



# **URGENT NEEDS** **for LGBTQ Youth**

**Resources for  
Youth, Families, & Staff in MCPS  
Montgomery County, MD Public Schools**

## **URGENT NEEDS for LGBTQ Youth in Montgomery County, MD Public Schools (MCPS)**

Metro DC PFLAG hopes that you will find these resources for Urgent Needs helpful in communicating with & providing support & guidance to LGBTQ & Ally students, families, & staff.

### **Table of Contents**

<b><u>Urgent Needs for LGBTQ Youth</u></b>	<b><u>Page</u></b>
<u>Trevor Project</u>	3
<u>Montgomery County Crisis Center</u>	3
<u>National Suicide Prevention Lifeline</u>	3
<u>Trans Lifeline</u>	3
<u>RAINN/National Sexual Assault Hotline &amp; LGBTQ info</u>	4
<u>National Runaway Safeline</u>	4
<u>Love Is Respect / National Teen Dating Abuse Helplines</u>	4
<u>LGBT National Help Center &amp; Talk-Lines</u>	5
<u>Montgomery County Coalition for the Homeless</u>	5
<u>Rainstorms to Rainbows: Consultation/Resources on LGBTQ Youth Homelessness, etc.</u>	5
<u>SMYAL (DC)</u>	5
<u>Latin American Youth Center (LAYC – in DC)</u>	5
<u>Casa Ruby (DC)</u>	6
<u>HRC: LGBT Youth Homelessness</u>	6
<u>Lambda Legal: Youth in Out of Home Care</u>	6
<u>Montgomery County free Youth Testing for Sexually Transmitted Infections &amp; HIV</u>	6
<u>Planned Parenthood in Montgomery County (Gaithersburg)</u>	6
<u>PFLAG Metro DC Helpline &amp; Support groups</u>	7



# Urgent Needs for LGBTQ Youth



## **The Trevor Project**

**Trevor LGBTQ youth 24/7 Crisis HOTLINE: 866.488.7386**

Website: [www.thetrevorproject.org](http://www.thetrevorproject.org)

The leading national organization providing Crisis Intervention & Suicide Prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) youth under 25 years old. Trained counselors support LGBTQ youth 24/7 via this phone Hotline, for those in crisis, feeling suicidal, &/or needing a safe, judgment-free place to talk. Counselors offer resources, support, & a sense of community. The Trevor Project (TTP) also educates youth & adults who interact with youth on LGBTQ-competent suicide prevention, risk detection & response. TTP advocate for laws & policies that will reduce suicide among LGBTQ young people. Their website has a lot of helpful information under the Resources/Support Ctr. tab has Coming Out & tons of other Info.

***Live On-line Chat or Texting for counseling:*** [www.thetrevorproject.org/pages/get-help-now](http://www.thetrevorproject.org/pages/get-help-now)

## **Montgomery County Crisis Center**



MontgomeryCountyMD.GOV  
Montgomery County Government

**HOTLINE: 240.777.4000**

Provides crisis services 24 hours a day/ 365 days a year. These services are provided over the telephone (240-

777-4000) OR in person at 1301 Piccard Drive in Rockville (no appointment needed). Mobile Crisis Outreach will respond anywhere within Montgomery County to provide emergency psychiatric evaluations. Full crisis assessments and treatment referrals are provided for all crises, both psychiatric and situational. In addition, the program has six crisis beds as an alternative to hospitalization for those who are uninsured or are insured within the public mental health system: [www.montgomerycountymd.gov/HHS-](http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html)

**Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html**



**National Suicide Prevention Lifeline: 800.273.8255**

Website: <https://suicidepreventionlifeline.org>

*Free* HOTLINE to a trained counselor at a crisis center in your area, **24/7**. The Lifeline provides free confidential support for people in distress, prevention & crisis resources for you or your loved ones, & best practices for professionals:



## **Trans Lifeline**

**Free HOTLINE: 877.565.8860**

Website: [www.translifeline.org](http://www.translifeline.org)

Main focus is Trans Adults, but info & microgrants (name etc. changes) include Minors. Hotline ~ 24/7, run By & for Transgender\* people. Peer support & Crisis help, Resources, etc.



## **RAINN/ the National Sexual Assault HOTLINE**

**800.656.HOPE (4673)**

Help for Sexual Assault, Abuse, Intimate Partner Violence.

RAINN is the Rape, Abuse, & Incest National Network. Get Help 24/7, *Free* & Confidential.

Or get help On-line at the RAINN Chat Hotline: <https://hotline.rainn.org/online>

En Español: [rainn.org/es](http://rainn.org/es)

More LGBTQ info & resources at: [www.rainn.org/articles/lgbtq-survivors-sexual-violence](http://www.rainn.org/articles/lgbtq-survivors-sexual-violence)



## **National Runaway Safeline**

**800.RUNAWAY / 800.786.2929 24/7**

**Website: [www.1800runaway.org](http://www.1800runaway.org)**

Crisis intervention and referrals for runaway & homeless youth (Call, Chat, or Email). Resources & trained, non-judgmental guidance for youth & parents/guardians



## **Love is Respect / National Teen Dating Abuse Helplines**

**Call: 1.866.331.9474**

**TTY: 1.866.331.8453**

**Text: loveis to 22522**

**Chat Online Now: [www.loveisrespect.org](http://www.loveisrespect.org) *En Español too!***

Trained peer advocates are available **24/7/365** to offer education, support & advocacy to teens & young adults, as well as their concerned friends & family members, who have questions or concerns about their dating relationships. Also provides information about dating abuse to service providers, counselors, teachers etc.

