



# Community Resources **For Families**



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# Healthcare Access

## **Maryland Health Connection**

Support in Germantown, Rockville & Silver Spring

1-855-642-8572;

240-777-1815

Healthcare coverage application portal

## **Medical Care for Uninsured Children (Care for Kids)**

Support in Germantown, Rockville & Silver Spring

301-628-3450

Medical care for uninsured children

## **Department of Health and Human Services**

Countywide

311; 240-777-0311

Health services available in Montgomery County

## **Dental Care**

Countywide

311; 240-777-0311

Dental care for children and adults  
with and without insurance

## **Vision Care**

Countywide; Inquire with School Nurse

240-777-4940

Vision care for children and adults  
with and without insurance

## **Child and Adolescent Assessment Services**

1301 Piccard Dr. 1st Floor Rockville, MD 20850

240-777-4000

Substance use screening  
and referral services for youth

## **Latino Health Initiative / Por Nuestra Salud y Bienestar**

8630 Fenton St. 10th Floor Silver Spring, MD 20910

301-270-8432

Promotion of health and wellness  
in the Latino community

## **African American Health Program**

1401 Rockville Pike Suite 420 Rockville, MD 20852

240-777-1833

Promotion of health and wellness  
in the African American community

## **Asian American Health Initiative**

1401 Rockville Pike 3rd Floor Rockville, MD

20852

240-777-4517

Promotion of health and wellness  
in the Asian American community

## **Prescription Assistance**

Countywide

240-777-1246

Options for prescription access,  
discounts, and other assistance



# Mental Health Services Access

## **Crisis Center**

1301 Piccard Dr. 1st Floor Rockville, MD 20850  
240-777-4000  
Mental health crisis support  
24 hours a day, 7 days a week

## **Behavioral Health Resource Directory**

Countywide  
N/A  
Directory of behavioral health  
services in the county

## **988 Lifeline**

Countywide  
988  
Call, text, or chat 24 hours a day, 7 days a week

## **Collaboration Council**

1803 Research Blvd. #208 Rockville, MD 20850  
301-610-0147  
Pathways to services for youth with behavioral  
health challenges and their families

## **Family Justice Center**

600 Jefferson Plaza Suite 500 Rockville, MD 20852  
240-773-0444  
Multiple services for survivors  
of domestic violence

## **National Alliance on Mental Illness**

**(NAMI)**  
1 Research Ct. Suite 315 Rockville, MD 20850  
301-949-5852  
Guide to behavioral health services in the county



# Food Assistance

## **Free and Reduced School Meals**

Please check in with your child's school  
Application for free and reduced school meals

## **SNAP / Food Stamps Application**

Countywide  
1-800-332-6347  
Application for SNAP (food stamp) benefits

## **Pregnant Women, Infants & Children (WIC)**

Locations in Gaithersburg, Silver Spring, Takoma  
Park, Rockville, & Wheaton  
301-762-9426  
Clinics that support eligible pregnant and  
parenting county residents

## **Shepherd's Table**

8106 Georgia Ave. Silver Spring, MD 20910  
301-585-6463  
Daily hot meals in Silver Spring

## **The Lord's Table**

9008 Rosemont Dr. Gaithersburg, MD 20877  
N/A  
Daily hot meals in Gaithersburg

## **Daily Distribution Events**

Countywide  
311; 240-777-0311  
Countywide daily food distribution calendar



# Clothing, Furniture, & Other Assistance

## **Interfaith Works**

981 Rollins Ave. 2nd Floor Rockville, MD 20852  
301-762-8682  
Clothing and household items assistance

## **Clarksburg Closet**

23700 Stringtown Rd. Clarksburg, MD 20871  
301-528-6702  
Clothing assistance

## **A Wider Circle**

9159 Brookville Rd. Silver Spring, MD 20910  
301-608-3504  
Furniture assistance

## **Greater DC Diaper Bank**

Countywide  
8860 Monard Dr. Silver Spring, MD 20910  
202-702-4001  
Diaper resources countywide



