

Preschool Education Program



Growing Up Healthy (March 2019)

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Big Ideas: The five senses help me explore my world. I know how to be healthy. I eat healthy foods. I know what to do to be safe.

Related Vocabulary: hear, see, smell, taste, touch, sight, sound, senses, feel, exercise, fitness, healthy, nutrition, germs, emergency, safety, compare, equal, most, more, less

Books:

Look, Listen, and Learn

How Do Dinosaurs Get Well Soon?

I Am Sick

My Five Senses

How Does Your Salad Grow?

Always Be Safe

Eating the Alphabet

The Beastly Feast

Good Food

Activities:

We will learn about the five senses.

We will learn about being healthy and taking care of ourselves.

We will practice creating and extending patterns with manipulatives.

We will practice identifying letter sounds and the beginning sounds of words.

Things to do at home:

Work on having your child use longer combinations of words or full sentences to make requests. For example, instead of just saying/signing "water," encourage your child to say something like: "more water," "water please," or "I want water please."

Notes/Reminders:

Our classroom is in need of some supplies! Sanitizing wipes, hand sanitizer, and hand soap would all be greatly appreciated! Thank you ☺

Specialists/Therapists:

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	9:40-10:05 Music Mr. Washington	Speech	9:40-10:05 Art Ms. Bowen	9:40-10:05 PE Mr. Hatcher	

Speech: Ms. Jenna Poland

Occupational Therapy (O.T.): Ms. Khadijah Johnson

Physical Therapy (P.T.): Ms. Tina Sito