

Sample Schedule

Time	Day 1	Time	Day 2	Time	Day 3
8:00-8:30	Students drop off luggage at assigned location in front of school and report to cafeteria	7:15	Rise and Shine & Clean Cabins	7:00	Rise and Shine, clean cabins, Pack up, bring luggage to benches
		7:30	KP #3 report to dining hall		
8:30-9:45	Students work on Journal Prompt #1 in café and await buses	8:00-8:45	Breakfast	7:30	KP #6 report to dining hall
		8:45-9:15	Journal Prompt #4		
9:45-10:00	Students board buses	9:30-11:30	Instructional Block #2 CC = Osprey – cone 4 PP = Eagles – cone 1 EW= Loones – cone 2 SS= Buffleheads – cone 3	8:00-8:45	Breakfast
10:00-10:30	Ride MCPS bus to Lake Frank			8:45-9:15	Cabins for final cleaning and inspection
10:30-12:30	Hike into Smith Center / Orientation			9:30-11:05	Instructional Block #4 CC = Loones – cone 2 PP = Buffleheads – cone 3 EW= Osprey – cone 4 SS= Eagles– cone 1
12:30	KP #1 report to dining hall				
12:45-1:30	Lunch	11:30	KP #4 report to dining hall	11:05	KP #7 report to dining hall
1:30-1:45	Journal Prompt #2	11:30-11:45	Cabin Time to wash for midday meal	11:05-11:15	Wash up for midday meal
1:45-2:15	Identify luggage and bring to cabins	12:00-12:45	Lunch		
2:15	Report to cones and line up for instructional block	12:45-1:15	Journal Prompt #5	11:00	Select staff to load busses
2:15-4:30	Instructional Block #1 CC = Eagles- cone 1 PP = Loones- cone 2 EW = Buffleheads- cone 3 SS = Osprey- cone 4	1:30-3:30	Instructional Block #3 CC = Buffleheads – cone 3 PP = Osprey – cone 4 EW= Eagles – cone 1 SS= Loones – cone 2	11:30-12:15	Lunch
		3:30-3:45	Cabins to change for Teambuilding Time	12:15	Load buses
		3:45-4:30	Teambuilding Time	12:15-1:00	Ride MCPS bus back to school
4:30	KP #2 report to dining hall	4:30	KP #5 report to dining hall	1:00	Students and luggage school. Students dismissed to parents/guardians to go home
4:30-4:45	Cabin time to wash for dinner	4:30-4:45	Cabins to wash		
		5:00-5:45	Dinner		
5-5:45	Dinner	5:45-6:15	Journal Prompt #6		
		6:15-6:30	Cabin time to prepare for evening activities		
5:45-6:15	Journal Prompt #3	6:30-9:30	Evening Activities including SSL (40 minute rotations; 5 min transition time) Striped Bass – Mulching Checkerspot – Invasive Removal B Eyed Susan – Habitat Building Oriole – Seed Collection		
6:15-6:30	Cabin time to prepare for evening activities				
6:30-9:20	Evening Activities Comets – Cone 1 Asteroids – Cone 2 Solar Flares – Cone 3 Supernovas – Cone 4 Satellites – Cone 5				
9:20-9:30	Announcements, snack, and dismissal to cabins (White Oak Hall)	9:30 – 9:45	Snack		
9:30-10:00	Personal Hygiene	9:45-10:15	Personal Hygiene		
10:00	Lights Out!				
		10:15	Lights Out!		

STUDENTS MAY NOT TAKE LUGGAGE ON SCHOOL BUS. TRANSPORTATION MUST BE ARRANGED AT 1:00PM FOR PICK UP OF ALL STUDENTS.