5 – 6, 2021 Expected to be: <i>In-Person Course</i>
<b>New Coaches' Seminar:</b> August 10, 2020 (Virtual)	<b>New Coaches' Seminar:</b> November 4, 2020 (Virtual)	<b>New Coaches' Seminar:</b> February 10, 2021 (Virtual)	<b>New Coaches' Seminar:</b> June 2, 2021
<b>CPR/AED:</b> TBD	<b>CPR/AED:</b> TBD	<b>CPR/AED:</b> February 11, 2021	<b>CPR/AED:</b> June 10, 2021
<b>Make-up:</b> August 16, 2021	<b>Make-up:</b> November 15, 2021	<b>Make-up:</b> February 27–28, 2021	<b>Make-up:</b> June 13, 2021

Each session is comprised of four classes – two Care & Prevention classes, one New Coaches Seminar, and one CPR/AED Class.

- **2020–21 Course Information:** Each session of the *Care and Prevention of Athletic Injuries Course (PE 22)* consists of a two-day weekend course held from 8 am to 4:30 pm, with a half hour break for lunch. \*Note: Participants must be available the entire day, for both days, to receive credit for the course. Unfortunately, if any part of the course is missed, participants will be required to re-take the entire course in the next available session.
- [New Online Payment Option](#)
- **The New Coaches' Seminar** is required for all coaches prior to beginning their first MCPS coaching assignment. The class is offered four times per year in combination with the *Care and Prevention of Athletic Injuries Course (PE 22)*. Note: Participants are not required to attend the New Coaches' Seminar if they have previously taken the class. Please include proof of attendance when submitting the on-line application.
- **CPR/AED Certification:** All stipend coaches must be certified in CPR/AED prior to beginning their coaching assignment. Coaches who do not have a current certification in CPR/AED are required to attend the CPR/AED Certification Class. Volunteer coaches are **not** required to be AED/CPR certified prior to beginning to their coaching assignment.

**Regarding classes postponed due to inclement weather or other emergencies:** The first cancelled class will be made-up as listed above. If it becomes necessary to cancel more than one class, all other postponed classes will be made up on the earliest date available.

**Action Required:** One week prior to the start of the class, participants must confirm their attendance in the class and guarantee their seat by responding to the course logistics e-mail.

All questions should be referred to the local school athletics specialist.



**MCPS Athletics Phone: 240-740-5650; Fax: 301-279-3104**