Physical Education Quarter 4



Our Kids Heart Challenge was a tremendous success this year! All students traveled through a 12 station obstacle course during their PE class March 24-28! We raised just over \$2,000.00 for the American Heart Association and most importantly, we raised awareness for heart disease and stroke while learning strategies to stay heart healthy!

Congratulations to the following students, who also completed educational missions through the Kids Heart Challenge:

Eliana Heo** Elliott Lakes** Lukas Flores** Evie Romito***

Mia Landis* Reece Almario** Stella Ham** Sivan Frumpkin***

Violet Kepler** Jack Romito*** Lillian Romito*** Raiyan Rafay***

Jett Tompson***

We have many exciting events coming up to close out the school year strong!

Field Day is coming! This year's Field Day event will take place on Friday, May 30, with a rain date of Monday, June 2. Please look for additional information to come home seeking volunteers for this event.

As we close out the school year in Physical Education, students will be participating in several different competitive games in preparation for field day as well as striking with implements in grade 3-5 while grades Pre-K-2 engage in jump rope skills.

^{*}Completed hands only CPR mission

^{**}Completed hands only CPR and warning signs of stroke mission

^{***}Completed hands only CPR, warning signs of stroke and Finn's mission