

Week Day Menu

Breakfast
Mon - Fri 8:30 - 9:30am

RICA'S Window Café

Lunch
Mon - Fri 11:30 - 1:30pm

Week I



GOOD
FOOD
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GOOD
MOOD

Monday, Feb. 09, 2026

Breakfast

Turkey Bacon 2 sl
WW Toast 2 sl
Marg/Jelly 1 ea
Asst. Cereals 1 oz
100% Apple Juice 4 oz
Mandarin Oranges ½ cup
Choice of Milk 8oz

Lunch

Grilled Cheese 1 sv
Or
Turkey Ham Sandwich or
Yogurt 1 ea
+
Cream of Broccoli Soup 1 cup
Celery Sticks w/Ranch 1 sv
Red Grapes ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Tuesday, Feb. 10, 2026

Breakfast

WG Froot Loops Waffles 2 ea
Syrup 1 oz/Marg 1 ea
Asst. Cereals 1 oz
100% Fruit Punch 4 oz
Fruit Cocktail ½ cup
Choice of Milk 8oz

Lunch

Taco Tuesday 2 ea
(Meat/Cheese 3 oz,
Corn Tortilla 2 ea)
Taco Sauce, Sour Cream 1 ea
Or
Turkey Sandwich or
Yogurt 1 ea
+
Refried Bean ½ cup
Corn on Cob 1 ea
Fresh Pineapple ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Wed., Feb. 11, 2026

Breakfast

Breakfast Burrito 1 sv
Asst. Cereals 1 oz
100% Apple Cranberry 4 oz
Chilled Peaches ½ cup
Choice of Milk 8 oz

Lunch

Smothered Chicken ¼ ea
Gravy 1 oz
Garlic Roasted Potatoes ½ cup
Or
SB & J Sandwich/Cheese Stick
Or Yogurt 1 ea
+
WW Roll/Marg 1 ea
Winter Blend ½ cup
Cubed Melons ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Thursday, Feb. 12, 2026

Breakfast

Nutrigrain Bar 1 ea
Berry Berry Smoothie 1 cup
Asst. Cereals 1 oz
100 % Orange Juice 4 oz
Pears in Juice ½ cup
Choice of Milk 8 oz

Lunch

Mini Corn Dogs 6 ea
Ketchup, Mustard 1 ea
Or
Turkey Ham Sandwich or
Yogurt 1 ea
+
Seasoned Fries ½ cup
Ketchup 2 pks
Carrot Coins ½ cup
Fresh Kiwi ½ cup
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz

Friday, Feb. 13, 2026

Breakfast

Chicken Biscuit 1 ea
Asst. Cereals 1 oz
100% Apple Juice 4 oz
Banana 1 ea
Choice of Milk 8 oz

Happy Valentine's Day!!

Hearty Pizzas 1 ea
(Cheese, Pepperoni or Veggie)

Or

Turkey Cheese Sandwich or
Yogurt 1 ea

+

Caesar Salad w/Eggs 1 cup
Mozzarella Sticks 3 ea
w/Marinara Sauce 2 oz
Fresh Strawberries ½ cup
Valentine's Treat 1 ea
Cupid's Love Portion 6 oz
Choice of Fresh Fruit
Basket 1 sv
Choice of Milk 8 oz