

MCPS Swimming & Diving

MCPS Top Ten Times (All-Time)

200 Medley Relay

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Walter Johnson	Walter Johnson	1:37.44	2001	1 Whitman	Whitman	1:46.74	2010
2 Sherwood	Sherwood	1:38.20	2010	2 Churchill	Churchill	1:47.57	2010
3 Churchill	Churchill	1:38.40	2010	3 Whitman	Whitman	1:48.41	2009
4 Churchill	Churchill	1:39.01	1989	4 Churchill	Churchill	1:48.92	2009
5 Churchill	Churchill	1:39.02	2009	5 Richard Montgomery	Richard Montgomery	1:49.09	2006
6 Whitman	Whitman	1:39.10	2006	6 Sherwood	Sherwood	1:49.70	2008
7 Walter Johnson	Walter Johnson	1:39.20	2008	7 Richard Montgomery	Richard Montgomery	1:49.84	2007
8 B-CC	B-CC	1:39.32	2007	8 Churchill	Churchill	1:50.11	2008
9 B-CC	B-CC	1:39.60	1997	9 Richard Montgomery	Richard Montgomery	1:50.21	2005
10 B-CC	B-CC	1:39.76	2008	10 Sherwood	Sherwood	1:50.40	2010

200 Freestyle

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Sean Stewart	Wootton	1:39.50	2008	1 Katura Harvey	Richard Montgomery	1:49.45	2007
2 Kirk Jackson	Poolesville	1:40.55	2007	2 Kassy Kugler	Sherwood	1:49.54	2003
3 Daniel Mengerling	Walter Johnson	1:41.28	2005	3 Pam Minthorn	Seneca Valley	1:49.77	1988
4 Eric Friedland	Walter Johnson	1:41.79	2008	4 Kelly Davies	Sherwood	1:50.44	1986
5 Andrew Tollefson	Walter Johnson	1:42.17	2010	5 Elizabeth Pepper	Walter Johnson	1:50.55	2009
6 Ryan White	Kennedy	1:42.26	2000	6 Anais Menguy	Richard Montgomery	1:50.74	2008
7 Stephen Sakaris	Wootton	1:42.26	2008	7 Maria Watkins	Churchill	1:51.27	2010
8 Dave Knauert	Churchill	1:42.27	1989	8 Lauren Poore	Whitman	1:51.47	2010
9 Mark Meyer	Whitman	1:42.34	2008	9 Melissa Bartlett	Sherwood	1:51.93	1998
10 Dan Veatch	Churchill	1:42.57	1983	10 Kristen Moores	Quince Orchard	1:52.02	2007

200 IM

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Eric Friedland	Walter Johnson	1:47.59	2008	1 Leeann Chang	Whitman	2:04.77	2003
2 Mark Meyer	Whitman	1:51.73	2008	2 Cara Chuang	Poolesville	2:04.83	2010
3 Mike Barrowman	Churchill	1:51.80	1986	3 Tracey Barrett	Wootton	2:04.91	1994
4 Adam Meyer	Whitman	1:53.03	2006	4 Elizabeth Pepper	Walter Johnson	2:05.05	2010
5 Michael Raab	Walter Johnson	1:53.25	2001	5 Kelly Davies	Sherwood	2:05.26	1984
6 Serge Gould	Whitman	1:53.27	2010	6 Melissa Bartlett	Sherwood	2:05.28	1999
7 Buddy Reed	Sherwood	1:55.40	2000	7 Cheryl Patteson	Paint Branch	2:05.35	1992
8 Andrew Tollefson	Walter Johnson	1:55.56	2009	8 Charlotte Meyer	Whitman	2:05.86	2010
9 David Nickel	Churchill	1:56.11	1993	9 Kelsey Liu	Quince Orchard	2:07.03	2010
10 Clemens Kaiser	Richard Montgomery	1:56.04	2010	10 Sophia Barrowman	Churchill	2:07.29	1989

50 Freestyle

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Sean Stewart	Wootton	20.91	2008	1 Kassy Kugler	Sherwood	23.49	2004
2 Mark Liscinsky	Sherwood	21.33	1999	2 Elena Spak	Walter Johnson	23.69	2007
3 Josh Klotz	Whitman	21.40	2006	3 Emily Ryczek	Sherwood	23.93	2010
4 Josh Heller	Magruder	21.44	2010	4 Kelly Davies	Sherwood	23.97	1984
5 Jared Fribush	Paint Branch	21.46	1996	5 Mina Vucic	Walter Johnson	24.01	2009
6 Chris Pham	Churchill	21.47	2008	6 Jennifer Salitrik	Quince Orchard	24.04	1990
7 Rory Lewis	B-CC	21.51	1979	7 Natalya Ares	Churchill	24.08	2010
8 Nick Conrad	Sherwood	21.52	2005	8 Kristen Moores	Quince Orchard	24.09	2007
9 Ace Tate	Quince Orchard	21.56	1998	9 Elizabeth Pepper	Walter Johnson	24.11	2010
10 David Somers	Quince Orchard	21.56	2008	10 Yvonne Huo	Churchill	24.22	2009

