



DEPARTMENT OF THE NAVY  
NAVAL JUNIOR RESERVE OFFICERS TRAINING CORPS  
SENECA VALLEY HIGH SCHOOL  
19401 CRYSTAL ROCK DRIVE  
GERMANTOWN, MARYLAND 20874



**Plan of the Week**  
9-15 September 2024

**ALL HANDS ARE RESPONSIBLE FOR THE CONTENTS OF THE PLAN OF THE WEEK.**

**SNSI:** LCDR Hernandez USN, Ret

**NSI:** SCPO Hill USN Ret

**COMMANDING OFFICER:** C/LCDR Heisman

**EXECUTIVE OFFICER:** C/LT Cabrita

**COMMAND SENIOR CHIEF:** C/SCPO Jean-Baptiste

**UNIFORM OF THE DAY:** Navy Service Uniform

**Webpage URL:** <http://www.montgomeryschoolsmd.org/schools/senecavalleyhs/njrotc/njrotc.aspx>

Input to the POW is due in the POW box no later than Tuesday at 1500 a week prior, unless authorized by SNSI, NSI, CO, XO, or PAO

**WORD OF THE WEEK:** Alee- Direction toward which the wind is blowing; downwind

- MONDAY: 9 September Drill Day**  
0715-0730 POW meeting (Staff & Team Commanders) CIC: C/LT Cabrita
- TUESDAY: 10 September Academic Day**  
0715-0730 Staff meeting CIC: C/LT Cabrita  
1445-1600 Color Guard team practice CIC: C/ENS Moraes  
1445-1610 Armed Exhibition team practice CIC: C/LCDR Heisman
- WEDNESDAY: 11 September Uniform Inspection Day (ONLY NS-2, 3, 4 cadets)**  
1030-1300 Mission BBQ 911 Remembrance ceremony CG CIC: C/ENS Moraes  
1445-1515 Staff and team commanders meeting CIC: C/LT Cabrita  
1515-1600 Armed Basic team practice CIC: C/CPO Heisman
- THURSDAY: 12 September Academic Day**  
1445-1600 Unarmed Basic team practice CIC: C/ENS Caballero  
1445-1600 Raiders Challenge Athletic team practice CIC: C/ENS Aleman
- FRIDAY: 13 September PT Day**  
1445-1600 Unarmed Basic team practice CIC: C/ENS Caballero  
1715-1900 SVHS Football game (NSU with cover) CG & HG CIC: C/ENS Moraes
- SATURDAY: 14 September Study**
- SUNDAY: 15 September Rope yarn rest**

**NOTE: Naval Science-1 cadets DO NOT wear your uniform this week.**

**UPCOMING EVENTS:**

- SVHS Varsity football games CG & HG: 20 SEP, 10 OCT (Thurs), 01 NOV CIC: C/ENS Moraes  
18 SEP MLK Middle School visit CIC: C/LCDR Heisman  
21 SEP Magruder JROTC Raider Challenge athletic team meet CIC: C/SCPO Jean-Baptiste  
09 OCT CTE Part Time open house CG & HG CIC: C/ENS Moraes  
13 OCT Kentlands Oktoberfest (Set up) CIC: C/SA Lemar  
22 OCT CTE Regional open house CG & HG CIC: C/ENS Moraes  
26 OCT Gaithersburg drill meet CIC: C/ENS Bryant  
09 NOV Moon Raptor festival CG CIC: C/ENS Moraes  
09 NOV John F. Kenney drill meet CIC: C/ENS Bryant  
23 NOV Chambersburg drill meet CIC: C/ENS Bryant  
14 DEC Wreaths Across America CG & HG CIC: C/ENS Moraes  
18 DEC Area Manager Inspection ALL HANDS CIC: C/LCDR Heisman

*A. Cabrita*

C/LT Cabrita (XO)