

Identify a Career Field of Interest

Before you begin to search for an internship, you need to have a clear idea of what you want to do. Think about what you like and dislike and what you think you'd enjoy doing.

Do you have more than one interest? Think about combining two interests into one internship. Use the College Board's "Add up Your Interests" tool:

<https://bigfuture.collegeboard.org/explore-careers/careers/add-up-your-interests-career-possibilities>

Take a Career Interests Assessment

If you're not sure of your interests, take a career interests assessment.

- The Kuder Career Interests Assessment is available at <http://studentcenter.ja.org/Pages/default.aspx> (See instructions on next page.) If you already took that assessment as part of Career Partnership Day, consider taking one of these
 - Skills Confidence Assessment
 - Work Values Assessment
- There are many other online career assessments. Quintessential Careers has a chart that compares some of them: http://www.quintcareers.com/online_assessment_review.html Spend a few minutes taking one of these.

Examine your results

- Look at your results and try to keep an open mind. Did the assessment suggest an area you hadn't considered, but that sounds intriguing to you or that would allow you to utilize your strengths? Explore the possibilities.
- Did the tool suggest fields that are of absolutely no interest to you? Keep in mind that an online career assessment isn't perfect. Consider these guidelines: http://www.quintcareers.com/career_assessment-dos-donts.html

Consider other sources of information

- Ask your parents, teachers, and people you respect to suggest careers or to look at the results of your career assessment and provide feedback.
- Do some additional self-investigation. The College Board has some outstanding resources.
 - Visit "5 Ways to Find Career Ideas" at <https://bigfuture.collegeboard.org/get-started/know-yourself/5-ways-to-find-career-ideas>
 - Be sure to check out "Exploring Careers Step by Step" at <https://bigfuture.collegeboard.org/explore-careers/careers/exploring-careers-step-by-step> and click on the "Major and Career Search" link.

Kuder Career Interests Assessment

Please follow these instructions to begin under Kuder Navigator. Kuder Navigator, provided by Junior Achievement, is an online educational and career planning system designed primarily for middle and high school students.

Getting Started

1. Go to the JA Student Center at **studentcenter.ja.org**, and click **Explore Careers** in the left navigation menu.
2. Click **Career Assessment**.
3. Click **New Users Register Here** in the center of the screen.
4. Select **Student**, and choose your grade level from the drop-down menu.
5. Click **Continue** to create your own account.
6. During the registration process, you will need to create a unique username and password. Write your username and password below your future reference.

Username: _____

Password: _____

7. You also will be asked to enter the Activation Code provided below:
Activation Code: N3235773GYT
8. Check the box next to, "I have read and agree to the terms and conditions of use."
9. Click **Create New Account** to complete process.

Using the Navigator Home Page

Once you have created your account, you will be directed to your Navigator home page to access the system's tools and resources via the top navigation menu. Your home page also provides a link to your messages, to do list, recommended links, and account information.

Taking an Assessment

Your first step in the educational and career planning process is to learn about you.

Click on **Learn About Myself** from the top navigation menu.

- Choose **Take an Assessment**, and under **Career Interests Assessment**, click on **Start**.
- Select your desired education level/degree, and click on **Start Assessment**.
- If you have already taken a CIA, take the **Skills Confidence Assessment** or the **Work Values Assessment**

Viewing and Printing Results

- When you have finished the Career Interests Assessment (CIA), click **Print Report**. Pick up the printout from the printer.
- Click on **View Suggested Occupations**. On the back of the CIA report you printed, list the suggested occupations.
- You can also access results via **My Portfolio**.

Logging In

To re-enter your lifelong account, go to the JA Student Career at **studentcenter.ja.org** and click **Explore Careers** in the left navigation menu. Click **Career Assessment**. Click **Login**, and enter your username and password.