

Adolescent Learner—Identity Essential Points

- Awareness of one's identities begins in early adolescence.
- A variety of identities is formed in adolescence.
- Students choose their academic identity in adolescence, often by the end of middle school.
- Some identities we choose and some we don't. Academic identity is a choice; therefore, the school community can influence it.
- Academic identity is tied to our belief system. Those who hold an effort-based belief are more likely to develop a strong academic identity.