

## Replacement Statements ~ Attribution Retraining

### Instead of "Good Luck"

- ☐ You worked hard. I know you can do it.
- ☐ Show me what you know.
- ☐ Put forth your best effort.
- ☐ Make it happen.
- ☐ Remember your strategies.
- ☐ Try your best.
- ☐ Remember that you've been preparing for this.
- ☐ You can do this!
- ☐ Now it's time for you to show what you learned.
- ☐ Don't give up.
- ☐ Try all the questions, even if they seem hard.
- ☐ Take a deep breath, relax, and think about what you've learned.

### Instead of "It's going to be easy."

- ☐ Don't worry; this should be easy because we've worked on it all week, and you've done fine.
- ☐ Work hard; you'll get it!
- ☐ Take your time, and read each question carefully.
- ☐ I know you can do it.
- ☐ I think you are prepared.
- ☐ This looks just like what we did (yesterday). Use those same skills on this.
- ☐ You are a hard worker; you will do well.
- ☐ You have done this before; you can do it.
- ☐ I like the way you're working hard and focusing on this.
- ☐ You will get this, even if you don't have it yet!
- ☐ Don't worry, just try.
- ☐ If it's easy for you now, than your hard work paid off.
- ☐ This is important, so stick with it.

### Instead of "It's going to be easy," continued

- ☐ Think about what you've learned this time, and you can use it to do even better next time.
- ☐ Try your hardest.
- ☐ If it isn't working, try another strategy.
- ☐ It's not supposed to be easy yet; we've just started working on this.
- ☐ You're a good problem solver because you \_\_\_\_\_.
- ☐ It's okay if you make a mistake. It's not okay to stop trying.
- ☐ Think about the strategies that might help you do this.
- ☐ I believe in you; you can do it!

### Instead of "You are so smart."

- ☐ You did really well. I can tell you've been practicing.
- ☐ Look how much effort you put into it.
- ☐ You worked really hard on\_\_\_\_\_
- ☐ You have great study skills because you \_\_\_\_\_
- ☐ You're on fire!
- ☐ You are going to be successful because of your effort!
- ☐ You did a good job using strategies.
- ☐ I like how you did not give up on that!
- ☐ You must have studied really hard.
- ☐ It was obvious you really worked hard on this.
- ☐ It was obvious that this was important to you.
- ☐ Look how much your hard work paid off!
- ☐ I can see you're ready for the next challenge.
- ☐ Doing your homework helped you prepare for this.
- ☐ Tell me why you did so well.
- ☐ What strategies did you use?
- ☐ I knew you could do it! You stuck with it until you got it!