Hello Parents and/or Guardians,

Welcome to the 2023-2024 school year.

The Department of Health and Human Services, School Health Services in partnership with MCPS provides services to assure health, safety, and well-being of students at Diamond Elementary School.

The Health Room Staff is available to provide care to the students during the school day. Some of these services include assessing the health needs of the students, providing first aid and emergency care to sick or injured students, administering medications and treatments to students who have doctors' orders, providing crisis intervention, health counseling, nurse case-management and referrals. We also assist families of eligible uninsured students to enroll in the Maryland Children's Health Plan (MCHP) and Care for Kids Programs. If we can be of assistance, please contact us.

WHEN TO KEEP YOUR CHILD FROM SCHOOL

When your child is sick, keep him/her home from school. This not only benefits your child, but other children and staff in the classroom at school.

Important signs of illness:

Some important signs of illness are:

- 1. A temperature of more than 100° orally
- 2. Nausea or vomiting
- 3. Stomachache
- 4. Diarrhea
- 5. Pale or flushed face
- 6. Headache
- 7. Persistent cough
- 8. Earache
- 9. Thick yellowish discharge from nose
- 10. Sore throat
- 11. Rash or infection of the skin
- 12. Red or pink eyes
- 13. Loss of energy or decrease in activity

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Medications at School:

Medicine cannot be given to a student unless authorized by the physician on the MCPS Form 525-13, *Authorization for Administer Prescribed Medication*. This includes both prescription and over the counter medications. Over the counter medications must be in the original, unopened bottle/box. Prescription medications must be in a container properly labeled by a pharmacist.

Forms:

Authorization to Administer Prescribed Medication https://www.montgomeryschoolsmd.org/departments/forms/pdf/525-13.pdf Emergency Care for Anaphylaxis Form https://www.montgomeryschoolsmd.org/departments/forms/pdf/525-14.pdf Health Inventory Form https://www.montgomeryschoolsmd.org/departments/forms/pdf/sr-6.pdf

Please be sure that you have updated any phone number changes on the emergency contact form, this is very important if your child becomes ill during the school day. If you have any questions or concerns please contact us by phone or in person. If at any time throughout the school year your child's health changes or your child is diagnosed with a health condition please contact us to discuss. There will be information coming home in September regarding flu clinics throughout the county. We are looking forward to keeping your children healthy and ready to learn this school year!

Hours of the health room 8:55 am- 4:25 pm Phone 240-740-2122 Fax 301-840-4506 School Health Room Aide: Sandra Honour Sandra_L_Honour@mcpsmd.org School Community Health Nurse: Selamawit_T_Yeneneh@mcpsmd.org