100 Butterfly

<u>Name</u>	<u>School</u>	<u>Score</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Score</u>	<u>Year</u>
1 Michael Raab	Walter Johnson	49.66	2001	1 Danielle Schulkun	Whitman	55.07	2010
2 Mark Meyer	Whitman	50.00	2008	2 Anais Menguy	Richard Montgomery	55.55	2008
3 Chris Verboncoeur	Churchill	50.23	2010	3 Elizabeth Pepper	Walter Johnson	55.93	2010
4 Eric Conrad	Sherwood	50.52	2010	4 Kelly Davies	Sherwood	56.14	1985
5 Adrian Astiz	Walter Johnson	50.72	2005	5 Christine Chuang	Poolesville	56.51	2007
6 Joe Knecht	Walter Johnson	50.78	2006	6 Natalya Ares	Churchill	56.74	2009
7 Sandy Haibel	Richard Montgomery	50.79	2008	7 Pam Minthorn	Quince Orchard	56.99	1989
8 Sean Stewart	Wootton	51.29	2008	8 Maria Watkins	Churchill	57.04	2010
9 Cameron Lancon	Blake	51.42	2010	9 Grace Whiteis	Churchill	57.28	1982
10 Spencer Sterling	Blake	51.48	2010	10 Heather Denman	Sherwood	57.39	2006

100 Freestyle

<u>Name</u>	<u>School</u>	<u>Score</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Score</u>	<u>Year</u>
1 Sean Stewart	Wootton	45.61	2008	1 Kassy Kugler	Sherwood	50.35	2004
2 Eric Judkins	Wootton	46.54	1982	2 Kristen Moores	Quince Orchard	51.06	2007
3 Mark Liscinsky	Sherwood	46.98	1999	3 Emily Ryczek	Sherwood	51.23	2010
4 Mark Meyer	Whitman	46.98	2008	4 Elena Spak	Walter Johnson	51.25	2006
5 Eric Friedland	Walter Johnson	47.18	2008	5 Pam Minthorn	Seneca Valley	51.44	1988
6 Nick Conrad	Sherwood	47.19	2005	6 Natalya Ares	Churchill	51.64	2010
7 Kirk Jackson	Poolesville	47.25	2007	7 Kelly Davies	Sherwood	51.80	1986
8 Chris Tappis	Sherwood	47.52	2003	8 Cara Chuang	Poolesville	51.98	2008
9 Michael Center	B-CC	47.46	2010	9 Colleen Law	Whitman	51.99	2005
10 Stephen Sakaris	Wootton	47.51	2008	10 Grace Whiteis	Churchill	52.05	1982

500 Freestyle

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Sean Stewart	Wootton	4:33.15	2007	1 Pam Minthorn	Quince Orchard	4:48.12	1989
2 Daniel Mengerig	Walter Johnson	4:35.58	2005	2 Katura Harvey	Richard Montgomery	4:48.68	2007
3 Michael Raab	Walter Johnson	4:35.75	2000	3 Melissa Bartlett	Sherwood	4:52.29	1999
4 Jonathan Mengerig	Walter Johnson	4:36.31	2002	4 Elizabeth Pepper	Walter Johnson	4:55.52	2010
5 Matt Thomas	Magruder	4:36.91	2008	5 Kassy Kugler	Sherwood	4:56.31	2003
6 Stuart Martens	Whitman	4:37.15	2001	6 Maria Watkins	Churchill	4:56.38	2009
7 Adam Vann	Wootton	4:37.32	1991	7 Kelly Davies	Sherwood	4:57.40	1986
8 David Knauert	Churchill	4:37.64	1988	8 Ellen Anderson	Gaithersburg	4:57.44	2010
9 Adam Meyer	Whitman	4:37.67	2006	9 Cheryl Patteson	Paint Branch	5:00.38	1992
10 Clemens Kaiser	Richard Montgomery	4:37.83	2010	10 Anais Menguy	Richard Montgomery	5:01.19	2008

