## Packing



# For Outdoor Education Camp

# What to bring on the first day.... Luggage Pencil Sleeping bag Pillow Bag lunch & drink Put your name on the bag!!

#### <u>Do NOT pack any</u> medication!!!



You will not be able to access your luggage after you arrive at school so be sure you have everything you need before arriving at RH. Students are responsible for carrying their luggage.

#### **Suggested Packing List**

Essential Equipment	<b>Optional Equipment</b>	Things NOT to bring
· bag or other	· binoculars	· aerosol sprays
container for laundry	<ul> <li>camera/film</li> </ul>	• curling irons
<ul> <li>boots or hiking shoes</li> </ul>	<ul> <li>compass</li> </ul>	<ul> <li>firearms</li> </ul>
<ul> <li>cap or hat</li> </ul>	<ul> <li>water bottle</li> </ul>	<ul> <li>gum/candy/food</li> </ul>
<ul> <li>gloves or mittens</li> </ul>	<ul> <li>lip balm</li> </ul>	<ul> <li>knives of any kind</li> </ul>
<ul> <li>jacket</li> </ul>	<ul> <li>stationery/stamps</li> </ul>	<ul> <li>matches</li> </ul>
<ul> <li>sweater/sweatshirt</li> </ul>	• pen	<ul> <li>money</li> </ul>
· jeans	<ul> <li>watch</li> </ul>	<ul> <li>electronic device</li> </ul>
<ul> <li>pajamas</li> </ul>	- book	of any kind!
-underwear	<ul> <li>scarf</li> </ul>	- soda
<ul> <li>rain coat/poncho</li> </ul>	<ul> <li>slippers</li> </ul>	<ul> <li>cell phone – they</li> </ul>
<ul><li>sheets/blanket/</li></ul>	<ul> <li>cards</li> </ul>	do not work at
sleeping bag	<ul> <li>flashlight strongly encouraged Camp Letts</li> </ul>	
<ul> <li>hair dryer</li> </ul>	<ul> <li>bug spray (natural ingredients encouraged)</li> </ul>	
<ul> <li>shirts, long sleeves</li> </ul>	• sunscreen	
<ul> <li>socks (thick - 6 pr.)</li> </ul>		
<ul> <li>toiletry articles</li> </ul>	G G D	
towel, wash cloth,	and the second sec	
comb, brush, soap		
· · · •		
toothpaste/brush		
shampoo, deodorant	***This list is on the Rocky Hill website!!***	

pillow/pillow case

pencils (sharpened)/pens

\* Cabins are NOT equipped to accommodate hair dryers. ONLY 1 per cabin!!

## THE NO NO LIST!!

NO CELL PHONES! Cell reception at Camp Letts is very inconsistent due to the location and being surrounded by water. There is a land line if we need to make a call home. One of the purposes of the trip is to be independent and unplugged!! We will call home if there are any problems!!

**EMERGENCY??** Call Rocky Hill MS day or night. We will check messages at night.

NO FOOD in the cabins!! Not unless you want big and little critters helping you eat it!!

**NO GUM!** It's bad for the animals and there will be trash left on the ground and this is environmental education!!

## THE NO NO LIST CONT....

**NO MONEY!!!** There are no stores or vending machines.

**NO SHORTS!** Shorts may NOT be worn outside the cabin. Shorts are allowed in the cabins only. You will not be permitted to go back to the cabin and change.

> Dress appropriately!! WE ARE OUTSIDE ALL DAY!!

DO NOT PACK ANY MEDICATIONS!!! All medication & forms should have been turned in the school nurse at least one week prior. The deadline is March 21st!! This does not include epi pens and inhalers.

### **Optional Things to Bring**

\*\*Extra pencils (mechanical) or pens. There is only 1 pencil sharpener!! Disposable Camera

Digital Cameras not recommended – we are not responsible!!

Water bottle – BUY OUR ROCKY HILL OUTDOOR ED WATER BOTTLES!!

Flip flops – worn in the showers or cabins only

Hiking Boots – not required but if you do buy a new pair, be sure to wear them a few times before going to OE.... you don't want blisters! Ouchie!!

Don't forget tall socks for your boots!

Lots of socks – especially if it's cold and/or rainy. <sup>(i)</sup> Wool socks are really warm and are water resistant.

Hat - baseball or winter style

Gloves - it gets cold and night and the wind blows off the water

Extra shoes & socks – in case one pair gets wet!!

\*\*Draw string bag – for carrying journal, pencils, camera, water bottle, inhalers, epi pens etc.

Sunscreen or bug spray

Raincoat or poncho – No umbrellas – they don't work very well in the woods! ③

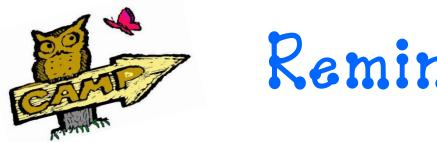
Don't pack your best clothes!

\*\*highly recommended!!

If you are cold and/or wet, it will be a long miserable week for you!! Pack & dress appropriately!!

## The Hike In .....

On the day that you leave, you must be wearing long pants and hiking boots (or tennis shoes) and have a pencil/pen with you. You are welcome to bring a water bottle also but you will have to carry it! You will NOT have access to your luggage until after the hike and lunch. Wear a sweatshirt, long sleeve, t-shirt whatever you will need as we will be hiking 45 min - 1.5 hrs. (depends which path you choose ③). Wear the shoes you plan on hiking in – do not pack them!!! No shorts! Hiking boots are recommended but not required. Make sure the shoes have some type of ankle support; no open back shoes (slip-ons), Uggs etc. If you buy new boots it is a good idea to wear them a couple of times before going to camp.



Reminders:

We will be by the water and with the wind blowing off the bay it is cold!! Hopefully it will be nice during the days, but at night, it WILL get chilly!!

Dress in layers… T-shirts, long sleeve shirts, sweatshirt, coat.

Check the weather for Edgewater or Annapolis, MD!!

Put your name on everything!!!!

There will be a lost & found table set up in the 6<sup>th</sup> grade hallway for items left behind at Camp Letts after we return.