

Week Day Menu

Breakfast
Mon - Fri 8:30 - 9:30am

RICA'S Window Café

Lunch
Mon - Fri 11:30 - 1:30pm

Week I



Monday, April 6, 2026



Tuesday, April 7, 2026

Breakfast

WG Froot Loops Waffles 2 ea
Syrup 1 oz/Marg 1 ea
Asst. Cereals 1 oz
100% Fruit Punch 4 oz
Fruit Cocktail ½ cup
Choice of Milk 8oz

Lunch

Taco Tuesday 2 ea
(Meat/Cheese 3 oz,
Corn Tortilla 2 ea)
Taco Sauce, Sour Cream 1 ea

Or

**Turkey Sandwich or
Yogurt 1 ea**

+

Black Beans ½ cup
Corn on Cob 1 ea
Fresh Pineapple ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Wed., April 8, 2026

Breakfast

Breakfast Burrito 1 sv
Asst. Cereals 1 oz
100% Apple Cranberry 4 oz
Chilled Peaches ½ cup
Choice of Milk 8 oz

Lunch

Smothered Chicken 1 ea
Garlic Roasted Potatoes ½ cup

Or

**SB & J Sandwich/Cheese Stick
Or Yogurt 1 ea**

+

WW Roll/Marg 1 ea
Winter Blend ½ cup
Cubed Melons ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Thursday, April 9, 2026

Breakfast

Nutrigrain Bar 1 ea
Berry Berry Smoothie 1 cup
Asst. Cereals 1 oz
100 % Orange Juice 4 oz
Pears in Juice ½ cup
Choice of Milk 8 oz

Lunch

Chicken Tenders 3 oz
Asst. Sauce 2 pks
WW Roll/Marg 1 ea

Or

Turkey Ham Sandwich

or

Yogurt 1 ea

+

Seasoned Fries ½ cup
Ketchup 2 pks
Carrot Coins ½ cup
Fresh Kiwi ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Friday, April 10, 2026

Breakfast

Chicken Biscuit 1 ea
Asst. Cereals 1 oz
100% Apple Juice 4 oz
Banana 1 ea
Choice of Milk 8 oz

Lunch

Philly Cheese Steak Sub 1 ea
(Meat 2 oz, Cheese 1 oz)
Onions & Peppers 2 oz
Shredded Lettuce,
Tomato ½ cup
Ketchup 2 pks, Lite Mayo 1 pk

Or

Turkey Cheese Sandwich or

Yogurt 1 ea

+

Baked Chips 1 bag
Fresh Fruit Cup ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

**GOOD
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MOOD**