



**“Tell me and I will forget.
Show me and I might remember.
Let me do it and I will understand.”**

**Welcome to the
Outdoor Education
Parent Information
Meeting**

What is Outdoor Education (OE)?

- 3 day 2 night environmental program
 - Part of MCPS 6th grade curriculum
- Incorporates classroom learning into real life situations & experiences
- Develops interpersonal skills, teamwork & cooperation
- Expected that all students attend
 - RH has one of the best attendance rates in the county!
- A FABULOUS experience
 - We are shaped by our experiences then how do we know if we don't like it if we don't try it!



General Information

\$85 fee - payable via check, cash or online (RH website)

- Scholarships are available
- Includes transportation, meals, insurance, lodging, supplies (s'mores, prizes, pictures, life savers, glow in dark necklaces, critter show, etc)

- Camp Letts (Edgewater, MD)

- 2 sessions

- Session 1 March 2 - 4
- Session 2 March 4 - 6

Well supervised

- 15-20 staff members, 10+ parents, & 20 high school student counselors

- Sleep in cabins

- 10-12 students/cabin
- 6 bunk beds
- Supervised at all times by high school counselor, parent, or teacher
- 2 showers, 2 sinks, 2 toilets

- In case of emergency call RHMS even after hours & we will check messages.



OE Informational Packet

- Label with child's OE session & date he/she will attend OE
- Separate by color
 - General info - yellow
 - Parent Volunteer - green
 - Forms to return - white
 - ????
- Permission slip, money & are due **February 14th**
- Medication and forms due **February 21st**.
- On the day that your child leaves, bring:
 - Luggage
 - Sleeping bag & pillow
 - Lunch
 - Pencil/pen
 - Dressed ready to be outside
- **Important Reminder:**
 - Be at RH between 9:00 - 9:30 am on the departure day
 - Be at RH by 1:00 pm on the day your child arrives home



OE Informational Packet

Packing List

- Packing List
 - NO CELL PHONES. have a landline phone to make calls.
- Need anything from the packing list?? Let Mrs. Quinn know, we have extras.
- We will be outside from 7 am - 10 pm so it is important that students are dressed appropriately. It's best to dress in layers.
- We are on the water and the breeze blows harder and colder.



OE Informational Packet Medication

- Forms in packet
- **All medication should be in the Health Room by February 21st.**
 - PLEASE PLEASE PLEASE, don't wait till the last minute!!
- **Medication & forms must be turned in to the school's health room by an adult. Meds & forms must be turned in at the same time.** Sample on how to fill out form provided. Must meet Dept of Health regulations - very particular!
- One medication per form
 - Extra forms on the RH website
- All medication is returned at the end of Outdoor Education
- Prescriptions Medication?
 - Doctor **MUST** complete Part 2
- If we have a medication in the Health Room at RH - we will take it with us
 - You don't have to do anything
 - **UNLESS** there are additional dosages outside of the school day!
- Over the Counter Medication?
 - Parent completes Parts 1 & 2
 - No ranges (ie 4-6 hrs) **Must** be exact (ie every 6 hrs)
 - Medication **MUST** be in a new & unopened package
- Any questions? Call the Health Room at 301-601-3188



OE Parent Volunteer Information

All parent volunteers must send in the parent volunteer form found in the OE packet.

- All Parents Volunteers- at Rocky Hill or Camp Letts **MUST** complete the Child Abuse & Neglect training and submit proof no later than February 1st.
 - If have previously completed the training within the past 3 years, you do not need to take it again, please send Mrs. Quinn your confirmation # and feeder school where the training was completed.
 - 45 minutes - 4 parts
 - Will receive a confirmation # at the end of the online training. SAVE THIS #!!
 - Within 24 hours you will receive a confirmation email. Forward this to Ms. Flynn or Mrs. Quinn
- CAMP LETTS VOLUNTEERS:
 - Parents must be finger printed by February 1st. See website or packet for specific details. MCPS will conduct a criminal background check
 - MCPS employees & law enforcement exempt - must submit proof of employment
 - Fingerprinting:
 - AIS (American Identity Solutions) - \$20 w/voucher (found on RH website)
 - AIS is here tonight to complete the fingerprinting process ☺
 - Good for 3 years in any MCPS school!

OE Informational Packet

Meals

- Peanut & nut free site
- Basic food
 - Eggs, French Toast, sausage, turkey bacon, pancakes, fruit, cereal, yogurt, salad, hot dogs, pasta, taco bar, baked chicken, steamed veggies, cookies, brownies etc.
- Buffet Style
- All students will have KP (Kitchen Patrol) Duty. They will have to set, serve, and clean for at least one meal.
- Any dietary issues and/or restrictions? Lactose Intolerant? Vegetarian? Food allergies?
 - Make a note on the permission slip and then Mrs. Quinn will be in touch with you.



