



Community Resources For Families

COMMUNITY RESOURCES FOR FAMILIES

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*These resources are provided for information purposes only.
The services are neither sponsored nor endorsed by Montgomery County Public Schools.*



**If you need additional resources, please reach out to your child's teacher, counselor,
and/or Main Office staff for assistance*

**For a comprehensive list of schools and community resources, please see the
[MCPS Community Resources Guide](#)*



Maryland Health Connection 1-855-642-8572; 240-777-1815

Support in Germantown, Rockville, and Silver Spring

HEALTHCARE COVERAGE APPLICATION PORTAL

Medical Care for Uninsured Children (Care for Kids) 301-628-3450

Support in Germantown, Rockville, and Silver Spring

Department of Health and Human Services. 311; 240-777-0311

Support Countywide

HEALTH SERVICES AVAILABLE IN MONTGOMERY COUNTY

Dental Care 1-855-642-8572

Support Countywide

DENTAL CARE FOR CHILDREN AND ADULTS WITH AND WITHOUT INSURANCE

Vision Care 240-777-4940

Support Countywide; Inquire with School Nurse

VISION CARE FOR CHILDREN AND ADULTS WITH AND WITHOUT INSURANCE

Child and Adolescent Assessment Services 240-777-4000

1301 Piccard Drive, 1st Floor, Rockville, MD 20850

SUBSTANCE USE SCREENING AND REFERRAL SERVICES FOR YOUTH

Latino Health Initiative/Por Nuestra Salud y Bienestar 301-270-8432

8630 Fenton Street, 10th Floor, Silver Spring, MD 20910

PROMOTION OF HEALTH AND WELLNESS IN LATINO COMMUNITY

African American Health Program 240-777-1833

1401 Rockville Pike, Suite 420, Rockville, MD 20852

PROMOTION OF HEALTH AND WELLNESS IN THE AFRICAN AMERICAN COMMUNITY

Asian American Health Program 240-777-1833

1401 Rockville Pike, 3rd Floor, Rockville, MD 20852

PROMOTION OF HEALTH AND WELLNESS IN THE ASIAN AMERICAN COMMUNITY

Prescription Assistance. 240-777-1246

Support Countywide

OPTIONS FOR PRESCRIPTION ACCESS, DISCOUNTS, AND OTHER ASSISTANCE

COMMUNITY RESOURCES FOR FAMILIES
Mental Health Services Access

Crisis Center 240-777-4000

1301 Piccard Drive, 1st Floor, Rockville, MD 20850

MENTAL HEALTH CRISIS SUPPORT, 24 HOURS A DAY, 7 DAYS A WEEK

Behavioral Health Resource Directory

Support Countywide

DIRECTORY OF BEHAVIORAL HEALTH SERVICES IN THE COUNTY

988 Lifeline 988

Support Countywide

CALL, TEXT, OR CHAT; 24 HOURS A DAY, 7 DAYS A WEEK

Collaboration Council 301-610-0147

1803 Research Boulevard, #208, Rockville, MD 20850

PATHWAYS TO SERVICES FOR YOUTH WITH BEHAVIORAL HEALTH CHALLENGES AND THEIR FAMILIES

Family Justice Center 240-773-0444

600 Jefferson Plaza, Suite 500, Rockville, MD 20852

MULTIPLE SERVICES FOR SURVIVORS OF DOMESTIC VIOLENCE

National Alliance on Mental Illness (NAMI) 301-949-5852

1 Research Court, Suite 315,, Rockville, MD 20850

GUIDE TO BEHAVIORAL HEALTH SERVICES IN THE COUNTY



Free and Reduced School Meals

Please check in with your child's school

APPLICATION FOR FREE AND REDUCED SCHOOL MEALS

SNAP/Food Stamps Application 1-800-332-6347

Support Countywide

APPLICATION FOR SNAP (FOOD STAMP) BENEFITS

Pregnant Woman, Infant, & Child Nutrition (WIC) 301-762-9426

Locations in Gaithersburg, Silver Spring, Takoma Park, Rockville, and Wheaton

CLINICS THAT SUPPORT ELIGIBLE PREGNANT AND PARENTING COMMUNITY RESIDENTS

Shepherd's Table 301-585-6463

8106 Georgia Avenue, Silver Spring, MD 20910

DAILY HOT MEALS IN SILVER SPRING

The Lord's Table

9008 Rosemont Drive, Gaithersburg, MD 20877

DAILY HOT MEALS IN GAITHERSBURG

Daily Distribution Events 311; 240-777-0311

Support Countywide

COUNTYWIDE DAILY FOOD DISTRIBUTION CALENDAR



COMMUNITY RESOURCES FOR FAMILIES

Clothing, Furniture, & Other Assistance

Interfaith Works 301-762-8682

981 Rollins Avenue, 2nd Floor, Rockville, MD 20852

CLOTHING AND HOUSEHOLD ITEMS ASSISTANCE

Clarksburg Closet 301-528-6702

23700 Stringtown Road, Clarksburg, MD 20871

CLOTHING ASSISTANCE

A Wider Circle 301-608-3504

9159 Brookville Road, Silver Spring, MD 20910

FURNITURE ASSISTANCE

Greater DC Diaper Bank 202-702-4001

Support Countywide; 8860 Monard Drive, Silver Spring, MD 20910

DIAPER RESOURCE COUNTYWIDE



COMMUNITY RESOURCES FOR FAMILIES

Youth Development & Mentorship

Department of Recreation 240-777-6840

Countywide Locations; 2525 Reedie Drive, 10th Floor, Wheaton, MD 20902

