

Week Day Menu

Breakfast
Mon - Fri 8:30 - 9:30am

RICA'S Window Café

Lunch
Mon - Fri 11:30 - 1:30pm

Week III



**GOOD
FOOD
is
GOOD
MOOD**

Monday, June 15, 2026

Breakfast

Fried Egg 1 ea.
Blueberry WG Muffin 1 ea
Cheesy Grits 6 oz
100% Apple Cranberry 4 oz
Fruit Cocktail ½ cup
Choice of Milk 8 oz

Lunch

Grilled Cheese 1 ea
(WW Bread 2 sl, Cheese 1 oz)
Cheese Stick 1 ea
Or
**Turkey Ham Sandwich or
Yogurt 1 ea**
+
Caesar Salad 1 cup
W/Caesar dressing 2 oz
Creamy Vegetable
Chowder 1 cup
WG Crackers 1 pk
Frozen Treats 1 ea
Choice of Fresh Fruit Basket 1 sv
Choice of Milk 8 oz

Tuesday, June 16, 2026

Breakfast

WW Pancakes 2 ea
Syrup 1 oz/Marg 1 tsp
Asst. Cereal 1 oz
100% Orange Juice 4 oz
Pears in Juice ½ cup
Choice of Milk 8 oz

Lunch

WW Spaghetti 1 cup
W/Meat Sauce or
Alfredo ½ cup
Parmesan Cheese 1 pk
Or
**Turkey Sandwich or
Yogurt ea**
+
Seasoned Broccoli ½ cup
Baby Carrots ½ cup
Fresh Strawberry ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Wed., June 17, 2026

Breakfast

Breakfast Pizza 1 sv
Asst. Cereal 1 oz
100% Apple Juice 4 oz
Pineapples in Juice ½ cup
Choice of Milk 8 oz

Lunch

Tuna Salad 3 oz
On WW Croissant 1 ea
Lettuce, Tomato, Onion ½ cup
Or
**SB & J Sandwich/Cheese
Stick 1 ea or Yogurt 1 ea**
+
Baked Chips 1 bag
Celery w/Lite Ranch 1 sv
Fruit Plate ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Thurs., June 18, 2026

Breakfast

Berry Berry Smoothie 8 oz
Granola Bar 1 ea
Asst. Cereal 1 oz
100% Fruit Punch 4 oz
Banana 1 ea
Choice of Milk 8 oz

School's Out!!!

Happy Summer

Cheeseburger 1 sv
On WW Bun 1 ea
Lettuce, Tomatoes, Onions,
Pickle ½ cup
Ketchup, Mustard, Mayo 1 sv
Or
**Turkey Ham Sandwich or
Yogurt 1 ea**
+
Shoestring Fries ½ cup
Mandarin Oranges ½ cup
Ice Cream Sundaes 1 sv
Choice of Fresh Fruit
Basket 1 sv

Friday, June 19, 2026

**SCHOOLS
OUT FOR
SUMMER**