# Housing & Utility Assistance

## **Crisis Center**

1301 Piccard Dr. 1st Floor Rockville, MD 20850

240-777-4000

Support for residents at risk of eviction or currently unhoused

## **Housing Stabilization Services**

Germantown, Rockville, Silver Spring

311; 240-777-0311

Housing assistance and case management

## **Landlord-Tenant Affairs**

Countywide

311; 240-777-0311

Landlord and tenants' rights and assistance

## **Affordable Housing**

Gaithersburg, Wheaton, East County

240-777-4940

County affordable housing options

## **Utility Assistance**

1301 Piccard Dr. 4th Floor Rockville, MD 20850

240-777-4450

County utility assistance



# International Family Resources

## **Gilchrist Immigrant Resource Center**

East County  
3300 Briggs Chaney Rd.  
Silver Spring, MD 20904  
240-777-8406

Gaithersburg  
18330 Montgomery Village Ave. 2nd Floor  
Gaithersburg, MD 20879  
240-777-4960

Wheaton  
11002 Viers Mill Rd. Suite 506  
Wheaton, MD 20902  
240-777-4941

Guide to community resources for immigrant county residents

### **Adult ESOL Class Directory**


Countywide  
301-881-1338  
Guide to adult English  
language classes  
countywide

### **Maryland Pro Bono Immigration Legal Assistance**

1500 Union Ave. Suite 2400 Baltimore,  
MD 21211 (By Appointment Only)  
667-899-5741 (WhatsApp)  
Pro bono immigration legal  
assistance in Maryland

### **Know Your Rights**

Countywide  
1-866-765-2272 (CASA Hotline)  
Know your rights in your home,  
vehicle, buildings, and more



# Academic & Technology Assistance

## **MCPS Academics**

850 Hungerford Dr. Rockville, MD 20850  
240-740-3000 (All Languages);  
240-740-2845 (Spanish)  
MCPS academic programming

## **Homework Resources**

850 Hungerford Dr. Rockville, MD 20850  
240-740-3000 (All Languages); 240-740-2845  
(Spanish)  
Homework assistance for students

## **Tutoring**

850 Hungerford Dr. Rockville, MD 20850  
240-740-3000 (All Languages);  
240-740-2845 (Spanish)  
Tutoring assistance for students

## **MCPS College and Career Center**

850 Hungerford Dr. Rockville, MD 20850  
240-740-3000 (All Languages);  
240-740-2845 (Spanish)  
MCPS college and career preparation resources

## **George B. Thomas Learning Academy (Saturday School)**

Countywide;  
1401 Dennis Ave. Silver Spring, MD 20902  
301-287-8980  
Saturday School locations,  
programs, and enrollment

## **Montgomery County Public Libraries**

Countywide;  
Administrative Offices at  
21 Maryland Ave. Suite 310 Rockville, MD 20850  
240-777-0002  
Public libraries and related services

## **Free / Low Cost Computers & Internet**

Germantown, Wheaton, East County  
240-777-4940  
Computer and internet resources

## **Xfinity Internet Essentials**

Countywide  
1-844-389-4681  
Low cost internet services

# Workforce

## **Workforce Montgomery**

Germantown & Wheaton  
240-406-5485 (Germantown); 301-929-6880  
(Wheaton)  
Employment support for county residents

## **Maryland Workforce Exchange**

Countywide  
410-767-2100  
Maryland employment application portal



# Youth Development & Mentorship

## **Department of Recreation**

Countywide Locations; 2525 Reddie Dr. 10th Floor  
Wheaton, MD 20902  
240-777-6840  
Recreation programming and employment

## **Street Outreach Network**

Countywide  
240-773-1229  
Youth development and gang prevention



# General County Resources

## **Department of Juvenile Services**

7300 Calhoun Pl. Suite 700 Rockville, MD 20850  
301-610-8500  
Support for court-involved  
and other youth and their families

## **Child Welfare Services**

1301 Piccard Dr. Rockville, MD 20850  
240-777-4417 (Reporting); 240-777-3500  
(General)  
Support to prevent child abuse and neglect,  
assist kinship caregivers, and more

## **Montgomery County Police Department**

Countywide  
301-279-8000 (Non-Emergency)  
County residents can report missing children,  
criminal activity, and more

## **Regional Services Centers**

Bethesda-Chevy Chase, East County, Mid  
County, Silver Spring, and Upcounty Locations  
311; 240-777-0311  
Multiservice centers countywide

## **Trauma Services**

1301 Piccard Dr. 4th Floor Rockville, MD 20850  
240-777-1355  
Support for survivors of crime  
including sexual assault

## **Disability Network Directory**

Countywide  
311; 240-777-0311  
Provider resource directory  
for people with disabilities