



MONTGOMERY COUNTY, MARYLAND
DEPARTMENT OF HEALTH AND HUMAN SERVICES

BRIDGE TO WELLNESS

**Supporting and Promoting the Well-being of High School Students
and Their Families**

Youth Development

Mentoring
Group Activities
Check-Ins

aburton@everymind.org

301-869-6598 Room C124

Educational Groups
Recreational Activities
Sports Programs

Mental Health Support

Individual
Therapy
Group Therapy
Family Therapy
Supportive Counseling

shu@everymind.org

301-424-6599 Room 122A

Skill Building Groups
Focused on serving uninsured
and under-insured students

Care Management

Link to resources
Food
Housing

otraub@everymind.org 240-869-6350 Room 122B

Rental Assistance
Health Insurance



Funded by Montgomery County, MD Department of Health and Human Services