

# Digital Citizenship- Online Computer Safety

The students at Highland View Elementary were instructed about Cyber Safety in grades Kindergarten through 5th grade.

Kindergarten:

- Kindergarten students learned about how to pause when they are on the computer and have to get off the computer.
- Turn off the device before bedtime.
- Use trusted devices and ask an adult before using technology.
- Listen to their feelings and inform an adult if something makes them feel uncomfortable.

This is the song that we sang during instruction:

This is the video featuring our favorite digital song:

<https://www.commonsense.org/education/videos/pause-think-online>

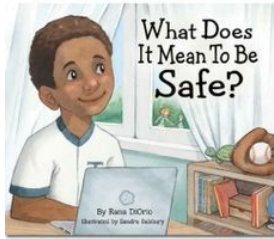


First grade:

Students learned that the internet is a fun tool, but they should be responsible when using it.

Students were taught to set limits on how much time they spend online.

- Do not share personal information with strangers.
- Students should not share their username or passwords with their friends.
- Pause and think before searching, clicking and sharing.
- Ask an adult before they go on line.
- Pay attention to their feelings and ask for assistance when they feel scared or confused about something they see online.



### Second graders:

These students were taught how to put a stop to online meanness. The internet is filled with all kinds of interesting people, but sometimes, some of them can be mean to each other.

- With this role play, help your students understand why it's often easier to be mean online than in person, and how to deal with online meanness when they see it.

Students were taught to STOP

S - Step Away

T - Tell A Trusted Adult

O - OK - Sites First

P - Pause and Think online.

The lesson was concluded by students drawing a picture of what they would do if someone was mean to them on line.



### Third graders:

As kids grow, they'll naturally start to communicate more online. But some of what they see could make them feel hurt, sad, angry, or even fearful. Students were taught to have empathy for others and learn strategies to use when confronted with cyberbullying. Students worked in partners and practiced telling an adult they were being bullied online.



Fourth graders:

Students were taught how to be an upstander. An upstander is a student who stands up for students that are being bullied on line. There was also discussion about being a Super Digital Citizenship. This is a person who uses technology responsibly. At the end of the lesson, students worked in partners and created a comic of how to be an upstander.



Fifth graders:

Students were taught about Cyberbullying. They were asked why it is easier to be mean online than face to face. Students were taught what they should do if they were being cyberbullied.

- Block the person
- Do not spread rumors
- Tell a trusted adult.
- Do not respond in a negative manner.