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#### Don’t Turn Your Back!

**Help A Friend.**

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###### No one will know it was you

**who saved a life, ended the silence.**

**Be a True Friend.**

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###### Student Assistance

###### At Magruder High School

MCPS Safe and Drug-Free Schools

**Help is as Near as the Phone...**

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# MCPS Safe and Drug-Free Schools

**301-279-3041**

**FOR MCPS SCHOOLS:**

**Safe Schools Hotline: 301-517-5995**

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**FOR PRIVATE SCHOOLS ONLY:**

**24 hour hotline for safety:**

**1-877-MD-NOFEAR**

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## MCPS Phoenix Schools

**301-840-7198 Gaithersburg**

**301-649-8139 Silver Spring**

### Alcoholics Anonymous Meetings

### 202-966-9115

### Narcotics Anonymous Meetings

**202-399-5316**

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### Crisis Center

**240-777-4000**

***If you have a concern about a friend,***

***contact your school nurse,***

***guidance counselor, or an adult who cares.***

***Nothing can replace your friend.***

**MONTGOMERY COUNTY RESOURCES**

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**Student Assistance**

**Confidential Concern Form**

**I am concerned about:**

Name of Student:

Grade:

Reason for Concern: (Check all that apply)

 Drop in grades

 Absence from school more than usual

 Hurting others or hurting self

 Negative attitudes

 Signs of possible alcohol/other drug use

 Unusual change of friends—hanging out with others she/he would not normally do

 Depression, anxiety, frequent mood

swings – more than the typical kid

 Bullying others

 Victim of Bullying

 Display of violent behavior

 Other concerns/comments:

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*After completing this form/card, place it in an envelope marked* ***“CONFIDENTIAL”*** *and place it in a designated Student Assistance box in main office or health office.*

***Turn around...and help!***





*Student Assistance in Montgomery County Public Schools*

*is governed by Title IV, Part A,*

*section 4115(b)(2)(D) and section 4115 (b)(2)(E)(x).*

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Student Assistance

Team Members at Magruder High School

Team Members:

Mercedes Benas (Math)

Lily Chen (Special Services)

Hazel Edwards (Math)

Dawn Fisher (Special Services)

Jenny Foster Heller (Transition)

Nancy Hollan (Health Room)

Ed Hsu\* (Math)

Keith James (Safety and Security)

Ben Johnson (Social Studies)

Barbara Kingsbury (Special Services)

Paul Klein (English)

Zoraida Madelina Monterrosa\* (ESOL)

Ruth Ragsdale (Counseling Services)

Delise Samms (Special Services)

Pat Webster (Math)

Judy Wheatley (English)

\* Co-leaders

***You may sign your name as the concerned friend, but you don’t have to.***

It’s up to you. Most people don’t sign because they want to remain anonymous. Whether you sign you name or not, your friend will get help.

***What happens to my Concern Form/Card?***

When you put your completed Concern Form/Card in the Student Assistance mailbox, you can be assured it will be taken very seriously and treated with the utmost professionalism and confidentiality by staff who care about your concern.

The Student Assistance staff will act on your concern. They will start the process to get help for your friend.

The Student Assistance staff will confidentially ask others about your friend’s behavior. This is not because Student Assistance doubts your concern, but because they want to make sure the concern is valid and not a bogus concern or joke to do harm to someone.

Then, Student Assistance will intervene if necessary. Your friend’s teachers and parents—people who can help your friend—will be asked to meet and discuss a way to get professional help for your friend. The purpose of this meeting is to help your friend, not punish them. Most of our friends are relieved to realize someone cares enough to help when their behavior is alarming to others.

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**The Student Assistance Process**

**Student Assistance at**

**Magruder High School**

Many of us are worried about a friend’s use of alcohol and/or other drugs or potentially violent behavior. You want to help, but don’t know how. Student Assistance at your school is just that―helping a friend. We can help and no one else needs to know about it.

***Fill out a Concern Form/Card.***

Concern Forms/Cards are located in many areas of the school—the nurse’s office, the guidance office, and in the media center. A concern form is included in this brochure.

***What are you worried about?***

The Concern Form/Card asks you to check specific areas of concern. If possible, be descriptive. You may see a friend using and wonder if he/she is an alcoholic or drug addict. Or we wonder if they have a mental health problem and might be dangerous to themselves or others. There is no way we can know the answer to that. Our concern and worry makes us want to help.

***Name your friend****.*

This is the hardest part. You don’t want to lose a friendship—just help a friend. But you need to say something to somebody. Remember, silence doesn’t help.

***Turn around...and help!***

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