Academics

- 4 academic classes; 2 - 3 hrs each
 - Confidence Course
 - Watershed
 - Predator Prey
 - Treasure Earth
- Journal Writing
 - Students will have to record their daily events in a camp journal. Journals are collected, graded and then returned to students.
- Academic Program
 - This is an academic trip; not summer camp! Students will be assessed in each of their 5 academic classes on what they learned while at OE. We will spend lots of time preparing students for this trip & a lot of time afterwards in applying all the things we learned while there.
- Evening Activities - the fun stuff!!
 - 1st night - campfire, night hike & carnival
 - 2nd night - Cabin Idol, Glow in the Dark Whiffle Ball, Hungry Hippos & Trust Walk.



Daily Schedule – Day 1

- Arrive at RH 9:00 am
- Bus ride up to camp vicinity
- Hike into camp (1-1.5 hrs)
- Lunch (12:30 -1:30 pm)
- Cabin Time (1:30 - 2 pm)
- Class (2 - 4:30 pm)
- Dinner (5 - 6 pm)
- Cabin time (6 - 7 pm)
- Evening Activities (7 - 9 pm)
- Lights Out (10:00 pm)



Daily Schedule – Day 2

- Wake up (6:30 am)
- Morning Exercises (7 am)
- Breakfast (8 - 9 am)
- Class (9 - 11:30 am)
- Lunch (12 - 1 pm)
- Class (1 - 3:30 pm)
- Recreation Time (3:30 - 5:00 pm)
- Dinner (5 - 6 pm)
- Cabin time (6 - 7 pm)
- Evening Activities (7 - 10 pm)
- Lights Out (10:30 ish)



Daily Schedule – Day 3

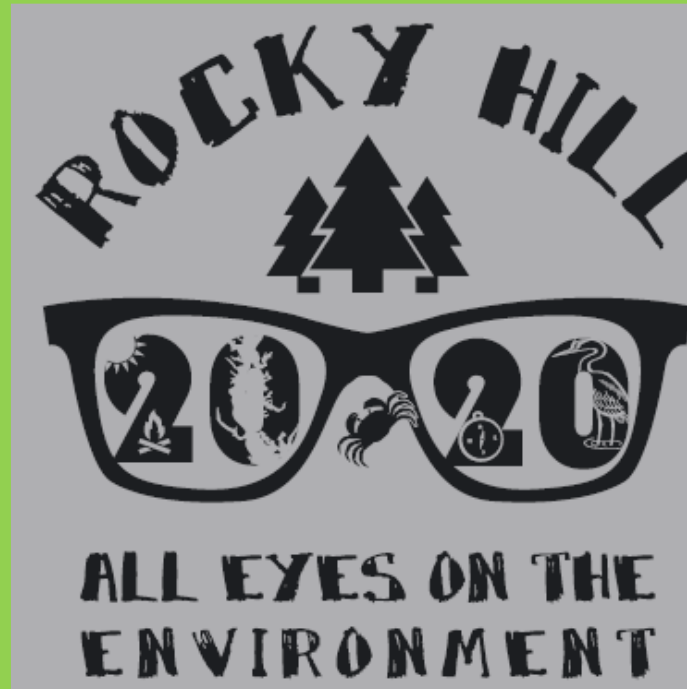
- Wake up (6:00 am)
- Pack & beginning cleaning cabin
- Morning Exercises (7 am)
- Breakfast (8 - 9 am)
- Class (9:30 - 11:00 am)
- Lunch (11-12 pm)
- Depart for RH (12:30 pm)



Water bottles
\$6.00



T-shirt Fundraiser
\$16.00



CAMP LETTS



**NO CHILD
LEFT INSIDE**

Please enjoy a student produced video of Rocky Hill's Outdoor Education experience!



*This is from Summit Lake. Our experience at Camp Letts will be somewhat different, but same outcome and expectations.

Important Changes & Due Dates

***Payment - \$85 cash, check, OSP (online school payment - easiest way!) due February 14th!**

***Permission slips due February 14th for ALL sessions**

***Medication - ALL medication & forms, no matter which session, must be submitted to the Health Room by an adult no later than February 21st.**

***Parent Volunteers - Requirements - ALL parent volunteers at Camp Letts must be fingerprinted by February 1st. See website & packet for more details. All parent volunteer forms due February 1st**

Questions?????

Thank you for your time tonight!

All the information from the parent packet and this Power Point will be on the Rocky Hill website.

Any questions at all, no matter how big or small, please contact Mrs Quinn ASAP. Please don't wait until the last minute! On the first page of the packet is Mrs. Quinn's, contact information.







