



DEPARTMENT OF THE NAVY  
NAVAL JUNIOR RESERVE OFFICERS TRAINING CORPS  
SENECA VALLEY HIGH SCHOOL  
19401 CRYSTAL ROCK DRIVE  
GERMANTOWN, MARYLAND 20874



## Plan of the Week

12 - 18 May 2025

ALL HANDS ARE RESPONSIBLE FOR THE CONTENTS OF THE PLAN OF THE WEEK.

SNSI: LCDR Hernandez USN, Ret

NSI: SCPO Hill USN, Ret

COMMANDING OFFICER: C/LCDR Ejemai

EXECUTIVE OFFICER: C/LT Jo

COMMAND SENIOR CHIEF: C/SCPO Aleman

UNIFORM OF THE DAY: Navy Service Uniform

Webpage URL: <http://www.montgomeryschoolsmd.org/schools/senecavalleyhs/njrotc/njrotc.aspx>

Input to the POW is due in the POW box no later than Tuesday at 1500 a week prior, unless authorized by SNSI, NSI, CO, XO, or PAO



**WORD OF THE WEEK:** Bilge Keel– A keel attached to the outside of a ship's hull, to reduce rolling.

- MONDAY:** 12 May Academic Day  
0715-0730 POW Meeting CIC: C/LT Jo  
1455-1600 Armed Basic team practice CIC: C/SA Barry
- TUESDAY:** 13 May Academic Day (No cross-enrolled cadets)  
1455-1515 Staff and team commanders meeting CIC: C/LCDR Ejemai  
1520-1600 Unarmed Basic team practice CIC: C/SA Martinez
- WEDNESDAY:** 14 May Uniform Inspection Day  
1455-1600 Color Guard team practice CIC: C/ENS Springer  
1455-1600 Armed Basic team practice CIC: C/SA Barry
- THURSDAY:** 15 May Academic Day (No cross-enrolled cadets)  
1430 LOIs due for Damascus, Northwest and Seneca graduation ceremonies. CIC: C/ENS Springer  
1455-1600 Color Guard team practice CIC: C/ENS Springer  
1455-1600 Unarmed Basic team practice CIC: C/SA Martinez
- FRIDAY:** 16 May PT Day  
1455-1525 Unarmed Exhibition team practice CIC: C/SN Asan  
1525-1600 Armed Exhibition team practice CIC: C/SCPO Aleman
- SATURDAY:** 17 May Study
- SUNDAY:** 18 May Rope yarn rest  
1115-1600 Massing of Colors at Ft. Meade Color Guard CIC: C/ENS Springer

**NOTE:** (1) Final uniform inspection for SENIORS is this week. After last inspection, Seniors will then return issued books and uniforms CLEAN to your instructor. SDB coats are to be dry cleaned. If all uniforms are not clean you will take them back to be cleaned.

(2) All team commanders attend the weekly POW meetings.

### UPCOMING EVENTS:

- 28 May Physical Fitness Test (Bring a Partner) CIC: C/ENS Acosta  
30 May Seneca Valley Graduation at UMBC Color Guard & Honor Guard CIC: C/ENS Springer  
30 May Damascus Graduation at DHS Color Guard CIC: C/ENS Springer  
05 Jun Northwest Graduation at UMBC Color Guard & Honor Guard CIC: C/ENS Springer

*D. Jo*

C/LT Jo (XO)