### HELPING STUDENTS SUCCEED

Elementary school counselors aim to help all children get the most out of school.

Your support and cooperation can help make your child's school years a rewarding experience.

It is our hope that parents and students feel free to use counseling services. We look forward to partnering with you to help your child succeed!





Ms. Gabrielle Smith is Glenallan's full-time counselor and Ms. Jennifer Taylor is Glenallan's half-time counselor. Please contact either of us if you need assistance or have concerns about your child.

Ms. Smith: Gabrielle Smith@mcpsmd.org

Ms. Taylor: Jennifer\_S\_Taylor@mcpsmd.org

We can also be reached at 240-740-0760.

Glenallan Elementary School 12520 Heurich Road Silver Spring, MD 20902

Phone: 240-740-0760

# Glenallan Elementary School Counseling



Focused on Excellence for Every Gator

### ELEMENTARY COUNSELING PROGRAM

#### Students, we are here to help you with:

- Working out friendship problems
- Setting goals
- Working well with others
- Feeling good about yourself
- Adjusting to a new school
- Learning how to make decisions
- Managing your feelings (stress, worry, anger, etc.)
- Dealing with peer pressure and bullying

# PARENT SUPPORT

# Parents, we are available to assist and provide you with assistance in:

- Exploring ways to help your child succeed
- Improving parent-child communications
- Referrals for community sources
- Understanding the developmental changes of childhood
- Supply reference materials
- Information to help understand
  your child's special needs
- Obtaining school supplies,
  winter coats/clothing, and
  holiday baskets if needed

## SCHOOL COUNSELING SERVICES

#### Services Provided:

- Classroom Presentations
- Group Counseling (grief, divorce, social skills, and study skills)
- Brief Solution-Focused Counseling\*
- Parent Consultations
- Community Resource Referrals such as food bank, clothing, and community assistance

\*Please note school counselors do not provide "therapy" or "traditional counseling." Referrals for outside counseling services are available for children experiencing grief, divorce, family separation, deployment, or mental health concerns.