

2018-2019 Skycroft Outdoor Education Menu

At All Meals:

- Bagel & fruit bar for all breakfast meals
- Cold cereal assortment for all breakfast meals
- Salad bar for all lunch and dinner meals
- Soup for all lunch and dinner meals during cold season
- All menu items are nut-free

Monday: Dinner

Pasta
 Marinara Sauce
 Meat Sauce
 Broccoli
 Garlic Toast
 Brownies

Tuesday:

Breakfast

Pancakes
 Sausage Links
 Hash browns
 Syrup

Lunch

Hard & Soft Shell Tacos
 Beef
 Spanish Rice
 Refried Beans
 Corn
 Toppings Bar
 Cookies

Dinner

Barbecue Chicken
 Mashed Potatoes
 Gravy
 Carrots
 Brownies

Wednesday:

Breakfast

Breakfast Sandwich
 English Muffin
 Egg Patty
 Sausage Patty
 Scrambled Eggs
 Diced Potatoes

Lunch

Cheese Pizza
 Pepperoni Pizza
 Tatter Tots
 Green Beans
 Cookies

Dinner

Pasta
 Marinara Sauce
 Meat Sauce
 Broccoli
 Garlic Toast
 Brownies

Thursday:

Breakfast

Pancakes
 Sausage Links
 Hash browns
 Syrup

Lunch

Hard & Soft Shell Tacos
 Beef
 Spanish Rice
 Refried Beans
 Corn
 Toppings Bar
 Cookies

Dinner

Barbecue Chicken
 Mashed Potatoes
 Gravy
 Carrots
 Brownies

Friday:

Breakfast

Breakfast Sandwich
 English Muffin
 Egg Patty
 Sausage Patty
 Scrambled Eggs
 Diced Potatoes

Lunch

Cheese Pizza
 Pepperoni Pizza
 Green Beans
 Tatter Tots
 Cookies

Evening Snack

2 Chocolate Chip Cookies
 Ice water

*Gluten-free options are available upon request. Students can request gluten-free alternatives during their mealtime; arrangements **do not** need to be made prior to their session. While gluten-free alternatives are available, Skycroft cannot guarantee that cross contamination could not occur as our dining halls are not gluten-free.

Please note: Students with severe food allergies are strongly encouraged to bring their own meals from home. Outside food must be kept in the refrigerator located in the nurse's station, which is accessible to students at each mealtime. A commercial microwave is located at the entrance of the dining hall and can be used to heat pre-packed meals.