200 Freestyle Relay

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Whitman	Whitman	1:27.72	2006	1 Whitman	Whitman	1:38.37	2010
2 Walter Johnson	Walter Johnson	1:28.19	2005	2 Walter Johnson	Walter Johnson	1:39.12	2006
3 Wootton	Wootton	1:29.12	2008	3 Walter Johnson	Walter Johnson	1:39.54	2008
4 Wootton	Wootton	1:29.35	2007	4 Churchill	Churchill	1:39.58	2009
5 Walter Johnson	Walter Johnson	1:29.36	2000	5 Sherwood	Sherwood	1:39.61	2003
6 Magruder	Magruder	1:29.50	2007	6 Walter Johnson	Walter Johnson	1:39.82	2009
7 Walter Johnson	Walter Johnson	1:29.50	2008	7 Walter Johnson	Walter Johnson	1:40.09	2010
8 Sherwood	Sherwood	1:29.61	2001	8 Walter Johnson	Walter Johnson	1:40.64	2007
9 Whitman	Whitman	1:29.72	2005	9 Watkins Mill	Watkins Mill	1:40.78	2003
10 Watkins Mill	Watkins Mill	1:29.73	1998	10 Whitman	Whitman	1:40.93	2009

100 Backstroke

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Sean Stewart	Wootton	51.14	2008	1 Cara Chuang	Poolesville	55.24	2009
2 Eric Conrad	Sherwood	51.20	2010	2 Heather Denman	Sherwood	56.65	2008
3 Robert Coe	B-CC	51.39	2008	3 Delghi Urubshorow	B-CC	57.21	2005
4 Ace Tate	Quince Orchard	51.54	1998	4 Tracey Barrett	Wootton	57.38	1993
5 Mark Meyer	Whitman	51.69	2008	5 Susan O'Brien	Walter Johnson	57.87	1984
6 Buddy Reed	Sherwood	52.15	2001	6 Carolina Douglas	Gaithersburg	58.52	1998
7 Mark Liscinsky	Sherwood	52.46	1999	7 Victoria Kuhn	Whitman	58.54	2010
8 Sandy Haibel	Richard Montgomery	52.49	2008	8 Marissa Martin	Churchill	58.59	2002
9 Jonathan Lee	Churchill	52.80	1991	9 Danielle Schulkin	Whitman	58.78	2010
10 Serge Gould	Whitman	52.83	2010	10 Shannon Ridge	Churchill	58.89	2010

100 Breaststroke

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Eric Friedland	Walter Johnson	54.90	2008	1 Susan Kim	Richard Montgomery	1:04.54	2006
2 Mike Barrowman	Churchill	56.42	1987	2 Sarah Van Doren	Damascus	1:04.67	2008
3 Andrew Tollefson	Walter Johnson	57.56	2008	3 Leeann Chang	Whitman	1:05.02	2003
4 Andrew McGehee	Blair	58.26	2009	4 Karla Wilson	Rockville	1:05.36	1990
5 Bryan Nicosia	Woodward	58.33	1986	5 Kelsey Liu	Quince Orchard	1:05.38	2010
6 Adam Meyer	Whitman	58.33	2006	6 Karin Masal	Richard Montgomery	1:05.61	1988
7 Joe Knecht	Walter Johnson	58.40	2007	7 Ruth Kominski	Kennedy	1:05.84	1990
8 Dan Merrill	Watkins Mill	58.55	1998	8 Karen Chen	Churchill	1:06.34	2009
9 Haywood Miller	B-CC	58.66	2007	9 Joan Frantantoni	Wootton	1:06.43	1992
10 Adrian Astiz	Walter Johnson	58.67	2005	10 Lauren Southard	Watkins Mill	1:06.57	2005

400 Freestyle Relay

<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Year</u>
1 Walter Johnson	Walter Johnson	3:11.51	2008	1 Richard Montgomery	Richard Montgomery	3:29.67	2007
2 Walter Johnson	Walter Johnson	3:13.29	2000	2 Whitman	Whitman	3:29.95	2010
3 Walter Johnson	Walter Johnson	3:13.67	2001	3 Churchill	Churchill	3:33.12	2009
4 Wootton	Wootton	3:13.75	2008	4 Churchill	Churchill	3:34.28	2010
5 Walter Johnson	Walter Johnson	3:13.92	2007	5 Whitman	Whitman	3:34.49	2009
6 Magruder	Magruder	3:13.99	2007	6 Walter Johnson	Walter Johnson	3:35.09	2009
7 Walter Johnson	Walter Johnson	3:14.46	2010	7 Walter Johnson	Walter Johnson	3:35.36	2006
8 Walter Johnson	Walter Johnson	3:14.84	2005	8 Richard Montgomery	Richard Montgomery	3:35.92	2006
9 Sherwood	Sherwood	3:15.42	2010	9 Sherwood	Sherwood	3:36.24	2004
10 Quince Orchard	Quince Orchard	3:15.51	1998	10 Wootton	Wootton	3:36.93	1993