

COUNSELOR CONNECTION



GET TO KNOW OUR COUNSELORS



Mrs. Mallory Wattiez

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Grades K, 2, 4

Hello! This is my tenth year as a school counselor and my first year at Dr. McNair ES! I look forward to getting to know all the amazing students here this year!

Mrs. Rebecca Lavo

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Grades 1, 3, 5

Hello! This is my 5th year as a school counselor at Dr. Ronald E. McNair Elementary School and my 21st year with the county. I'm excited for another great school year!

If your child needs a backpack and/or school supplies please email or call the office to let us know.

Dr. REMES will continue our social-emotional learning (SEL) program called **Leader in Me**. Students will review the 7 Habits (Be Proactive, Begin with the End in Mind, Put First Things First, Think Win-Win, Seek First to Understand and Then to be Understood, Synergize, Sharpen the Saw) all year long! [Click here](#) to learn more about the Leader in Me program.



This year we will be beginning to use the Zones of Regulation in our school building. The Zones of Regulation allows students to communicate their current emotion and level of energy with others. Please visit this [link](#) is for additional information about the Zones.

SCHOOL COUNSELING PROGRAM INFORMATION

Our counseling program provides support at Dr. McNair ES in a variety of ways including:

- ~Monthly classroom counseling lessons (on topics including emotion regulation, problem solving, friendship skills, careers and personal body safety)
- ~Small group meetings/lunch bunches
- ~Individual counseling (short term support)
- ~Connection to resources for families
- ~ School wide programs and supports

Please reach out to us if you have any questions about our program or would like support for your student. You can email, call or visit the school.