Peer advocates can connect you to resources in your area, provide you with helpful websites, help you create a plan to stay safe or just listen to your concerns. All conversations with peer advocates via phone, chat or text are free & confidential. You will never be asked for your name or other contact information, but an advocate may ask for your age & city to find local resources for you.

**Note:** Site is not LGBTQ-specific, but has:

**[www.loveisrespect.org/resources/lgbtq-relationships-and-dating-violence](http://www.loveisrespect.org/resources/lgbtq-relationships-and-dating-violence)**



## **FreeState Justice**

Website: <http://freestate-justice.org>

Maryland LGBTQ Legal Advocacy org.



## LGBT National Help Center

### **LGBT National Help Center:**

**Peer Talk-Line:** 888.843.4564

**Youth Talk-Line:** 800.246.7743

**Website:** [www.glbthotline.org](http://www.glbthotline.org)

Provides vital peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity. Utilizing a diverse group of LGBT volunteers, we operate three national hotlines, as well as private, volunteer one-to-one online chat, that helps both youth and adults with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems and a lot more. Talk-lines are limited hours, not 24/7.



### **Montgomery County Coalition for the Homeless (MCCH)**

Email Jennifer Schiller, Chief Programs Officer:  
[jschiller@mcch.net](mailto:jschiller@mcch.net), MoCo Coalition for the Homeless.

**Website:** <https://mcch.net>

Clients are referred to MCCH by the County, then MCCH provides a variety of shelter and housing.



### **Rainstorms to Rainbows**

**Website:** <http://rainstormstorainbows.weebly.com>

LGBTQ consultation, especially Homeless Issues. This veteran school psychologist is highly experienced in LGBTQ youth issues in Montgomery County, MD, & gives talks, trainings, consultations, etc. Website has lots of information, Covid resources.

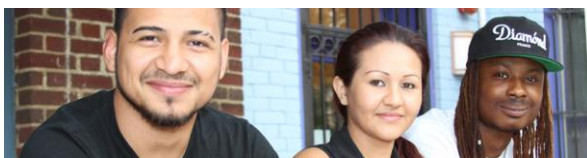


### **SMYAL** (formerly Sexual Minority Youth Assistance League)

**Phone:** 202.546.5940

**Website:** [www.smyal.org](http://www.smyal.org)

Services/shelter for LGBTQ youth; DC-area GSA Network; summer Activist Camp for hs-students, youth ldr post-hs scholarships; Little SMYALS program, virtual support groups, etc.



### **Latin American Youth Center (LAYC)**

**Phone:** 301.495.0441 & 202.319.2225

**Website:** [www.layc-dc.org/housing](http://www.layc-dc.org/housing)

**Silver Spring, MD & NW Washington, DC**

Has a DC Safe Housing Drop-In Center that includes LGBTQ youth & also recent immigrants.



**Casa Ruby**

**EMERGENCY HOTLINE: 202.355.5155**

Website: <https://casaruby.org>

**Address:** 7530 Georgia Ave NW, Washington, DC 20012

(DC) = Bilingual services, referrals, & Shelters in DC for LGBTQ folks.



**Lambda Legal**

Website: <https://www.lambdalegal.org/issues/youth-in-out-of-home-care>



MontgomeryCountyMD.GOV  
Montgomery County Government

**Montgomery County Sexually Transmitted Infections & HIV Testing Svcs.**

**Phone: 240.777.1760**

**Website: [www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSHIVTesting-p292.html](http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSHIVTesting-p292.html)**

For Montgomery County residents/*Free for under 21 years old.*



Planned Parenthood  
Federation of America

**Planned Parenthood** *(National & of Maryland)*

**Call to locate a health center:** 1.800.230.PLAN (7526)

LGBT-friendly info; STI/HIV testing. DC/MD clinics now provide Transgender Hormone Therapy:

**[www.plannedparenthood.org/learn/sexual-orientation-gender](http://www.plannedparenthood.org/learn/sexual-orientation-gender)** (tool at top for Spanish language) OR see **[www.plannedparenthood.org/health-center?location=maryland](http://www.plannedparenthood.org/health-center?location=maryland)**

**Planned Parenthood Health Center in Montgomery County, MD**

**Phone: 301.208.1300**

19650 Clubhouse Road #104

Gaithersburg, MD 20879



**PFLAG = Allies for Rainbow Folks**

Parents, Friends, Family of Lesbian/Gay/Bisexual/Transgender folk

**Website: [www.pflag.org](http://www.pflag.org)**

**PFLAG is a Rainbow family's GO-To Support Group!** By meeting people where they are & collaborating with others, PFLAG realizes its vision through: Support for people who are LGBTQ, families, & allies. Education for ourselves & others about the unique issues & challenges facing people who are LGBTQ. Advocacy in our communities to change attitudes & create policies & laws that achieve full equality for people who are LGBTQ. PFLAG has grown to include more than 500 chapters nationwide, over 250,000 members, supporters, & affiliates.

NATIONAL site: Tons of Resources; \* 102 Languages Translation Tool at top \*



**METRO DC PFLAG (Metro DC Area)**

**HELP Line: 202.638.3852** (*leave message for call-back*)

**Website: <http://pflagdc.org/support/community>**

Free Support Groups; in Pandemic on Zoom - Contact group leader for Zoom details.