

Office of the Chief Operating Officer
Interscholastic Athletics
MONTGOMERY COUNTY PUBLIC SCHOOLS
Rockville, Maryland
240-740-5650

2019-2020

Course Code: PE 22

Care & Prevention of Athletic Injuries

MSDE Credits: 1

- **ALL** Montgomery County Public Schools (MCPS) coaches, both stipend and volunteer, are required to complete this course within one year of the start of the season for which they were hired.
- The course fee is \$30.00. Course applicants not employed as teachers or supporting services personnel by MCPS must include a check or money order payable to Montgomery County Public Schools with this application. For teachers and supporting services personnel, the fee will be deducted from their regular MCPS paycheck upon completion of the course.
- Priority is given to MCPS coaches hired for stipend positions for the upcoming season.
- Course session dates include: five *Care and Prevention of Athletic Injuries* classes, the CPR/AED certification class, the *New Coaches' Seminar*, and make-up date/s (to be used only if there is a systemwide closure). Dates are listed on page two.
- Signatures of the employee and principal or athletic director are required.

I REQUEST ENROLLMENT IN THE SESSION INDICATED BELOW:

Each session is comprised of seven classes – five Care & Prevention classes, one New Coach seminar, and one CPR/AED Certification Class. All classes meet from 6:30 – 9:30 p.m.

SUMMER 2019 (dates listed on page 2) FALL 2019 (dates listed on page 2) WINTER 2020 (dates listed on page 2) SPRING 2020 (dates listed on page 2)

Last Name: _____ MI: _____ First Name: _____

Home Address: _____ City: _____ State: _____ Zip Code: _____

*Email Address: _____ Cell Phone: _____ Work Phone: _____

*Required

MCPS Employee? Yes No MCPS Position? Teacher: Supporting Services: **Not an MCPS Employee, Hired as Coach: **Make sure to include \$30 course fee

*Employee ID# or Social Security #: _____ Home School/Work Location: _____

*Required

What sport/s do you plan to coach? _____ At Which School? _____

Do you have a coaching position pending the completion of this course? Yes No

The position pending is as: Varsity Coach Junior Varsity Coach Volunteer Coach

I am certified in CPR/AED: Yes No If yes: American Heart Association Red Cross

Date Certified: _____ Please include with application or bring proof of certification to the first class.

Signature of Applicant: _____

Check one:

This course is is not related to employee's assignment. I recommend enrollment I do not recommend enrollment

*Signature of Principal/Athletic Director: _____ Date: _____

*Required

Submit completed form:

BY PONY: Interscholastic Athletics, Carver Educational Services Center (CESC), Room 174, Attention: Robin McCue

BY MAIL: Interscholastic Athletics, 850 Hungerford Drive, Room 174, Rockville, Maryland 20850, Attention: Robin McCue

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2019–2020 SESSION DATES

ALL CLASSES MEET FROM 6:30–9:30 P.M.

SUMMER 2019	FALL 2019	WINTER 2020	SPRING 2020
August 5, 2019: Care & Prevention	October 22, 2019: Care & Prevention	February 4, 2020: Care & Prevention	June 1, 2020: Care & Prevention
August 6, 2019: Care & Prevention	October 24, 2019: Care & Prevention	February 6, 2020: Care & Prevention	June 2, 2020: Care & Prevention
August 7, 2019: Care & Prevention	October 29, 2019: Care & Prevention	February 11, 2020: Care & Prevention	June 3, 2020: Care & Prevention
August 8, 2019: Care & Prevention	October 30, 2019: Care & Prevention	February 13, 2020: CPR/AED	June 4, 2020: Care & Prevention
August 9, 2019: CPR/AED	November 5, 2019: Care & Prevention	February 18, 2020: Care & Prevention	June 8, 2020: Care & Prevention
August 12, 2019: Care & Prevention	November 7, 2019: CPR/AED	February 20, 2020: Care & Prevention	June 9, 2020: CPR/AED
August 13, 2019: New Coaches	November 13, 2019: New Coaches	February 26, 2020: New Coaches	June 10, 2020: New Coaches
August 14, 2019: Make-up	November 15, 2019: Make-up	February 25 & 27, 2020: Make-up	June 11, 2020: Make-up

Each session is comprised of seven classes – five Care & Prevention classes, one New Coach seminar, and one CPR/AED Class:

- Each session of *Care and Prevention of Athletic Injuries Course (PE 22)* consists of five (5) classes. Attendance at all five classes is required. * Note: Participants are permitted to miss one class due to illness or an unavoidable conflict, but the missed class must be made up in the next session offered. If it becomes necessary to miss more than one class, the participant would need to retake the entire course.
- The *New Coaches' Seminar* is required for all coaches prior to beginning their first MCPS coaching assignment. The class is offered four times per year in combination with the *Care and Prevention of Athletic Injuries Course (PE 22)*. Note: Participants are not required to attend the New Coaches' Seminar if they have previously taken the class. Please include proof of attendance when submitting the application.
- All stipend coaches must be certified in CPR/AED prior to beginning their coaching assignment. Coaches who do not have a current certification in CPR/AED are required to attend the CPR/AED Certification Class. Volunteer coaches are **not** required to be AED/CPR certified prior to beginning to their coaching assignment.

Regarding classes postponed due to inclement weather or other emergencies:

The first cancelled class will be made-up as listed above. If it becomes necessary to cancel more than one class, all other postponed classes will be made up on the earliest date available, possibly scheduling two classes on a Saturday.

Action Required:

One week prior to the start of the class, participants must confirm their attendance in the class and guarantee their seat by responding to the course logistics e-mail or by phone at 240-740-5650.

All questions should be referred to the local school athletic director.