RECREATION PROGRAMMING AND EMPLOYMENT

Street Outreach Network 240-773-1229

Support Countywide

YOUTH DEVELOPMENT AND GANG PREVENTION



COMMUNITY RESOURCES FOR FAMILIES

Housing & Utility Assistance

Crisis Center. 240-777-4000

1301 Piccard Drive, 1st Floor, Rockville, MD 20850

SUPPORT FOR RESIDENTS AT RISK OF EVICTION OR CURRENTLY UNHOUSED

Housing Stabilization Services 311; 240-777-0311

Germantown, Rockville, and Silver Spring

HOUSING ASSISTANCE AND CASE MANAGEMENT

Landlord-Tenant Affairs 311; 240-777-0311

Support Countywide

LANDLORD AND TENANTS' RIGHTS AND ASSISTANCE

Affordable Housing. 240-777-4940

Gaithersburg, Wheaton, East County

COUNTY AFFORDABLE HOUSING OPTIONS

Utility Assistance. 240-777-4450

1301 Piccard Drive, 4th Floor, Rockville, MD 20850

COUNTY UTILITY ASSISTANCE



COMMUNITY RESOURCES FOR FAMILIES

Workforce

Workforce Montgomery. 240-406-5485 (Germantown)

Germantown & Wheaton

301-929-6880 (Wheaton)

EMPLOYMENT SUPPORT FOR COUNTY RESIDENTS

Maryland Workforce Exchange 410-767-2100

Support Countywide

MARYLAND EMPLOYMENT APPLICATION PORTAL



Gilchrist Immigrant Resource Center

GUIDE TO COMMUNITY RESOURCE FOR IMMIGRANT COUNTY RESIDENTS

East County

240-777-8406

3300 Briggs Chaney Road, Silver Spring, MD 20904

Gaithersburg

240-777-4960

18330 Montgomery Village Avenue, 2nd Floor, Gaithersburg, MD 20879

Wheaton

240-777-4941

11002 Viers Mill Road, Suite 506, Wheaton, MD 20902

Adult ESOL Class Directory 301-881-1338

Support Countywide

GUIDE TO ADULT ENGLISH LANGUAGE CLASSES COUNTYWIDE

Maryland Pro Bono Immigration Legal Assistance 667-899-5741

1500 Union Avenue, Suite 2400, Baltimore, MD 21211 (By Appointment Only)

(WhatsApp)

PRO BONO IMMIGRATION LEGAL ASSISTANCE IN MARYLAND

Know Your Rights 1-866-765-2272

Support Countywide

(CASA HOTLINE)

KNOW YOUR RIGHTS IN YOUR HOME, VEHICLE, BUILDINGS, AND MORE



COMMUNITY RESOURCES FOR FAMILIES

Academic and Technology Assistance

MCPS Academics 240-740-3000 (All Languages)
850 Hungerford Drive, Rockville, MD 20850
240-740-2845 (Español)

MCPS ACADEMIC PROGRAMMING

Homework Resources 240-740-3000 (All Languages)
850 Hungerford Drive, Rockville, MD 20850
240-740-2845 (Español)

HOMEWORK ASSISTANCE FOR STUDENTS

Tutoring 240-740-3000 (All Languages)
850 Hungerford Drive, Rockville, MD 20850
240-740-2845 (Español)

TUTORING ASSISTANCE FOR STUDENTS

MCPS College and Career Center 240-740-3000 (All Languages)
850 Hungerford Drive, Rockville, MD 20850
240-740-2845 (Español)

MCPS COLLEGE AND CAREER PREPARATION RESOURCES

George B. Thomas Learning Academy (Saturday School) 301-287-8980
Countywide; 1401 Dennis Avenue, Silver Spring, MD 20902

SATURDAY SCHOOL LOCATIONS, PROGRAMS, AND ENROLLMENT

Montgomery County Public Libraries 240-777-0002
Support Countywide; Administrative Offices at 21 Maryland Avenue, Suite 310, Rockville, MD 20850

PUBLIC LIBRARIES AND RELATED SERVICES

Free/Low Cost Computers & Internet 240-777-4940
Germantown, Wheaton, East County

COMPUTER AND INTERNET RESOURCES

Xfinity Internet Essentials 1-844-289-4681
Support Countywide

LOW COST INTERNET SERVICES



COMMUNITY RESOURCES FOR FAMILIES

General County Resources

Department of Juvenile Services 301-610-8500

7300 Calhoun Place, Suite 700, Rockville, MD 20850

SUPPORT FOR COURT-INVOLVED AND OTHER YOUTH AND THEIR FAMILIES

Child Welfare Services 240-777-4417 (Reporting)

1301 Piccard Drive, Rockville, MD 20850

240-777-3500 (General)

SUPPORT TO PREVENT CHILD ABUSE AND NEGLECT, ASSIST KINSHIP CAREGIVERS AND MORE

Montgomery County Police Department 301-279-8000 (Non-Emergency)

Support Countywide

COUNTY RESIDENTS CAN REPORT MISSING CHILDREN, CRIMINAL ACTIVITY, AND MORE

Regional Services Center 311; 240-777-0311

Bethesda-Chevy Chase, Mid County, Silver Spring, Upcounty Locations

MULTISERVICES CENTERS COUNTYWIDE

Trauma Services 240-777-1355

1301 Piccard Drive, 4th Floor, Rockville, MD 20850

SUPPORT FOR SURVIVORS OF CRIME INCLUDING SEXUAL ASSAULT

Disability Network Directory 311; 240-777-0311

Support Countywide

PROVIDE RESOURCE DIRECTORY FOR PEOPLE WITH DISABILITIES



***Resource booklet provided by the
Division of Specialized Support Services***



Published by the Division of Communications
0997.26ggk • Editorial, Graphics & Publishing Services • 4/26 • 10,500
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