## SUMMIT LAKE ENVIRONMENTAL EDUCATION CENTER

## Menu

|           | Day 1  | Day 2   | Day 3  |
|-----------|--|---|--|
|           |  | Egg and cheese Omelet<br>Crumbled Bacon<br>Toast w/ Butter            | French Toast w/ Syrup  |
| Breakfast |  | Cold Cereal   | Cold Cereal Fresh Fruit  |
|           |  | Fresh Fruit   |  |
|           |  | Apple Juice<br>Milk   | Apple Juice<br>Milk  |
|           | Students bring their own lunch   | Chicken Tenders Homemade Bread Corn Applesauce                        | Sandwiches – Ham and Turkey Cheese, Tomato, Lettuce Potato Chips Fruit |
| Lunch     |  | Jell-O  | Homemade Cookies   |
|           |  | Milk, Ice Water   | Milk, Ice Water  |
|           |  | Vegetarian: Morning Star<br>Nuggets                                   |  |
|           | Pizza – cheese and<br>pepperoni<br>Potato Chips<br>Tossed Salad<br>Orange Slices | Hamburgers French Fries Lettuce, Tomatoes, Cheese Pickle Slices Fruit |  |
| Dinner    | Fruit Punch<br>Milk by request   | Orange Punch<br>Milk by request                                       |  |
|           | Rice Krispie Treats  | Pudding   |  |
|           |  | Vegetarian: Veggie Burger   |  |
| Snacks    |  | Popcorn, Pretzels, Water  | Snack may be for both nights.  |