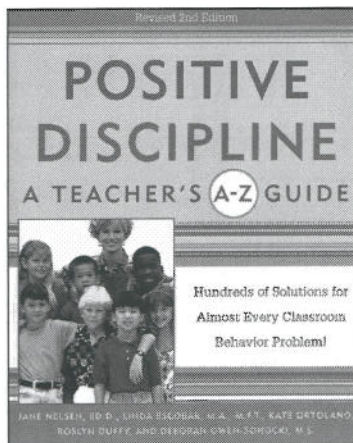




Surviving until Graduation:

An Evening of Solutions with Deborah Owen-Sohocki, LPC, (and Mother!)

The 21st century is a challenging time to raise children to adulthood. This interactive workshop is loaded with solutions to help parents and professionals move from surviving to thriving as they guide their children into adulthood. Deborah Owen-Sohocki will offer strategies that foster cooperation, reduce stress, and improve relationships while still dealing with the adult/kid challenges of homework, following schedules, creating limits, and striving for independence.

Deborah Owen-Sohocki is a licensed professional counselor, certified teacher, and author; she brings a wide experience to her work with children and families. She has spoken to international and national audiences on a wide range of topics including resiliency, leadership and communication, parenting issues, school discipline, stress management, emotional intelligence, and personality types. She is a co-author with Jane Nelsen of *Positive Discipline: A Teacher's A-Z Guide*.



\$15/person, \$25/couple.

Fee waivers available.

CEUs, Maryland Board of Social Workers,
2 hours, \$10 fee

Office of Child Care Clock hours (2), \$10 fee.
Call 301-229-1347 for more information.

*All proceeds fund the prevention services of
YMCA Youth & Family Services.*

Traduccion al Espanol disponible

*Reasonable disability accommodations available
on request. Please contact Pam Mintz at
301-229-1347 by October 12.* ♿

Thursday, October 21, 2010

Suburban Hospital Auditorium
8600 Old Georgetown Rd., Bethesda, MD

6:30 pm Registration
(Please allow time for parking)

7 – 9 pm Seminar

Registration Recommended
301-896-3939, Option 2

These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent, or this school.